

Play More

CITY OF DURHAM

PARKS AND RECREATION



DPRPlayMore.org

DPRinfo@durhamnc.gov • 919-560-4355

400 CLEVELAND STREET,
DURHAM NC 27701

January - May 2012



What's New?
Attend an Open
Forum and tell us
what you think of our
programs! (p.30)



1 8 6 9
CITY OF MEDICINE

**WE SUPPORT INCLUSION -
PERSONS OF ALL ABILITY LEVELS
ARE WELCOME AT EVERY FACILITY
AND EVERY PROGRAM.**

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Durham Parks and Recreation provides opportunities for our community to Play More!



GREETINGS FROM DURHAM PARKS & RECREATION'S DIRECTOR

Happy New Year! Many changes have taken place at Durham Parks and Recreation within the last year, and we are always working to improve our services to you. I'd like to highlight a few projects that have been completed recently or that are currently underway.

- City Council approved a proposed joint use inter-local agreement between the City of Durham and Durham Public Schools for shared usage of each other's facilities in the provision of programs. The agreement allows for greater use and efficiency of both city and county facilities increasing recreational opportunities for the Durham community.
- Implementation of online registration for select programs, with plans to increase these opportunities throughout the New Year.
- DPR recently began implementing a replacement schedule for safety surfacing in our playgrounds. With over 50 playgrounds in the City, this was no small task. Our plan will address all City playgrounds over the course of the next few years.
- Maintaining our national accreditation status by preparing for our re-accreditation in 2013.

How can you be involved? Here are a few ways:

- Let us know how we are doing by completing evaluations relating to your participation in programs, events, or through your use of our facilities. Evaluations can be found on our home page at www.DPRPlayMore.org.
- Friend us on Facebook!
- Email your comments and suggestions to dprinfo@durhamnc.gov.
- Volunteer for DPR programs and events. Registration form and opportunities may be found on our website www.DPRPlayMore.org.
- Join our Adopt a Park/Adopt a Trail program.
- Report suspicious and illegal activity to 911. Recent increases in vandalism are negatively impacting our parks.
- Stay engaged through DPR community forums! Meetings are listed in Play More under "Open Forums".
- Attend the City's "Coffee with Council" meetings early in the year and voice your opinions to the City Council. Check the city website (www.durhamnc.gov) for a schedule.

We are here because of you! Thank you for your continued feedback and support.

Rhonda B. Parker, CPRP

Director, Durham Parks and Recreation

INCLUSION Notice Under the Americans with Disability Act

- A person with a disability may receive an auxiliary aid or service to effectively participate in city government activities by contacting the ADA Coordinator, voice 919-560-4197, fax 919-560-4196, TTY 919-560-1200, or ADA@durhamnc.gov, as soon as possible but no later than 48 hours before the event or deadline date.
- Accommodations available include American Sign Language interpreter, wheelchair-accessible buses and vans when transportation is provided. Contact Sarah Hogan, (919) 560-4355, ext. 27236 for more information.
- Durham Parks and Recreation strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin, or ability level.
- For Spanish language accommodations, please contact Rosalie Bocelli-Hernandez at (919) 560-4355, ext. 27235.

About Play More

PLAY MORE is a guide to creative and challenging recreational choices in Durham and is produced by the Durham Parks and Recreation Department. It is a publication produced in partnership with the Herald Sun Custom Publishing Magazine Division in May, August and December. If you would like an extra copy of Play More, please call us at (919) 560-4355 or email DPRInfo@durhamnc.gov.

Please note: Advertising contained herein does not constitute an endorsement by the City of Durham Parks and Recreation or its staff.

City Holidays

The City of Durham will observe the following holidays and most classes will be cancelled on that day.

New Year's Day	Monday, January 2, 2012
Martin Luther King, Jr. Day	Monday, January 16, 2012
Good Friday	Friday, April 22, 2012

Safety, Maintenance and Accidents

Customers and citizens are encouraged to immediately report any injury or illness received as a result of participation in leisure services provided by or at City of Durham Parks and Recreation facilities, parks and trails. Citizens are also encouraged to report safety concerns and maintenance needs in parks and on trails. Please call (919) 560-4355, ext. 27212 to report safety concerns, maintenance needs or accidents. If you see illegal activity in any park at any time, please contact the police by dialing 911.

Medication Policy

Participants who take medication while participating in Durham Parks and Recreation programs are required to complete a Medication Information and Waiver form and return it before the program begins.

Personnel

Assistant Director of Administrative Services

Recreation Manager (Special Events, Outreach & Sponsorships)
Senior Business Services Manager (Budget, Finance & Marketing)
Recreation Manager
(Reservations, Safety, Accreditation & Operations)

Joy Guy, CPRP
Rukea Womack
Rich Hahn
Gina M. Morais, CPRP & CPSI

Assistant Director of Recreation Programs

Recreation Manager (Recreation Centers & Aquatics)
Recreation Manager (Recreation Centers)
Recreation Manager (Special Programs/Inclusion, Mature Adults & Lyon Park)

Parvin Neloms
Audrey Gill, CPRP
Bridgette Robinson
Sarah Hogan, LRT, CTRS

Assistant Director of Park Planning & Education

Recreation Manager (Heritage Parks, City Lakes & Environmental Education)
Recreation Manager (Youth Services & Adventure Programming)
Recreation Manager (Athletics)
Parks Superintendent

Beth Timson
Beth Highley
Kim Oberle
Tammy Brown



**Have information about
what's happening at
Durham Parks and
Recreation delivered
right to your inbox!**

Sign up now! www.DPRPlayMore.org

**Durham Parks and Recreation
is on Facebook!**

Become a fan!



Find us on
Facebook

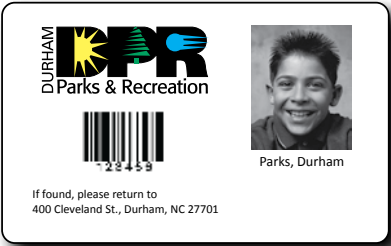
Play More Card

Durham Parks and Recreation has an exciting benefits program for our program participants! Participants may purchase a “DPR Play More Card” which will give them a discounted rate on all programs, in addition to other benefits listed below. **The cards are renewable annually.**

Each program price listing now has four prices: two prices for City Residents (with and without a Play More Card), and two prices for Non-City Residents (with and without a Play More Card). Play More cards can be purchased at any recreation center or the DPR Administrative Office. Questions? Call (919) 560-4355 or e-mail dprinfo@durhamnc.gov.

Play More Card Benefits

- Participants receive a discounted fee rate for all recreation programs (excludes rental facilities);
- Participants may purchase volume-discounted punch passes for the following programs:
 - o Aerobic Classes
 - o Open Gym (Adults)
 - o Fitness Training
 - o Racquetball/Wallyball Court extended use passes
 - o Lap and Recreation Swim
 - o Total Tot Time
 - o Water Exercise Classes
 - o Wellness Packages
- Early registration for a few designated DPR programs;
- The Play More Card can be used as photo identification for quick entry into DPR facilities.



Play More Card Fee Structure

- Individual: \$20 Residents; \$25 Non-Residents
 - o Benefits apply to 1 adult plus all youth under the age of 13 residing in the same house
- 2 Party: \$35 Residents; \$45 Non-Residents
 - o Benefits apply to 2 adults plus all youth under the age of 13 residing in the same house
- Teen: \$10 Residents; \$12 Non-Residents
 - o Benefits apply to individual teen (ages 13 – 17)

Participants may choose to purchase this card in order to receive the associated benefits; however, a Play More Card is not required to participate in DPR programs.

Pass Sales: With a Play More Card, participants may purchase the following volume-discounted punch passes. These volume discount purchases are no longer available to those without the PlayMore Card. However, DPR will honor any valid punch passes that participants have purchased previously.

Pass Sale Chart

Activity	City Resident, Play More Card	Non-City Resident, Play More Card
Recreation and Wellness Passes		
Mature Adult Fitness, Dance, Open Gym, and Mind Body Courses: 10 Visits (Each Pass Sold Separately)	\$9	\$11
Mature Adult Fitness, Dance, Open Gym, and Mind Body Courses: 25 Visits (Each Pass Sold Separately)	\$21	\$27
Mature Adult Fitness, Dance, Open Gym, and Mind Body Courses: 50 Visits (Each Pass Sold Separately)	\$40	\$50
Racquetball/Handball Courts: 10 Plays	\$72	\$82
Racquetball/Handball Courts: 25 Plays	\$170	\$190
Racquetball/Handball Courts: 50 Plays	\$320	\$370
Total Tot Time: 10 visits	\$18	\$23
Total Tot Time: 25 visits	\$43	\$53
Total Tot Time: 50 visits	\$80	\$95
*Wellness/Open Gym Package – Individual – Per Month (Additional discounts do not apply to this rate)	\$20	\$30
Corporation Play Pass: 50 Passes	\$250	\$300
<small>*Monthly Wellness/Open Gym Package includes unlimited land fitness and mind/body classes (Aerobics, Zumba, Boot Camp, Dance Fusion, Total Body, Yoga, African Relaxation, open gym programs, use of the gymnasium when available and use of any weight fitness equipment at any DPR recreation facility).</small>		
Aquatic Passes		
Recreational/Lap Swim: 10 visits	\$27	\$37
Recreational/Lap Swim: 25 visits	\$64	\$74
Recreational/Lap Swim: 50 visits	\$120	\$135
Recreational/Lap Swim – Youth/Teen/Senior: 10 visits	\$18	\$23
Recreational/Lap Swim – Youth/Teen/Senior: 25 visits	\$43	\$53
Recreational/Lap Swim – Youth/Teen/Senior: 50 visits	\$80	\$95
Recreational/Lap Swim – All Ages – Per Month (Unlimited; Expires one month from date of purchase, i.e. Feb 15 - Mar 15) (Additional discounts do not apply to this rate)	\$30	\$40
Water Exercise Class: 10 visits	\$36	\$46
Water Exercise Class: 25 visits	\$85	\$100
Water Exercise Class: 50 visits	\$160	\$180

Reduced Fees, Discounts, and Waivers

Please note: Only one discount may be applied to a registration or facility rental.

Multi-Child Discount

- The multi-child discount applies to select programs for families who do not qualify for reduced fees under other discount programs and have more than one child registering for the same course.

Senior Citizen Discount

- Senior Citizen discounts are available for Mature Adults aged 55 or better. A ten percent (10%) discount is available on all recreational programs and admissions to facilities for activities sponsored by Durham Parks and Recreation. Activities with specified mature adult rates, mature adult programs, and facility, field, equipment rentals, and monthly passes are excluded from this discount.

Employee Discount

- Current City of Durham employees receive a twenty-five percent (25%) discount on all instructional classes and recreational multivisit (monthly not discounted) passes for activities sponsored by Durham Parks and Recreation. Child Care programs and facility, field, and equipment rentals are excluded from this discount.

Non-Profit Discount

- Non-profits receive a ten percent (10%) discount on facility, field and equipment rentals. Facilities, fields and equipment with specified non-profit rates are excluded from this discount. Please note that non-profits must provide the IRS letter documenting their 501c3 status.

Sliding Fee Scale

- The sliding fee scale may be used to reduce

the amount paid for childcare programs.

- The scale ranges from 10% to 100% and is based on income, number of members per household, and special circumstances affecting the applicant’s ability to pay.
- Applications are available at the main office, recreation centers, and on the DPR website.
- The application is used to determine the percentage (from 10%-100%) to be paid by the participant for participation in the listed programs.
- Once approved, the reduced fee is good for one (1) year.

Program Fee Waiver

- The fee waiver is available to anyone receiving support through the Durham County Department of Social Services (DSS) and may be used for programs, excluding childcare programs, facility, field, and equipment rentals,

and others as specified in registration materials.

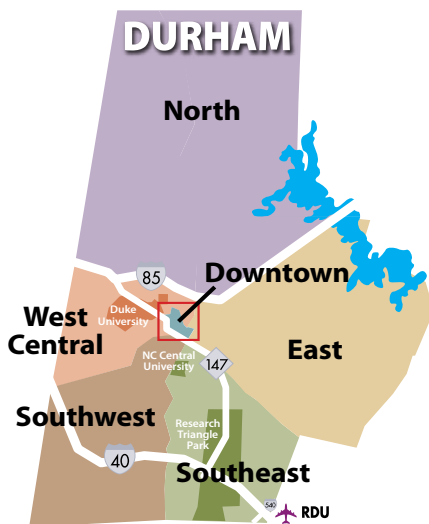
- Applications are available at the main office, recreation centers, and on the website.
- The outcome is valid for one (1) year from the date of approval.

Facility, Field and Equipment Fee Waiver

- The applicant is responsible for completing the reservation process prior to submitting the application for Facility, Field or Equipment Fee Waivers.
- Any persons requesting a fee waiver must submit a completed Facility, Field and Equipment Fee Waiver application to the Department
- The applicant must reapply for each rental.
- The applicant must pay the security deposit by the date due and pay all other fees not waived by the Recreation Advisory Commission by the established deadline.

DURHAM CITY PARKS

Durham County Regional Map



NAME	ADDRESS	ZIP	REGION	ACRES	Athletic Field	Basketball	Boating	Camping	Disc Golf	Dog Park	Adult Softball	Adult Baseball	Youth Baseball	Fishing	Greenway/Trail Access	# Grills	Field lights	# Picnic tables	Playground	Restrooms	Picnic shelter	Sprayground	# Tennis courts	Water fountain
American Village Park*	4703 American Dr.	27705	West Central	4.2												1		6						
Bay-Hargrove Park	208 Hargrove St.	27701	West Central	0.59														2						
Belmont Park	2207 Sovereign St.	27705	West Central	0.49														1					2	
Bethesda Park	1814 Stage Rd.	27703	Southeast	20.45												2		8					2	
Birchwood Park	3105 Hursey St.	27703	Southwest	4.9																				
Burch Avenue Park	816 Burch Ave.	27712	West Central	0.57												1		2						
Burton Park*	1100 Sima Ave.	27701	Southeast	10.34												1		4						
C. M. Herndon Park*	511 Scott King Rd.	27713	Southeast	25.18												2		6						
C. R. Wood Park*	417 Commonwealth Ave.	27703	Southeast	17.4												1		4						
Campus Hills Park**	2000 S. Alston Ave.	27713	Southeast	28.6												2		6						
Carroll Street Park	815 Carroll St.	27701	Southwest	0.79														1						
Cook Road Park*	602 Cook Rd.	27707	Southwest	8.11												2		4					1	
Cornwallis Road Park	2830 Wade Rd.	27705	West Central	19.97																				
Crest Street Park***	2503 Crest St.	27705	West Central	6.83														8						
Drew / Granby Park	1100 Drew St.	27701	East	0.44														2						
Duke Park*	106 W. Knox St.	27701	West Central	17.24												5		18						
Durham Central Park	502 Foster St.	27701	Downtown	5.2														2						
East Durham Park*	2500 E. Main St.	27703	East	9.01												1		2						
East End Park*	1200 N. Alston Ave.	27701	East	9.46												2		10					6	
Elmira Avenue Park*	540 Elmira Ave.	27707	Southeast	11.86												1		4					8	
Forest Hills Park	1639 University Dr.	27707	Southwest	45.86												2		12					4	
Garrett Road Park***	6815 Garrett Rd.	27707	Southwest	7.64												2		2					6	
Glendale Heights Park	707 W. Murray Ave.	27704	North	21.2														2						
Grant Park (north)	918 Grant St.	27701	Southeast	5.48																				
Grant Park (south)	1200 Grant St.	27701	Southeast																					
Hillside Park*	1301 S. Roxboro St.	27707	Southwest	13.82												4		9						
Holt School Road Park*	4102 Holt School Rd.	27704	North	4.69												1		3						
Indian Trail Park	1701 Albany St.	27705	West Central	8.5														5						
Lake Michie Recreation Area			North																					
Holly Grove Area	Archery Range Rd.	27503														1		2						
Lake Boathouse	2802 Bahama Rd.	27503																2						
Spruce Pine Lodge*	2235 Bahama Rd.	27503														2		9						
Wilkins Road Park*	Wilkins Rd.	27503														4		14						
Lakeview Park*	3500 Dearborn Dr.	27704														1		2						
Leigh Farm Park	370 Leigh Farm Rd.	27514	Southwest	96.1														3						
Little River Fishing Facility	1500 Orange Factory Rd.	27712	North	9.2														2						
Long Meadow Park*	917 Liberty St.	27701	East	15.58												2		4						
Lyon Park***	1200 W. Lakewood Ave.	27707	Southwest	12.23														4						
Maplewood Park	1530 Chapel Hill Rd.	27701	West Central	0.545														1						
Morreene Road Park*	1102 Morreene Rd.	27705	West Central	11.96														2					5	
Northgate Park*	300 W. Club Blvd.	27704	North	30.35												2		4					2	
Oakwood Park*	411 Holloway St.	27701	East	1.2																				
Old Chapel Hill Road Park	3751 SW Durham Dr.	27707	Southwest	23.7																				
Old Farm Road Park*	7 Hedgerow Pl.	27704	North	13.39												1		3						
Old North Durham Park	310 W. Geer St.	27701	West Central	3.58														5						
Orchard Park*	1000 S. Duke St.	27701	Southwest	7.39												3		5						
Oval Drive Park*	2200 W. Club Blvd.	27704	West Central	3.44												3		3					2	
Piney Wood Park*	400 E. Woodcroft Pkwy.	27713	Southeast	39.47												7		35						
Red Maple Park*	3320 Hinson Dr.	27704	North	11.13												1		3						
River Forest Park*	1000 Windermere Dr.	27712	North	67.65												1		4						
Rock Quarry Park	701 Stadium Dr.	27704	North	46.1														3					8	
Rockwood Park*	2310 Whitley Dr.	27707	Southwest	12.23												2		6						
Rocky Creek Park	1014 N. Elizabeth St.	27701	East	1.37												2		4						
Sandy Creek Park*	3510 Sandy Creek Rd.	27707	West Central	101.74														3						
Shady Oaks Park	2400 Nebo St.	27707	Southeast	1.4																				
Sherwood Park*	2325 Cheek Rd.	27703	East	15.1																			8	
Solite Park*	4704 Fayetteville Rd.	27713	Southwest	11.35												2		6						
Southern Boundaries Park	100 Third Fork Dr.	27707	Southwest	29.7																			8	
Trinity Park*	410 Watts St.	27701	West Central	0.69												2		5						
Twin Lakes Park*	439 Chandler Rd.	27703	East	49.8												2		13						
Unity Village Park*	2011 Matilene St.	27707	Southeast	3.7												1		4						
Valley Springs Park*	3805 Valley Springs Rd.	27712	North	50.36												3		5						
Walltown Park**	1308 W. Club Blvd.	27705	West Central	6.69												1		6						
Weaver Street Park	3000 E. Weaver St.	27707	Southwest	7.5																				
West Point On The Eno*	5101 N. Roxboro Rd.	27712	North	381.8												5		25						
Westover Park	1900 Maryland Ave.	27705	West Central	1.8												2		4						
Whippoorwill Park*	1632 Rowemont Dr.	27705	North	25.27												6		13					8	
White Oak Park	2504 Dallas St.	27707	Southwest	1.2														1						
Wrightwood Park*	1301 Anderson St.	27707	West Central	12.85														3						

*These parks have picnic shelters available to rent. Please call (919) 560-4355, ext. 27202 for reservations.

**Reservations for this shelter are made at the recreation center: (919) 560-4444.

***Shelter is currently unavailable due to construction at the park.

Note: A white box indicates that the corresponding park feature has been identified as most accessible. For more information on the accessibility of Durham's parks, please contact Meghan McLaurin at 919-560-4288 ext. 27375 or at meghan.mclaurin@durhamnc.gov.

FACILITIES

Please note: All operational hours and program fees are subject to change. Please call each center directly for updated information. Facilities may be open at additional times for specially scheduled DPR Programs.

RECREATION CENTERS

COMMUNITY FAMILY LIFE & RECREATION CENTER AT LYON PARK

Address: 1309 Halley Street
Phone: (919) 560-4288
Hours: Monday-Thursday 8:30 a.m.-7 p.m.; Friday 8:30 a.m.-11 p.m.; Sat. and Sunday closed



EAST DURHAM

Address: 2615 Harvard Avenue
Phone: (919) 560-4278
Hours: Monday-Thursday 2 p.m.-7 p.m.; Friday 2 p.m.-11 p.m.; Saturday & Sunday closed



EDISON JOHNSON RECREATION CENTER

Address: 500 West Murray Ave.
Phone: (919) 560-4270
Hours: Monday-Thursday 8:30 a.m. – 9 p.m.; Friday 8:30 a.m.-8 p.m.; Saturday 8:30 a.m. – 6 p.m.; Sunday 1 p.m. – 6 p.m.



IRWIN R. HOLMES, SR. RECREATION CENTER AT CAMPUS HILLS

Address: 2000 South Alston Ave.
Phone: (919) 560-4444
Hours: Monday-Thursday 6 a.m. – 9 p.m.; Friday 6 a.m.-8 p.m.; Saturday 8 a.m. – 6 p.m.; Sunday 1 p.m. – 6 p.m.



HOLTON CAREER AND RESOURCE CENTER

Address: 401 N. Driver St.
Phone: (919) 354-2750
Hours: Monday-Thursday 8:30 a.m.-9 p.m.; Friday 8:30 a.m.-11 p.m.; Saturday 8:30 a.m.-6 p.m.; Sunday 1 p.m.-6 p.m.



MORRENE ROAD

Address: 1100 Morreene Road
Phone: (919) 560-4405



T.A. GRADY

Address: 531 Lakeland Street
Phone: (919) 560-4280
Hours: Monday-Thursday 2 p.m.-7 p.m.; Friday 9 a.m.-7 p.m.; Saturday & Sunday closed



RECREATION CENTERS (continued)

W.D. HILL RECREATION CENTER

Address: 1308 Fayetteville St.
Phone: (919) 560-4292
Hours: Monday-Thursday 8:30 a.m.-9 p.m.; Friday 8:30 a.m.-10 p.m.; Saturday 8:30 a.m.-6 p.m.; Sunday closed



W.I. PATTERSON

Address: 2614 Crest Street
Phone: (919) 560-4560
Hours: Monday-Thursday 2 p.m.-7 p.m.; Friday 2 p.m.-7 p.m.; Saturday & Sunday closed



WALLTOWN

Address: 1308 W. Club Blvd.
Phone: (919) 560-4296
Hours: Monday-Thursday 8:30 a.m.-9 p.m.; Friday 8:30 a.m.-10 p.m.; Saturday 8:30 a.m.-6 p.m.; Sunday 1 p.m.-6 p.m.



WEAVER STREET RECREATION CENTER

Address: 3000 E. Weaver Street
Phone: (919) 560-4294
Hours: Monday-Thursday 1 p.m.-9 p.m.; Friday 1 p.m.-10 p.m.; Saturday 1 p.m.-6 p.m.; Sunday closed except for church rentals.



AQUATIC CENTERS

CAMPUS HILLS POOL

Address: 2000 South Alston Avenue
Phone: (919) 560-4444
Hours: Monday-Thursday 6 a.m.-8 p.m.; Friday 6 a.m.-7:30 p.m.; Saturday 8 a.m.-5 p.m.; Sunday 1 p.m.-5 p.m.



EDISON JOHNSON AQUATIC CENTER

Address: 500 W. Murray Avenue
Phone: (919) 560-4265
Hours: Monday-Thursday 6 a.m.-8 p.m.; Friday 6 a.m.-7:30 p.m.; Saturday 9:30 a.m.-5 p.m. and Sunday 1 p.m.-5 p.m.



OTHER FACILITIES

ADMINISTRATION OFFICE

Address: 400 Cleveland St.
Phone: (919) 560-4355
Hours of Operation: Monday-Friday 8 a.m.-5 p.m.



WEST POINT ON THE ENO

Address: 5101 N. Roxboro Rd.
Phone: (919) 471-1623



OUTDOOR POOLS

Outdoor pools are open seasonally from June-August. Please check www.DPRPlayMore.org for more detailed information.

LONG MEADOW POOL

Address: 917 Liberty St.



HILLSIDE POOL

Address: 1300 S. Roxboro Rd.



FOREST HILLS POOL

Address: 1639 University Dr.



Please see page 32 for information on renting the following facilities:

ARMORY

Address: 212 Foster St.
Phone: (919) 560-4355

CCB PLAZA

Address: 201 Corcoran St.
Phone: (919) 560-4355

DURHAM CENTER PLAZA

Address: 300 W. Morgan St.
Phone: (919) 560-4355

FOREST HILLS NEIGHBORHOOD CLUBHOUSE

Address: 1639 University Dr.
Phone: (919) 560-4355

SPRUCE PINE LODGE

Address: 2235 Bahama Rd., Bahama, NC 27503
Phone: (919) 560-4355

ADOPT-A-PARK and ADOPT-A-TRAIL Programs

Coordinator: Mal Atkinson (919) 560-4355, ext. 27205, malgosia.atkinson@durhamnc.gov

A Great Way to Give Back

Volunteers from all over the community support Durham's parks and trails through the Adopt-A-Park and Adopt-A-Trail (APAT) programs. This program is a great opportunity for you or your organization to make a positive difference in your community.

Since 2003, community groups have supported their community by adopting parks and trail segments in Durham through the Adopt-A-Park and Adopt-A-Trail (APAT) programs. DPR manages nearly 1,800 acres of parkland in more than 65 parks and

more than 14 miles of paved trails, and we're still growing. The assistance we receive from adopting agencies is invaluable as we make every effort to care for our natural resources.

The City of Durham's Parks and Recreation and General Services Departments provide routine park maintenance and repairs; however, the adopting individuals and organizations give the park or trail the extra care and attention it needs. Adopters work on a variety of projects of their choosing. They have assisted with numerous cleanup,

landscaping, and facility improvement projects.

Any individual or organization interested in bettering our parks and trails can adopt. Contact Mal Atkinson, the Adopt-A-Park and Adopt-A-Trail program coordinator, at 560-4355 or malgosia.atkinson@durhamnc.gov. She will be happy to discuss details of the program, which parks and trails are currently available for adoption, or any questions you may have about the program.



ADVENTURE PROGRAMS and OUTDOOR RECREATION

(919) 560-4355. Recreation Manager: Kim Oberle, Kimberly.Oberle@durhamnc.gov

Durham Parks and Recreation's Adventure Programs offers many opportunities for individuals, groups and families to enjoy the outdoors, whether it's through trips to local natural areas, or participating in a low challenge course teambuilding program. Trips vary throughout the year, and the low challenge course may be booked at any time of year.

ADVENTURE PROGRAMS COMMUNITY CAMPFIRE

There may be nothing better than sitting next to a warm crackling campfire. Durham Parks and Recreation Adventure Programs invites you to come out for our community campfire. We provide the fire and everything you need to make s'mores. You get to share a campfire experience with others in your community.

All Ages

No Cost

DUKE PARK

#6459 Feb 10 F 7pm-8pm

BETHESDA PARK

#6460 Mar 9 F 7pm-8pm

MAPLEWOOD PARK

#6461 Apr 13 F 7pm-8pm

HOLT SCHOOL ROAD PARK

#6462 May 11 F 7pm-8pm

ADVENTURE PROGRAMS TRIPS NEUSE RIVER PADDLE

Spend the day enjoying the Neuse River by kayak. A great trip for beginners or experts, our guides will take you down this scenic river while teaching you the basics of reading a river and paddling.

Age: 10 and up

CR PC \$23; CR NPC \$25

NCR PC \$28; NCR NPC \$30

MORRENE ROAD RECREATION CENTER

#6463 May 26 Sa 10am-3pm

SURF AND SEAFOOD COASTAL KAYAK

DPR Adventure Programs invites you to join us for a day of paddling the peaceful marshes and inlets of the Wrightsville Beach area, followed by a stop for some fresh local seafood. Program cost covers transportation and kayak/paddle/pfd. Participants are responsible for all other expenses. Pre-registration is required.

Age: 10 and up

Cost: TBD

MORRENE ROAD RECREATION CENTER

#6458 Apr 28 Sa 7am-10pm

CAVING DAY TRIP

Come scramble, slide and squeeze through warm eastern Tennessee caves on this DPR Adventure Programs day trip. Safety equipment will be provided. Participants will need clothing that can get muddy and a change of clothes.

Age: 12 and up

CR PC \$23; CR NPC \$25

NCR PC \$28; NCR NPC \$30

MORRENE ROAD RECREATION CENTER

#6457 Jan 28 Sa 7am-10pm



SNOWSHOE, SKATE AND TUBE NORTH CAROLINA MOUNTAINS

Snowshoe, Tube or Skate North Carolina This one-day venture into the mountains of North Carolina will give you the opportunity to snowshoe, ice skate or tube surrounded by some of the most scenic vistas in the southeast. Join DPR Adventure Programs at Sugar Mountain Resort in Banner Elk, North Carolina for a day of outdoor winter sports. Cost covers transportation, participant must purchase their choice of activities once at the resort. Pre-registration is required.

Age: 12 and up

CR PC \$23; CR NPC \$25

NCR PC \$28; NCR NPC \$30

MORRENE ROAD RECREATION CENTER

#6456 Jan 7 Sa 7am-10pm

HIGH ROPES DISCOVERY DAYS HIGH ROPES COURSE DISCOVERY DAY

Come explore Durham Parks and Recreation's new high ropes course! Explore a large variety of obstacles, some reaching 55 feet in the air! Push yourself as far as you want on this amazing course and then exit by way of our giant swing or zip line. Pre-registration required. Reserve your one hour time slot today.

Age: 10 and up

CR PC \$7; CR NPC \$8

NCR PC \$9; NCR NPC \$10

BETHESDA PARK

#6464 Feb 18 Sa 11am-3:30pm

#6469 Mar 10 Sa 11am-3:30pm

#6470 May 12 Sa 11am-3:30pm



Low Ropes Course Program Rates
(per person; minimum of 8)

Student / Youth Groups (age 10-18)		Adult Groups (age 18+)	
Half Day	Full Day	Half Day	Full Day
\$22	N/A	\$33	\$43
City Staff		Corporate Groups	
Half Day	Full Day	Half Day	Full Day
\$25	\$35	\$39	\$50
Family Teams (ex. Mother/daughter)			
Half Day	Full Day		
\$35	\$50		

*A deposit of \$50 is due within 10 business days to hold date. Payment is due, in full, 30 days prior to program date.
*A full fees and charges listing is found at www.DPRPlayMore.org.

TEAM CHALLENGE AND LOW ROPES COURSE

At the low challenge course, staff facilitators use a variety of natural and man-made elements, games and initiatives to help groups and individuals develop trust, cooperation, teamwork and leadership skills. Facilitators utilize a 13-element low ropes course, portable elements, hiking trails and other open spaces to create intellectually and physically engaging outdoor experiences for groups. Each program is individually designed based on a consultation with the client. The minimum age for participation at the low challenge course

is 10 years of age, and programs can be designed for persons of differing abilities.

HIGH ROPES COURSE

Durham Parks and Recreation’s Discovery Course is a unique experience in personal challenge and high ropes course design. The Discovery Course is full of options, allowing participants to choose their degree of challenge throughout their journey, culminating in a peak experience in the Crow’s Nest, which offers birds-eye views of the surrounding area. A final thrill awaits with the participant’s choice of the Giant Swing or Zip Line as the exit of the course. The course is designed to motivate by building self-esteem,

encouraging risk-taking, developing respect for individual differences and fostering trust through a common experience. Efforts were made to ensure the course is as accessible as possible for all citizens.

The Discovery Course is available to the public either through reservations as a group for a team building program, or on the once-monthly “Discovery Days.” For more information and pricing, individuals and groups may call Durham Parks and Recreation Adventure Programs at 919-560-4355 ext. 27210 or visit our website at www.DPRPlayMore.org.



AFTER SCHOOL

DPR strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin or ability level.

AFTER SCHOOL PROGRAM

Looking for a safe, fun, educational after school environment? Join DPR’s after school program for homework, arts and crafts, health and fitness activities and other enrichment programs.
Age: 5-12
Age: 6-12 at Holton
CR PC \$30; CR NPC \$33
NCR PC \$40; NCR NPC \$43

I.R. HOLMES, SR. RECREATION CENTER			
#6837	Jan 3-Jan 6	Tu-F	3pm-6pm
#6838	Jan 9-Jan 13	M-F	3pm-6pm
#6839	Jan 17-Jan 20	Tu-F	3pm-6pm
#6840	Jan 23-Jan 27	M-F	3pm-6pm
#6841	Jan 30-Feb 3	M-F	3pm-6pm
#6842	Feb 6-Feb 10	M-F	3pm-6pm
#6843	Feb 13-Feb 17	M-F	3pm-6pm
#6844	Feb 20-Feb 24	M-F	3pm-6pm
#6845	Feb 27-Mar 2	M-F	3pm-6pm
#6846	Mar 5-Mar 9	M-F	3pm-6pm
#6847	Mar 12-Mar 16	M-F	3pm-6pm
#6848	Mar 19-Mar 23	M-F	3pm-6pm
#6849	Mar 27-Mar 30	M-F	3pm-6pm
#6850	Apr 2-Apr 5	M-F	3pm-6pm
#6851	Apr 16-Apr 20	M-F	3pm-6pm
#6852	Apr 23-Apr 27	M-F	3pm-6pm
#6853	Apr 30-May 4	M-F	3pm-6pm
#6854	May 7-May 11	M-F	3pm-6pm
#6855	May 14-May 18	M-F	3pm-6pm
#6856	May 21-May 25	M-F	3pm-6pm
#6857	May 29-Jun 1	Tu-F	3pm-6pm
#6858	Jun 4-Jun 8	M-F	3pm-6pm

EDISON JOHNSON RECREATION CENTER			
#6650	Jan 3-Jan 6	M-F	3pm-6pm
#6651	Jan 9-Jan 13	M-F	3pm-6pm
#6652	Jan 17-Jan 20	Tu-F	3pm-6pm
#6653	Jan 23-Jan 27	M-F	3pm-6pm
#6654	Jan 30-Feb 3	M-F	3pm-6pm
#6655	Feb 6-Feb 10	M-F	3pm-6pm
#6656	Feb 13-Feb 17	M-F	3pm-6pm
#6657	Feb 20-Feb 24	M-F	3pm-6pm
#6658	Feb 27-Mar 2	M-F	3pm-6pm
#6659	Mar 5-Mar 9	M-F	3pm-6pm
#6660	Mar 12-Mar 16	M-F	3pm-6pm
#6661	Mar 19-Mar 23	M-F	3pm-6pm
#6662	Mar 27-Mar 30	M-F	3pm-6pm
#6663	Apr 2-Apr 5	M-F	3pm-6pm
#6664	Apr 16-Apr 20	M-F	3pm-6pm

#6665	Apr 23-Apr 27	M-F	3pm-6pm
#6666	Apr 30-May 4	M-F	3pm-6pm
#6667	May 7-May 11	M-F	3pm-6pm
#6668	May 14-May 18	M-F	3pm-6pm
#6669	May 21-May 25	M-F	3pm-6pm
#6670	May 29-Jun 1	Tu-F	3pm-6pm
#6671	Jun 4-Jun 8	M-F	3pm-6pm

HOLTON CAREER AND RESOURCE CENTER			
Age: 6-12			
#6944	Jan 3-Jan 6	M-F	3pm-6pm
#6945	Jan 9-Jan 13	M-F	3pm-6pm
#6946	Jan 17-Jan 20	Tu-F	3pm-6pm
#6947	Jan 24-Jan 27	M-F	3pm-6pm
#6948	Jan 30-Feb 3	M-F	3pm-6pm
#6949	Feb 6-Feb 10	M-F	3pm-6pm
#6950	Feb 13-Feb 17	M-F	3pm-6pm
#6951	Feb 20-Feb 23	M-F	3pm-6pm
#6952	Feb 27-Mar 2	M-F	3pm-6pm
#6953	Mar 5-Mar 9	M-F	3pm-6pm
#6954	Mar 12-Mar 16	M-F	3pm-6pm
#6955	Mar 19-Mar 23	M-F	3pm-6pm
#6956	Mar 27-Mar 30	M-F	3pm-6pm
#6957	Apr 2-Apr 5	M-F	3pm-6pm
#6958	Apr 16-Apr 20	M-F	3pm-6pm
#6959	Apr 23-Apr 27	M-F	3pm-6pm
#6960	Apr 30-May 4	M-F	3pm-6pm
#6961	May 7-May 11	M-F	3pm-6pm
#6962	May 14-May 18	M-F	3pm-6pm
#6963	May 21-May 25	M-F	3pm-6pm
#6964	May 29-Jun 1	Tu-F	3pm-6pm
#6965	Jun 4-Jun 7	M-F	3pm-6pm

W.D. HILL RECREATION CENTER			
#6860	Jan 3-Jan 6	M-F	3pm-6pm
#6861	Jan 9-Jan 13	M-F	3pm-6pm
#6862	Jan 17-Jan 20	Tu-F	3pm-6pm
#6863	Jan 24-Jan 27	M-F	3pm-6pm
#6864	Jan 30-Feb 3	M-F	3pm-6pm
#6865	Feb 6-Feb 10	M-F	3pm-6pm
#6866	Feb 13-Feb 17	M-F	3pm-6pm
#6867	Feb 20-Feb 23	M-F	3pm-6pm
#6868	Feb 27-Mar 2	M-F	3pm-6pm
#6869	Mar 5-Mar 9	M-F	3pm-6pm
#6870	Mar 12-Mar 16	M-F	3pm-6pm
#6871	Mar 19-Mar 23	M-F	3pm-6pm
#6872	Mar 27-Mar 30	Tu-F	3pm-6pm
#6873	Apr 2-Apr 5	M-F	3pm-6pm
#6874	Apr 16-Apr 20	M-F	3pm-6pm



#6875	Apr 23-Apr 27	M-F	3pm-6pm
#6876	Apr 30-May 4	M-F	3pm-6pm
#6877	May 7-May 11	M-F	3pm-6pm
#6878	May 14-May 18	M-F	3pm-6pm
#6879	May 21-May 25	M-F	3pm-6pm
#6880	May 29-Jun 1	M-F	3pm-6pm
#6881	Jun 4-Jun 7	M-F	3pm-6pm
W.I. PATTERSON RECREATION CENTER			
#7023	Jan 3-Jan 6	M-F	3pm-6pm
#7024	Jan 9-Jan 13	M-F	3pm-6pm
#7025	Jan 17-Jan 20	M-F	3pm-6pm
#7026	Jan 24-Jan 27	M-F	3pm-6pm
#7027	Jan 30-Feb 3	M-F	3pm-6pm
#7028	Feb 6-Feb 10	M-F	3pm-6pm

#7029	Feb 13-Feb 17	M-F	3pm-6pm
#7030	Feb 20-Feb 23	M-F	3pm-6pm
#7031	Feb 27-Mar 2	M-F	3pm-6pm
#7032	Mar 5-Mar 9	M-F	3pm-6pm
#7033	Mar 12-Mar 16	M-F	3pm-6pm
#7034	Mar 19-Mar 23	M-F	3pm-6pm
#7035	Mar 27-Mar 30	M-F	3pm-6pm
#7036	Apr 2-Apr 5	M-F	3pm-6pm
#7037	Apr 16-Apr 20	M-F	3pm-6pm
#7038	Apr 23-Apr 27	M-F	3pm-6pm
#7039	Apr 30-May 4	M-F	3pm-6pm
#7040	May 7-May 11	M-F	3pm-6pm
#7041	May 14-May 18	M-F	3pm-6pm
#7042	May 21-May 25	M-F	3pm-6pm
#7043	May 29-Jun 1	M-F	3pm-6pm

#7044	Jun 4-Jun 7	M-F	3pm-6pm
WALLTOWN PARK RECREATION CENTER			
#6992	Jan 3-Jan 6	M-F	3pm-6pm
#6993	Jan 9-Jan 13	M-F	3pm-6pm
#6994	Jan 17-Jan 20	M-F	3pm-6pm
#6995	Jan 24-Jan 27	M-F	3pm-6pm
#6996	Jan 30-Feb 3	M-F	3pm-6pm
#6997	Feb 6-Feb 10	M-F	3pm-6pm
#6998	Feb 13-Feb 17	M-F	3pm-6pm
#6999	Feb 20-Feb 23	M-F	3pm-6pm
#7000	Feb 27-Mar 2	M-F	3pm-6pm
#7001	Mar 5-Mar 9	M-F	3pm-6pm
#7002	Mar 12-Mar 16	M-F	3pm-6pm
#7003	Mar 19-Mar 23	M-F	3pm-6pm
#7004	Mar 27-Mar 30	M-F	3pm-6pm
#7005	Apr 2-Apr 5	M-F	3pm-6pm
#7006	Apr 16-Apr 20	M-F	3pm-6pm
#7007	Apr 23-Apr 27	M-F	3pm-6pm
#7008	Apr 30-May 4	M-F	3pm-6pm
#7009	May 7-May 11	M-F	3pm-6pm
#7010	May 14-May 18	M-F	3pm-6pm
#7011	May 21-May 25	M-F	3pm-6pm
#7012	May 29-Jun 1	M-F	3pm-6pm
#7013	Jun 4-Jun 7	M-F	3pm-6pm

DISCOVER AFTER SCHOOL PROGRAM

Discover After School is an exciting program serving children with disabilities who need a specialized environment in which to learn and grow. The program offers opportunities to utilize existing skills or develop new ones. Typical after school activities are offered, including arts and crafts, sports, games and educational activities. We provide support at a 1:3 staff to participant ratio and may require the family to provide a care provider if the child needs 1:1 support.

Age: 5-21
CR PC \$30; CR NPC \$33
NCR PC \$40; NCR NPC \$43
CFLRC AT LYON PARK

#7045	Jan 3-Jan 6	Tu-F	3pm-6pm
#7046	Jan 9-Jan 13	M-F	3pm-6pm
#7047	Jan 17-Jan 20	Tu-F	3pm-6pm
#7048	Jan 24-Jan 27	Tu-F	3pm-6pm
#7049	Jan 30-Feb 3	M-F	3pm-6pm
#7050	Feb 6-Feb 10	M-F	3pm-6pm
#7051	Feb 13-Feb 17	M-F	3pm-6pm

#7052	Feb 20-Feb 23	M-Th	3pm-6pm
#7053	Feb 27-Mar 2	M-F	3pm-6pm
#7054	Mar 5-Mar 9	M-F	3pm-6pm
#7055	Mar 12-Mar 16	M-F	3pm-6pm
#7056	Mar 19-Mar 23	M-F	3pm-6pm
#7057	Mar 27-Mar 30	Tu-F	3pm-6pm
#7058	Apr 2-Apr 5	M-Th	3pm-6pm
#7059	Apr 16-Apr 20	M-F	3pm-6pm
#7060	Apr 23-Apr 27	M-F	3pm-6pm
#7061	Apr 30-May 4	M-F	3pm-6pm
#7062	May 7-May 11	M-F	3pm-6pm
#7063	May 14-May 18	M-F	3pm-6pm
#7064	May 21-May 25	M-F	3pm-6pm
#7065	May 29-Jun 1	Tu-F	3pm-6pm
#7066	Jun 4-Jun 7	M-Th	3pm-6pm

EXPLORE AFTER SCHOOL PROGRAM

This alternative to inclusion promotes development of participants’ life skills through group activities and exposure to diverse athletic, creative and educational experiences. If you believe ‘inclusion’ is not the best option for your child, or if he/she is older than 17, (the maximum for inclusion in other programs), we welcome you to register for Explore.

Age: 13-21
CR PC \$30; CR NPC \$33
NCR PC \$40; NCR NPC \$43
CFLRC AT LYON PARK

#7067	Jan 3-Jan 6	Tu-F	3pm-6pm
#7068	Jan 9-Jan 13	M-F	3pm-6pm
#7069	Jan 17-Jan 20	Tu-F	3pm-6pm
#7070	Jan 24-Jan 27	Tu-F	3pm-6pm
#7071	Jan 30-Feb 3	M-F	3pm-6pm
#7072	Feb 6-Feb 10	M-F	3pm-6pm
#7073	Feb 13-Feb 17	M-F	3pm-6pm
#7074	Feb 20-Feb 23	M-Th	3pm-6pm
#7075	Feb 27-Mar 2	M-F	3pm-6pm
#7076	Mar 5-Mar 9	M-F	3pm-6pm
#7077	Mar 12-Mar 16	M-F	3pm-6pm
#7078	Mar 19-Mar 23	M-F	3pm-6pm
#7079	Mar 27-Mar 30	Tu-F	3pm-6pm
#7080	Apr 2-Apr 5	M-Th	3pm-6pm
#7081	Apr 16-Apr 20	M-F	3pm-6pm
#7082	Apr 23-Apr 27	M-F	3pm-6pm
#7083	Apr 30-May 4	M-F	3pm-6pm
#7084	May 7-May 11	M-F	3pm-6pm
#7085	May 14-May 18	M-F	3pm-6pm
#7086	May 21-May 25	M-F	3pm-6pm

#7087	May 29-Jun 1	Tu-F	3pm-6pm
#7088	Jun 4-Jun 7	M-Th	3pm-6pm

AFTER SCHOOL ACTIVITIES STORY TELLING

Age: 6-12
HOLTON CAREER AND RESOURCE CENTER
#6443 Feb 8-May 2 W 3:30pm-4:15pm

FUN DAY

Looking for a place for your child to go when school is out? Kids can enjoy a fun-filled day of activities including sports, games, dance, arts and crafts, and much more. Rates are per day.

Age: 5-12
CR PC \$25; CR NPC \$28
NCR PC \$30; NCR NPC \$38

FUN DAY

W.D. HILL RECREATION CENTER

#7357	Jan 23	M	7:30am-6pm
#7358	Feb 17	F	7:30am-6pm
#7359	Feb 20	M	7:30am-6pm
#7360	Feb 24	F	7:30am-6pm
#7361	Mar 16	F	7:30am-6pm
#7362	Mar 26	M	7:30am-6pm
#7363	Jun 8	F	7:30am-6pm

AFTER SCHOOL PROGRAM-TEEN

Looking for a safe, fun, educational after school environment? Join DPR’s after school program for homework, arts and crafts, health and fitness activities and other enrichment programs.

Age: 13-17
CR PC \$30; CR NPC \$33
NCR PC \$40; NCR NPC \$43
HOLTON CAREER AND RESOURCE CENTER

#7459	Jan 3-Jan 6	M-F	3pm-6pm
#7460	Jan 9-Jan 13	M-F	3pm-6pm
#7461	Jan 17-Jan 20	Tu-F	3pm-6pm
#7462	Jan 24-Jan 27	M-F	3pm-6pm
#7463	Jan 30-Feb 3	M-F	3pm-6pm
#7464	Feb 6-Feb 10	M-F	3pm-6pm
#7465	Feb 13-Feb 17	M-F	3pm-6pm
#7466	Feb 20-Feb 23	M-F	3pm-6pm
#7467	Feb 27-Mar 2	M-F	3pm-6pm
#7468	Mar 5-Mar 9	M-F	3pm-6pm
#7469	Mar 12-Mar 16	M-F	3pm-6pm
#7470	Mar 19-Mar 23	M-F	3pm-6pm


#7471	Mar 27-Mar 30	M-F	3pm-6pm
#7472	Apr 2-Apr 5	M-F	3pm-6pm
#7473	Apr 16-Apr 20	M-F	3pm-6pm
#7474	Apr 23-Apr 27	M-F	3pm-6pm
#7475	Apr 30-May 4	M-F	3pm-6pm
#7476	May 7-May 11	M-F	3pm-6pm
#7477	May 14-May 18	M-F	3pm-6pm
#7478	May 21-May 25	M-F	3pm-6pm
#7479	May 29-Jun 1	Tu-F	3pm-6pm
#7480	Jun 4-Jun 7	M-F	3pm-6pm

WALLTOWN PARK RECREATION CENTER			
#7481	Jan 3-Jan 6	M-F	3pm-6pm
#7482	Jan 9-Jan 13	M-F	3pm-6pm
#7483	Jan 17-Jan 20	M-F	3pm-6pm
#7484	Jan 24-Jan 27	M-F	3pm-6pm
#7485	Jan 30-Feb 3	M-F	3pm-6pm
#7486	Feb 6-Feb 10	M-F	3pm-6pm
#7487	Feb 13-Feb 17	M-F	3pm-6pm
#7488	Feb 20-Feb 23	M-F	3pm-6pm
#7489	Feb 27-Mar 2	M-F	3pm-6pm
#7490	Mar 5-Mar 9	M-F	3pm-6pm
#7491	Mar 12-Mar 16	M-F	3pm-6pm
#7492	Mar 19-Mar 23	M-F	3pm-6pm
#7493	Mar 27-Mar 30	M-F	3pm-6pm
#7494	Apr 2-Apr 5	M-F	3pm-6pm
#7495	Apr 16-Apr 20	M-F	3pm-6pm
#7496	Apr 24-Apr 30	M-F	3pm-6pm
#7497	Apr 30-May 4	M-F	3pm-6pm
#7498	May 7-May 11	M-F	3pm-6pm
#7499	May 14-May 18	M-F	3pm-6pm
#7500	May 21-May 25	M-F	3pm-6pm
#7501	May 29-Jun 1	Tu-F	3pm-6pm
#7502	Jun 4-Jun 7	M-F	3pm-6pm

UJAMAA

Calling all teenagers! The UJAMAA Project wants to empower you to become strong individuals in the community. Participants will learn about leadership, teamwork, and the importance of the community. Learn through fun activities that incorporate athletics, art, music, and creativity. You can make a positive difference in the community.

Age: 13-17
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
HOLTON CAREER AND RESOURCE CENTER
#7142 Jan 3-May 9 M-W 4pm-6pm



AQUATICS

Durham Parks and Recreation operates two indoor eight-lane pools which offer a number of water programs including exercise/fitness, swim lessons, lap swim, and family swim. Both pools have portable aquatic lifts to assist patrons who may not have the ability to access the pool via vertical ladders or stair systems, and Edison Johnson also has a ramp entrance and water chair. DPR also maintains three outdoor seasonal pools for individuals and families to enjoy unstructured water activities. Please follow posted rules at each facility.

RECREATIONAL SWIM

This is a time to enjoy unstructured water activities with friends and family. Children 3 and under are free; ‘multi visit passes’ are also available. Times vary depending on scheduled activities.

Age: All Ages
CR PC \$3; CR NPC \$4
NCR PC \$4; NCR NPC \$5
EDISON JOHNSON AQUATIC CENTER

#7223	Jan 3-Feb 17	M-F	1pm-3pm
	Feb20-May31	M,W,F T, Th	1pm-5pm 1pm-3pm

I.R. HOLMES, SR. RECREATION CENTER

#7156	Jan 3-May 31	M-F	10am-12pm
			1pm-4pm
		Sat-Sun	1pm-5pm

LAP SWIM

During lap swim times, patrons may use the facility’s lane space and/or aquatic devices for their swimming or personal water workouts. The number of lap lanes available will be based on the current program schedule.

Age: All Ages
CR PC \$3; CR NPC \$4
NCR PC \$4; NCR NPC \$5
EDISON JOHNSON AQUATIC CENTER

#7218	Jan 3-May 31	M-Th	6am-8pm
		F	6am-7:30pm
		Sa	9:30am-5pm
		Sun	1pm-5pm

I.R. HOLMES, SR. RECREATION CENTER

#7155	Jan 3-May 31	M	6am-8pm
		F	6am-7:30pm
		Sa	8am-5pm
		Sun	1pm-5pm

LANE RENTALS

Lane rentals are available for swim teams and other groups. Availability varies depending on facility schedule. Three weeks advance notice required. During operational hours, the fees (per hour) are CR: \$9, NCR: \$11; for non-operational hours: CR: \$11, NCR: \$16.

RENTALS: PRIVATE AND SEMI-PRIVATE

Age: All Ages
Private and semi-private group rentals are offered throughout the year for parties and events. Rates vary depending on the number of participants and hours. Three weeks advance notice required.

SWIM LESSONS

Classes are offered based on the American Red

Cross Learn-to-Swim program. All students are taught fundamentals of swimming, personal water safety, and basic water rescue.

TEEN/ADULT

This class is designed for beginner and intermediate swimmers. Students are divided into appropriate groups during the first class, based on skill level. All students are taught the fundamentals of swimming, personal water safety and basic water rescue. *45 minute course

Age: 13 and up
CR PC \$47; CR NPC \$52
NCR PC \$57; NCR NPC \$62
EDISON JOHNSON AQUATIC CENTER

#7286	Feb 21-Mar 15	Tu,Th	7:10pm-7:55pm
#7287	Mar 27-Apr 26	Tu,Th	7:10pm-7:55pm
#7291	May 8-May 31	Tu,Th	7:10pm-7:55pm

I.R. HOLMES, SR. RECREATION CENTER
#7249 Feb 20-Mar 14 M,W 6:10pm-6:55pm
#7250 Mar 26-Apr 25 M,W 6:10pm-6:55pm
#7258 May 7-Jun 1 M,W 6:10pm-6:55pm

PRESCHOOL

Preschoolers begin with water adjustment and progress to basic water skills and swimming. Students in the class will be grouped according to their skill level on the first day of class. *30 minute classes.
Age: 3-5
CR PC \$42; CR NPC \$46
NCR PC \$52; NCR NPC \$56
EDISON JOHNSON AQUATIC CENTER
#7312 Feb 11-Mar 31 Sa 9:45am-10:15am
#7313 Feb 11-Mar 31 Sa 10:30am-11am
#7294 Feb 20-Mar 14 M,W 5:30pm-6pm
#7298 Feb 21-Mar 15 Tu,Th 5:30pm-6pm
#7296 Mar 26-Apr 25 M,W 5:30pm-6pm
#7300 Mar 27-Apr 26 Tu,Th 5:30pm-6pm
#7297 May 7-June 1 M,W 5:30pm-6pm
#7302 May 8-May 31 Tu,Th 5:30pm-6pm
I.R. HOLMES, SR. RECREATION CENTER
#7242 Feb 11-Mar 31 Sa 11am-11:30am
#7240 Feb 20-Mar 14 M,W 5:30pm-6pm
#7241 Mar 26-Apr 25 M,W 5:30pm-6pm
#7255 Apr 14-Jun 9 Sa 11am-11:30am
#7256 May 7-Jun 1 M,W 5:30pm-6pm

YOUTH ALL LEVELS

*45 minute classes. Level I: New to the pool, needing to learn water adjustment skills. Level II: Able to fully submerge head and swim short distances with support. Level III: Able to swim at least five yards on front and back, unsupported. Level IV: Able to swim at least 15 yards (half of

pool length) of front and back crawl. Level V: Able to swim 25 yards of front and back crawl and 15 yards of breaststroke and butterfly. Age: 6-12
CR PC \$47; CR NPC \$52
NCR PC \$57; NCR NPC \$62
EDISON JOHNSON AQUATIC CENTER
#7277 Feb 11-Mar 31 Sa 11:15am-12pm

YOUTH LEVEL 1-3

*45 minute classes. Level I: New to the pool, needing to learn water adjustment skills. Level II: Able to fully submerge head and swim short distances with support. Level III: Able to swim at least five yards on front and back, unsupported.
Age: 6-12
CR PC \$47; CR NPC \$52
NCR PC \$57; NCR NPC \$62
EDISON JOHNSON AQUATIC CENTER
#7266 Feb 11-Mar 31 Sa 10:30am-11:15am
#7278 Feb 20-Mar 14 M,W 6:15pm-7pm
#7284 Feb 21-Mar 15 Tu,Th 6:15pm-7pm
#7281 Mar 26-Apr 25 M,W 6:15pm-7pm
#7288 Mar 27-Apr 26 Tu,Th 6:15pm-7pm
#7282 May 7-Jun 1 M,W 6:15pm-7pm
#7289 May 8-May 31 Tu,Th 6:15pm-7pm
I.R. HOLMES, SR. RECREATION CENTER
#7245 Feb 11-Mar 31 Sa 11:45am-12:30pm
#7243 Feb 21-Mar 15 Tu,Th 5:15pm-6pm
#7244 Mar 27-Apr 26 Tu,Th 5:15pm-6pm
#7246 Apr 14-Jun 9 Sa 11:45am-12:30pm
#7257 May 8-May 31 Tu,Th 5:15pm-6pm

YOUTH LEVEL 3-5

*45 minute classes. Level III: Able to swim at

least five yards on front and back, unsupported. Level IV: Able to swim at least 15 yards (half of pool length) of front and back crawl. Level V: Able to swim 25 yards of front and back crawl and 15 yards of breaststroke and butterfly. Age: 6-12
CR PC \$47; CR NPC \$52
NCR PC \$57; NCR NPC \$62
EDISON JOHNSON AQUATIC CENTER
#7279 Feb 20-Mar 14 M,W 7:10pm-7:55pm
#7280 Mar 26-Apr 25 M,W 7:10pm-7:55pm
#7283 May 7-Jun 1 M,W 7:10pm-7:55pm
I.R. HOLMES, SR. RECREATION CENTER
#7247 Feb 21-Mar 15 Tu,Th 6:10pm-6:55pm
#7251 Mar 27-Apr 26 Tu,Th 6:10pm-6:55pm
#7248 May 8-May 31 Tu,Th 6:10pm-6:55pm

PARENT TOT

Parent and child enter the water together. This class teaches the parent basic water skills and child safety in and around the water. Learning is done through water exploration, play, and songs. *30 minutes.
Age: 6 months-3 years
CR PC \$42; CR NPC \$46
NCR PC \$52; NCR NPC \$56
EDISON JOHNSON AQUATIC CENTER
#7311 Feb 11-Mar 31 Sa 9:45am-10:15am
#7309 Feb 21-Mar 15 Tu,Th 5:30pm-6pm
#7304 Mar 27-Apr 26 Tu,Th 5:30pm-6pm
#7303 May 8-May 31 Tu,Th 5:30pm-6pm
I.R. HOLMES, SR. RECREATION CENTER
#7252 Feb 11-Mar 31 Sa 10:15am-10:45am
#7238 Feb 20-Mar 14 M,W 5:30pm-6pm
#7239 Mar 26-Apr 25 M,W 5:30pm-6pm

#7253 Apr 14-Jun 9 Sa 10:15am-10:45am
#7254 May 7-Jun 1 M,W 5:30pm-6pm

SAFETY TRAININGS
FUNDAMENTALS OF INSTRUCTOR
TRAINING (FIT)

This course is a prerequisite for persons wishing to enroll in American Red Cross instructor-level courses. Participants will learn about the American Red Cross’ history, structure and services. The class also prepares students to teach American Red Cross courses and introduces them to the policies and procedures for course consistency and proper reporting.
Age: 15 and up
CR PC \$25; CR NPC \$28
NCR PC \$30; NCR NPC \$38
I.R. HOLMES, SR. RECREATION CENTER
#7263 May 7 M 5:30pm-9pm
EDISON JOHNSON AQUATIC CENTER
#7321 Apr 18 W 5:30pm-9pm

LIFEGUARD TRAINING COURSE
Upon successful completion of this course, participants will be certified as American Red Cross Lifeguards. Course includes CPR/AED for the Professional Rescuer and First Aid training. The course fee includes a textbook and pocket mask. Participants must be at least 15 years of age; must be able to swim 300 yards continuously using the following strokes: 100 yards front crawl, 100 yards breaststroke (using a pull-breathe-kick-glide sequence) and 100 yards of either front crawl or breaststroke.

CAMPUS HILLS POOL

Instructional Swim Program - Winter/Spring 2012

SESSIONS

REGISTRATION BEGINS

Monday and Wednesday

February 20-March 14 December 1, 2011, 8:30 a.m.
March 26-April 25 December 1, 2011, 8:30 a.m.
May 7-June 1 December 1, 2011, 8:30 a.m.

Tuesday and Thursday

February 21-March 15 December 1, 2011, 8:30 a.m.
March 27-April 26 December 1, 2011, 8:30 a.m.
May 8-May 31 December 1, 2011, 8:30 a.m.

Saturday

February 11-March 31 December 1, 2011, 8:30 a.m.
April 14-June 9 December 1, 2011, 8:30 a.m.

CLASS DAYS AND TIMES

Time	Monday & Wednesday	Tuesday & Thursday	Saturday
10:15 a.m. - 10:45 a.m.			Parent-Tot Preschool
11 a.m. - 11:30 a.m.			Preschool (Levels 1-3)
11:45 a.m. - 12:30 p.m.			Youth (Levels 1-3)
5:15 p.m. - 6 p.m.		Youth (Levels 1-3)	
5:30 p.m. - 6 p.m.	Parent-Tot Preschool		
6:10 p.m. - 6:55 p.m.	Adult/Teen	Youth (Levels 3-5)	

EDISON JOHNSON AQUATIC CENTER

Instructional Swim Program - Winter/Spring 2012

SESSIONS

REGISTRATION BEGINS

Monday and Wednesday

February 20-March 14 8:30 a.m. on Monday, January 30, 2012
March 26-April 25 (No class 4/9 & 4/11)..... 8:30 a.m. on Monday, March 12, 2012
May 7-June 1 (No class 5/28) 8:30 a.m. on Monday, April 23, 2012

Tuesday and Thursday

February 20-March 15 8:30 a.m. on Monday, January 30, 2012
March 27-April 26 (No class 4/10 & 4/12)..... 8:30 a.m. on Monday, March 12, 2012
May 8-May 31 8:30 a.m. on Monday, April 23, 2012

Saturday

February 11- March 31 8:30 a.m. on Monday, January 30, 2012

CLASS DAYS AND TIMES

Time	Monday & Wednesday	Tuesday & Thursday	Saturday
9:45 a.m. - 10:15 a.m.			Parent-Tot Preschool
10:30 a.m. - 11 a.m.			Preschool
10:30 a.m. - 11:15 a.m.			Youth (Levels 1-3)
11:15 a.m. - 12 p.m.			Youth (All Levels)
5:30 p.m. - 6 p.m.	Preschool	Parent-Tot Preschool	
6:15 p.m. - 7 p.m.	Youth (Levels 1-3)	Youth (Levels 1-3)	
7:10 p.m. - 7:55 p.m.	Youth (Levels 3-5)	Teen/Adult	

We support INCLUSION - Persons of all ability levels are welcome at every facility and every program. [CR PC: City Resident, Play More Card](#); [CR NPC: City Resident, No Play More Card](#); [NCR PC: Non-City Resident, Play More Card](#); [NCR NPC: Non-City Resident, No Play More Card](#)

Participants must also be able to swim 20 yards, retrieve a ten pound object from seven feet below the surface, and return to the starting point with their faces out of water and both hands on the object, and exit the pool within 1 minute 40 seconds.

- Age: 15 and up
CR PC \$175; CR NPC \$190
NCR PC \$195; NCR NPC \$210
EDISON JOHNSON AQUATIC CENTER
- | | | | |
|-------|---------------|-----|---------------|
| #7323 | Feb 17-Feb 26 | F | 5:30pm-8:30pm |
| | | Sa | 9am-5pm |
| | | Sun | 12pm-6pm |
| #7324 | Mar 9-Mar 18 | F | 5:30pm-8:30pm |
| | | Sa | 9am-5pm |
| | | Sun | 12pm-6pm |
| #7327 | Apr 20-Apr 29 | F | 5:30pm-8:30pm |
| | | Sa | 9am-5pm |
| | | Sun | 12pm-6pm |
| #7328 | May 4-May 13 | F | 5:30pm-8:30pm |
| | | Sa | 9am-5pm |
| | | Sun | 12pm-6pm |
- I.R. HOLMES, SR. RECREATION CENTER
- | | | | |
|-------|--------------|-----|---------------|
| #7259 | Mar 2-Mar 11 | F | 5:30pm-8:30pm |
| | | Sa | 9am-5pm |
| | | Sun | 12pm-6pm |
| #7260 | Mar 23-Apr 1 | F | 5:30pm-8:30pm |
| | | Sa | 9am-5pm |
| | | Sun | 12pm-6pm |

WATER SAFETY INSTRUCTOR COURSE

Upon successful completion of this course, participants will be certified to teach American Red Cross Learn-to-Swim classes. Course fee includes two manuals. Participants must be at least 16 years old; must pass a swimming pre-test consisting of 25 yards front crawl, 25 yards back crawl, 25 yards breaststroke, 25 yards elementary backstroke, 25 yards sidestroke, 15 yards butterfly, back float for one minute, tread water for one minute; and must possess a 'Fundamentals of Instructor Training' certificate (FIT) issued within the last year OR a current National Health and Safety Services Instructor Authorization Certificate.

Age: 15 and up
CR PC \$190; CR NPC \$209
NCR PC \$210; NCR NPC \$234
I.R. HOLMES, SR. RECREATION CENTER

#7264	May 9-May 23	Sun	12pm-6pm
		M,W	5:30pm-9pm

DURHAM AQUATIC SCHOOL

This special Spring Break program offers teens the opportunity to become certified American

Red Cross lifeguards, free of charge. Interested teens must complete a Durham Aquatic School Application. Application packets may be downloaded from DPR's website, www.DPRPlaymore.org, beginning March 1. Teens willing to work for DPR at the city pools this summer will be admitted into the program first, in the order that their applications are received. To qualify for Durham Aquatic School, participants must be 16 - 19 years old and currently enrolled in high school. They must also be able to pass the pre-requisite swim test (see Lifeguard Training Course description for test requirements). Detailed information about Durham Aquatic School is provided in the application packet. Space is limited, so apply early.

Age: 16 and up
No Cost
EDISON JOHNSON AQUATIC CENTER

#7318	Apr 9-Apr 13	M-F	8am-5pm
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LIFEGUARD INSTRUCTOR COURSE

Upon successful completion of this class, participants will be certified to teach American Red Cross Lifeguard Training (R'06) and its optional components. Course fee includes Lifeguard Training instructor manual. Participants must be at least 17 years of age; must pass a seven hour pre-course session which tests knowledge and skills in lifeguarding, CPR/AED, and first aid; and must possess a 'Fundamentals of Instructor Training' certificate (FIT) issued within the last year OR a current national Health and Safety Services Instructor Authorization certificate. Participants must also have a copy of the current Lifeguard Training textbook.

Age: 17 and up
CR PC \$190; CR NPC \$209
NCR PC \$210; NCR NPC \$234
EDISON JOHNSON AQUATIC CENTER

#7329	Apr 20-Apr 29	F	5:30pm-8:30pm
		Sa,Sun	8am-6pm

WATER AEROBICS

AQUA ARTHRITIS

Exercises are specifically designed for those suffering from debilitating disorders such as arthritis and fibromyalgia. The goal is for participants to perform daily activities with increased comfort. You do not need to know how to swim to join. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.



Age: 15 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
EDISON JOHNSON AQUATIC CENTER

#7222	Jan 4-May 30	M,W,F	11am-11:45am
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DEEP WATER AEROBICS

This invigorating class is conducted in deep water. This program is designed to give a total body workout. Sessions include cardio, toning and stretching components. Exercisers do not need to know how to swim but should be comfortable in deep water even though flotation belts will be provided. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 15 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
EDISON JOHNSON AQUATIC CENTER

#7221	Jan 7-May 26	Sa	9:45am-10:30am
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SHALLOW WATER AEROBICS

This class offers a total workout while protecting joints from the pounding of a traditional land aerobics class. The program is designed to utilize the natural resistance of water allowing for muscle toning, cardiovascular endurance, and increased flexibility. Participants do not need to know how to swim to join. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 15 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
EDISON JOHNSON AQUATIC CENTER

#7220	Jan 3-May 31	M-Th	6:15pm-7pm
#7219	Jan 4-May 30	M,W,F	10am-10:45am

I.R. HOLMES, SR. RECREATION CENTER

#7157	Jan 3-May 31	M-F	12pm-12:45pm
#7158	Jan 3-May 31	M-Th	7pm-7:45pm



ARTS and CRAFTS

ART STUDIO

Explore your creative juices in the W.D. Hill Recreation Center Art Studio. Make your friends and family proud of ceramic works of art that you create! Participants are responsible for the purchase of individual molding pieces chosen to work on.

Age: 18 and up
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
W.D. HILL RECREATION CENTER

#7299	Jan 3-May 31	M-Th	8:30am-12:30pm
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SEWING CLASS

Participants learn basic sewing techniques. Projects will be issued utilizing patterns.

Age: 13 and up
CR PC \$24; CR NPC \$26
NCR PC \$29; NCR NPC \$31
HOLTON CAREER AND RESOURCE CENTER

#7198	Feb 15-Apr 18	W	6pm-7:30pm
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QuéPasa

NEWSPAPER

Phone 919.645.1680

4600 New Bern Ave. Suite 101, Raleigh, NC 27610



ATHLETICS

Address: 400 Cleveland St., Durham NC, 27701 Phone: 560-4355, Hours of Operation: Monday-Friday, 8 a.m. – 5 p.m.
Recreation Manager: Tammy Brown, (919) 560-4355, ext. 27225, Tammy.Brown@durhamnc.gov

FLAG FOOTBALL YOUTH

This program provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork, fundamentals, and sportsmanship. Ages: 6 - 12 year old boys and girls on or by March 1, 2012 Registration Dates: February 20 - 24, 2012 Registration Time: 9 a.m. - 6 p.m. Registration Location: The Durham Parks and Recreation Administrative Office located at 400 Cleveland Street, Durham, NC, 27701 Ages: 6 - 12 CR PC \$25; CR NPC \$28 NCR PC \$30; NCR NPC \$33

SOCCER - DURHAM GIRLS SOCCER LEAGUE

Durham Girls Soccer League is an instructional soccer league for girls ages 7-13. It is the league's philosophy to provide an opportunity for all girls to participate on a soccer team, regardless of ability. Registration dates Jan 23-Feb 10. Registration Time: 9 a.m. - 5 p.m. Mail In Registrations: Must be postmarked by February 10, 2012 Mail To: Durham Parks and Recreation DGSL 101 City Hall Plaza, Durham, NC 27701 Attention: John Sautter - DGSL CR PC \$35; CR NPC \$39 NCR PC \$45; NCR NPC \$49

BASKETBALL - TEEN PALS

BASKETBALL - PALS LEAGUE

A basketball league for teenagers. Come out and work on your game in this fun, exciting, and competitive summer hoops programs. Ages: 15-18 years old on or by June 1, 2012

Registration Fee: No Cost Registration Dates: May 7 - 18, 2012 Registration Times: 9 a.m. - 5 p.m. Registration Location: Durham Parks and Recreation Administrative Office located at 400 Cleveland Street, Durham, NC, 27701 Ages: 15 - 18 No Cost

SOCCER - ADULT WOMEN'S SPRING SOCCER - ADULT WOMEN'S 30+

The Women's 30+ League plays on Wednesday nights with some Mondays being utilized as well. There are two matches each night, 6:45 p.m. and 8:15 p.m. Matches will begin the week of March 19, 2012. Fee: \$535 per team with a \$10 NCR fee per non-city resident Registration Dates: March 6 - 8, 2012 Registration Time: 8:30 a.m. - 5 p.m. Registration Location: Durham Parks and Recreation Administrative Office, located at 400 Cleveland Street, Durham, NC 27701 Ages: 30 and up Cost: \$535

SPRING SOCCER - ADULT WOMEN'S OPEN

Age: 17 and up Women's Open League plays matches on Tuesday and Thursday. There are two matches each night, 6:45 p.m. and 8:15 p.m. Matches will begin the week of March 19, 2012. Fee: \$735 per team with a \$10 NCR fee per non-city resident Registration Dates: March 6 - 8, 2012 Registration Time: 8:30 a.m. - 5 p.m. Registration Location: Durham Parks and

Recreation Administrative Office located at 400 Cleveland Street, Durham, NC 27701 Cost: \$795

SOFTBALL - ADULT

Registration Fees: \$475 per team with a \$10 NCR fee per non-city resident. Additional Fees: \$20 USSSA sanctioning fee to be paid separately from registration fee. Please speak with the league coordinator for details about this fee. Registration Date: Saturday, March 3, 2012 Registration Time: 9 a.m. - 12 p.m. Registration Location: Durham Parks and Recreation Administrative Office located at 400 Cleveland Street, Durham, NC 27701 Leagues Offered: Co-Rec Divisions I - III, Men's Division I - III, and a Women's League. Age: 17 and up Cost: \$475

VOLLEYBALL - CO-ED ADULT

VOLLEYBALL - SPRING ADULT CO-ED

Teams play 1-2 matches per night. There are no officials used for this league. Games are played six on six with a maximum of 12 players per team. Teams will compete in an end of the season double-elimination tournament. Get a team of friends or co-workers together and enjoy the spring evenings! Registration Fees: \$80 per team with a \$10 NCR fee per non-city resident Registration Dates: February 13 - 24, 2012. Registration Time: 8 a.m. - 5 p.m. Registration Location: Durham Parks and Recreation Department is located at 400 Cleveland Street, Durham, NC 27701 Age: 17 and up Cost: \$80

USTA TENNIS LEAGUES

JR. TEAM TENNIS- QS-8 U BEGINNER

Jr. Team Tennis is the largest youth tennis league in the country, helping girls and boys ages 5-8 get in the game, get on the court, and have a good time. Teams are co-ed, based on similar ages and skill levels.

JR. TEAM TENNIS- QS-10 U BEGINNER

Jr. Team Tennis is the largest youth tennis league in the country, helping girls and boys ages 8-10 get in the game, get on the court, and have a good time. Teams are co-ed, based on similar ages and skill levels. Registration Location: <http://tennislink.usta.com/teamtennis>

JR. TEAM TENNIS

Jr. Team Tennis is the largest youth tennis league in the country, helping girls and boys ages 6-18 get in the game, get on the court, and have a good time. Teams are co-ed, based on similar ages and skill levels. Teams are formed in age groups of 18 and under, 14 and under, and 12 and under and leagues will be broken into advanced, intermediate, and beginner levels. Registration Location: <http://teamtennis.usta.com>

NCTA AD SINGLES LEAGUE-SUMMER

The NCTA Singles League is a team format

league where 4-9 players comprise a team. The following NTRP levels are offered; 2.5, 3.0, 3.5, 4.0, 4.5, and 5.0. There are day and evening leagues offered. In each team match, three courts of singles are played. Players must be at least 18 years of age and have a valid USTA membership. Registration Location: <http://national.usta.com>

NCTA SR SINGLES LEAGUE-SUMMER

The NCTA Singles League is a team format league where 4-9 players comprise a team. The following NTRP levels are offered; 2.5, 3.0, 3.5, 4.0, 4.5, and 5.0. In each team match, three courts of singles are played. Players must be at least 18 years of age and have a valid USTA membership. Registration Location: <http://national.usta.com>

USTA ADULT MIXED DOUBLES

In this league, teams are comprised of up to 14 players playing three (3) doubles matches where the doubles teams combined NTRP rating does not exceed the level that they are entering. To participate: must be at least 18 years of age and have current USTA membership. The levels of play: 5.0, 6.0, 7.0, 8.0, 9.0, and 10.0.

USTA ENO SR. TENNIS LEAGUE

USTA League Tennis is an adult recreational program for all players, regardless of skill. Anyone 50 and over can participate. To participate you must have a current USTA membership. Winners in local USTA Senior Leagues will advance to the State Championships. Winners at the State Championships have a chance to make it to Sectional Championships and then to the Nationals. Registration Location: <http://national.usta.com>

USTA ENO AD TENNIS LEAGUE

USTA League Tennis is an adult recreational tennis program for all players, regardless of skill. Anyone 18 and over can participate. To participate you must have a current USTA membership. Winners in local USTA Adult League will advance to State Championships. Winner at State Championships have a chance to make it to the Sectional Championships and the Nationals. Register at: <http://national.usta.com>

USTA SENIOR MIXED DOUBLES

In this league, teams are comprised of up to 14 players playing three doubles matches where the doubles teams combined NTRP rating does not exceed the level that they are entering. To participate: must be at least 50 years of age and older and have current USTA membership. The levels of play are 5.0, 6.0, 7.0, 8.0, and 9.0.

USTA SS MD TENNIS 60's

Tired of playing someone 20 years younger than you? Are you going to be at least 60 this year? This is the league that has been developed to offer competitive play for all players 60 and over. The league is made up of two sub-leagues; Super Senior 60's and Super Senior 70's. Each league offers doubles play for both men and women. Level of play for both are; 6.5, 7.5, and 8.5. You must have a valid USTA membership. Registration Location: <http://national.usta.com>



USTA SS MD TENNIS 70's

Tired of playing someone 20 years younger than you? Are you going to be at least 60 this year? This is the league that has been developed to offer competitive play for all players 60 and over. The league is made up of two sub-leagues; Super Senior 60's and Super Senior 70's. Each league offers doubles play for both men and women. Level of play for both are; 6.5, 7.5, and 8.5. You must have a valid USTA membership. Registration Location: <http://national.usta.com>

USTA SUPER SENIORS 60's LEAGUE

Tired of playing someone 20 years younger than you? Are you going to be at least 60 this year? This is a league that has been developed to offer competitive play for all players 60 and older. This league offers doubles for both men and women. Levels of play for both groups are; 2.5, 3.0, 3.5, 4.0, and 4.5. Players must have a valid USTA membership. Registration Location: <http://national.usta.com>

LITTLE TYKES SPORTS

LITTLE TYKES SOCCER

Little Tykes Soccer is designed for children between the ages of 3 and 5. The objective of the program is to introduce participants to the game of soccer in a non-competitive environment. Through various games and drills, as well as 3v3 play at the end of each session, youth will have an opportunity to refine motor skills and incorporate physical activity in to their day. Age: 3-5
No Cost
C.M. HERNDON PARK
#7563 May 1-Jun 7 Tu,Th 6pm-8pm

TENNIS COURTS
Tennis courts can be rented for group play during certain times of the day.
To reserve a tennis court, call (919) 560-4355.

ATHLETIC FIELDS
To reserve an athletic field, call (919) 560-4355.

CHEERLEADING

This cheerleading class teaches children the basic skills needed to advance in the sport of cheerleading. Your child will learn to memorize cheers and master the art of performing them. The class is recommended for students who will bring enthusiasm, energy and love to the sport. This activity has additional fees for uniforms and supplies.
Age: 4-12
CR PC \$30; CR NPC \$33
NCR PC \$40; NCR NPC \$43

BEGINNER CHEERLEADING

WALLTOWN PARK RECREATION CENTER
#7015 Feb 4-Mar 10 Sa 9am-10am
#7016 Mar 24-Apr 28 Sa 9am-10am
#7017 May 5-Jun 16 Sa 9am-10am

ADVANCED CHEERLEADING

WALLTOWN PARK RECREATION CENTER
#7018 Feb 4-Mar 10 Sa 10am-11am
#7019 Mar 24-Apr 28 Sa 10am-11am
#7020 May 5-Jun 16 Sa 10am-11am

TENNIS LESSONS - YOUTH

These lessons are for novice tennis players who would like to gain tennis skills and a better knowledge of the game of tennis.
Age: 8-15
CR PC \$5; CR NPC \$6
NCR PC \$7; NCR NPC \$8

NJTL TENNIS LESSONS
EAST END PARK
#6626 Jun 11-Jul 6 M,F 9am-12pm

BALL HOGS
Looking for players! Come and compete with your friends in this 3 on 3 basketball tournament.
Age: 13-17



CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7

BULL CITY BALL HOGS
WALLTOWN PARK RECREATION CENTER
#6977 May 5 Sa 11am-5pm

SPORTS CLINICS

TEEN BASKETBALL SKILLS CLINIC
Do you have skills on the court? Prove it. The Teen Basketball Skills Clinic will help teens develop fundamental basketball skills. This program focuses on dribbling, defense, shooting, and team play. Teens who participate will be able to show their new skills in the quarterly DPR staff vs. teens basketball game.
Age: 13-18
No Cost
CFLRC AT LYON PARK
#6624 Jan 9-May 21 M 6pm-8pm
#6625 Apr 9-Apr 13 M-F 1pm-5pm

BASKETBALL CLINIC
These clinics are designed to provide a

positive outlet where youth learn teamwork and basketball skills. We offer a structured environment where participants can focus on learning the game of basketball, while also developing a positive attitude, better understanding of self, and positive thinking.
Age: 6-13
CR PC \$20; CR NPC \$22
NCR PC \$25; NCR NPC \$27

WALLTOWN PARK RECREATION CENTER
#6900 Jan 14-Feb 4 Sa 10am-12pm
#6901 Feb 18-Mar 10 Sa 10am-12pm
#6902 Mar 24-Apr 14 Sa 10am-12pm

ADULT SOFTBALL UMPIRE CLINICS
If you are interested in becoming an umpire, come to the clinics. You will learn field positioning and proper hand signals as well as rules of the game of softball.
Age: 18 and up
No Cost
ARMORY
#5926 Jan 16-Mar 5 M 6pm-8pm

CAMPS

INTERSESSION CAMP

Does your year-round school child need a place to go during intercession break? In this program, kids enjoy structured activities that include sports, games, swimming, dance, arts and crafts, and much more. Rates are per week.
Age: 6-12
CR PC \$120; CR NPC \$132
NCR PC \$135; NCR NPC \$152

INTERSESSION CAMP
HOLTON CAREER AND RESOURCE CENTER
#7112 Mar 26-Mar 30 M-F 7:30am-6pm
#7113 Apr 2-Apr 5 M-F 7:30am-6pm
#7114 Apr 9-Apr 13 M-F 7:30am-6pm

INTERSESSION NATURE CARAVAN

Interession Nature Caravan is a half-day camp that focuses on nature activities. Through the use of hands-on activities, art, and games

children learn about the natural world around them. All children need to bring snacks, a drink and a backpack to carry it in. Space is limited to 20 children and pre-registration is required.
Age: 6-12
CR PC \$45; CR NPC \$50
NCR PC \$55; NCR NPC \$60

WEST POINT ON THE ENO
#6735 Mar 26-Mar 30 M-F 8am-1pm
#6736 Apr 2-Apr 5 M-Th 8am-1pm

TEEN ADAPT

This program is for persons with intellectual disabilities and focuses on leisure education and training. ADAPT works towards community integration with an overall goal to help participants find success in typical work and leisure environments. Functional activities, leisure education, community integration, and

recreation participation are used to address topics such as: social skills, time management, transportation, leisure opportunities, vocational skills, daily living skills, and more. (Topics may vary during each session, based on participants' needs and interests.) Each participant should be independent in his/her own care; independently mobile or need only minimal assistance.
Age: 13-21
CR PC \$55; CR NPC \$61
NCR PC \$65; NCR NPC \$71

HOLTON CAREER AND RESOURCE CENTER
#7536 Apr 9-Apr 13 M-F 8am-3pm

**Durham Parks and Recreation
Summer Day Camp**
June 18-August 17, 2012

DPR summer camp programs offer a safe, inclusive environment where all children are encouraged to participate. We are committed to the development of our campers' life skills through group activities and exposure to diverse athletic and educational experiences. Campers in DPR's summer programs have the opportunity to participate in a wide range of activities that include but are not limited to swimming, arts and crafts, computer enrichment, environmental education, dance, athletic games, and much more. Emphasis is placed on trying new things, teamwork, learning by doing, and enjoying the process of discovery.

Durham Parks and Recreation Summer Day Camp

Look for more detailed information about summer camps and registration in our special Summer Camp insert, published in the Herald Sun in February.

Begins Monday, June 18 and ends Friday, August 17

Hours: 7:30 a.m.-6 p.m.

Age: 5-12 (except where indicated)

Please note: Child cannot turn 13 before camp ends and must have turned five by September 1, 2011. Proof of age (birth certificate) required for all camp registrations.

All camps will be closed Wednesday, July 4, in observance of Independence Day.

SUMMER CAMP REGISTRATION

Saturday, March 24, 9 a.m.-1 p.m. at each program site.

FOUR STEPS TO SUMMER CAMP REGISTRATION

1. Prepare for Payment: The first week of camp must be paid in full at the time of registration. In order to reserve space in additional weeks of camp, please be prepared

to make a 10 percent per week deposit. Fees are per child per week.

City Residents with Play More Card: \$120*

City Residents without Play More Card:

\$132*

Non-City Residents with Play More Card:

\$135*

Non-City Residents without Play More Card:

\$152*

2. *Apply for Sliding Fee Scale, if needed.

DPR offers reduced fees through our sliding fee scale program. PLEASE NOTE: If you are a new registrant or your current application is expired or will expire soon, you must submit a new application by March 5 to ensure that it is processed and approved by the March 24 summer camp registration date. Applications are available at any of our recreation centers, administrative office or by calling (919) 560-4355. It is also located on our website under brochures, forms and applications: www.DPRPlayMore.org.

3. Gather the necessary information:

- Proof of age (birth certificate)
- Parent/Guardian contact information
- Emergency contact information (someone other than parent/guardian)



- Health insurance information
- Physician and dentist contact information (address and phone numbers)
- Medical information, including all medications taken by child
- Any special needs your child may have

4. Register your child for summer camp on Saturday, March 24, 9 a.m.-1 p.m.! Children must be registered before they can attend camp.



CANINE RECREATION

Durham Parks & Recreation offers a variety of leisure opportunities for its canine residents. Contact: Lorita Dudus 919-560-4355, ext. 27220 or DurhamDogPark@durhamnc.gov.

DOG PARK

While regular leash walks provide a level of exercise that promotes good dog health, access for off-leash play and socialization is equally important.

- All dogs MUST be registered with DPR annually
- To ensure that we provide a healthy environment for all participants, we have adopted the vaccination requirements recommended by the American Animal Hospital Association.

Current vaccination history for:

1. Rabies (1 or 3 year)
2. Distemper/parvo (1 or 3 year)
3. Bordetella (1 year)
4. Fecal exam-negative (1 year)

*We also accept titer results in lieu of vaccinations except for rabies (state law).

When these requirements are met, a DPR dog park tag is assigned. All dogs must wear their current DPR tag while playing in the park.

Fees:

Tags are valid from July 1, 2011 through July 31, 2012. Fees are not pro-rated.

City Residents:

CR PC: \$15/first dog \$13/each additional dog(s)

CRNPC: \$17/first dog \$15/each additional dog(s)

Non-City Residents:

NPCPC: \$20/first dog \$18/each additional dog(s)

NPCPC: \$22/first dog \$20/each additional dog(s)

DPR provides three off-leash areas for canine fun:

- Pinewood Park (located at 400 E. Woodcroft Pkwy.) has four separate areas, dog waste

bag dispensers, waste receptacles, benches, water fountains and information kiosks.

- Northgate Park (located on Lavender Ave) offers two separate areas, dog waste bag dispensers, water fountains, and information kiosks.
- Downtown Durham Dog Park (located on the corner of Roxboro and Elliott Streets) offers two separate areas, dog waste bag dispensers, and benches.

CANINE OBEDIENCE CLASSES

Durham Armory, 212 Foster St.

CANINE OBEDIENCE

BASIC BEGINNER

For dogs 6 months and older. These classes will introduce your pet to controlled walking and basic commands such as 'Sit', 'Down', 'Stay', 'Come', and 'Don't Jump'.

CR PC \$70; CR NPC \$77

NCR PC \$80; NCR NPC \$92

ARMORY

#6476 Jan 11-Feb 15 W 6:30pm-7:30pm

#6479 Mar 14-Apr 25 W 7:30pm-8:30pm

#6481 May 9-Jun 13 W 6:30pm-7:30pm

INTRODUCTION TO CANINE GOOD CITIZEN

In this class, you and your dog will build upon basic obedience skills to learn more solid staying, heeling and recalls in a distracting environment. Although the focus will not be on the Canine Good Citizen test, some of the class exercises, activities, and games will help prepare dogs and handlers for that test. Your dog should be able to

reliably perform the sit, down, stay, heel, and come commands in a non-distracting environment. Training collars and treats can be used during class. At the end of session, if you believe that your dog is prepared to take the CGC test, that option will be offered. The CGC is a certification program administered by the American Kennel Club. It is designed to reward dogs who have good manners at home and in the community. All dogs who pass the 10-step CGC test receive a certificate from the AKC. Please note: The CGC test is performed by an outside source. There is a separate fee of \$10 that will need to be paid directly to the evaluator.

CR PC \$70; CR NPC \$77

NCR PC \$80; NCR NPC \$92

ARMORY

#6477 Jan 11-Feb 15 W 7:30pm-8:30pm

#6482 May 9-Jun 13 W 7:30pm-8:30pm

PUPPY OBEDIENCE

For dogs 12 weeks-6 months old. These classes will introduce your pet to basic skills and the importance of housetraining, socialization and an introduction to basic commands. Immunization requirements: distemper/parvo series 2, bordetella.

CR PC \$70; CR NPC \$77

NCR PC \$80; NCR NPC \$92

ARMORY

#6478 Mar 14-Apr 25 W 6:30pm-7:30pm





EDUCATION and ENRICHMENT

A JOURNEY TO TRANSFORMATION

This program offers a chance for young girls to blossom into young ladies. Come learn about nutrition, health & fitness, etiquette, and much more.
Age: 9-17
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7188 Jan 18-May 2 W 5:30pm-7pm

JR. FIRE MARSHAL

The Jr. Fire Marshal program is designed to enhance career awareness, personal development, and the understanding of fire safety.
Age: 10-18
No Cost
CFLRC AT LYON PARK
#6619 Apr 9-Apr 12 M-Th 9am-3pm

SAFE SITTER

Do you want to learn some basics about babysitting? Safe Sitter teaches all aspects of babysitting, including game and activity ideas, health and safety, behavior management, babysitting business skills, and safety for the sitter. Upon completion of this course you will have the confidence and skills to become an excellent babysitter. Must be between the ages of 11 and 13 and complete the registration form and student contract prior to the beginning of class. Scholarships are available based on demonstrated financial need.
Age: 11-13
CR PC \$20; CR NPC \$22
NCR PC \$25; NCR NPC \$27
I.R. HOLMES, SR. RECREATION CENTER
#7236 Mar 26 M 8am-5pm

CAKE DECORATING

In this class you will learn the basics of cake decorating. You'll learn how to bake as well as icing techniques including borders, figure piping and more. After learning these techniques, students will leave with great ideas. Participants will be given a list of supplies that they will be required to bring for each class. Plan to spend a half hour cleaning up after class.
Age: 15 and up
CR PC \$20; CR NPC \$22
NCR PC \$25; NCR NPC \$27

BEGINNER

WALLTOWN PARK RECREATION CENTER
#6883 Jan 9-Feb 13 M 6:30pm-8pm

INTERMEDIATE

WALLTOWN PARK RECREATION CENTER
#6884 Feb 20-Mar 26 M 6:30pm-8pm

ADVANCED

WALLTOWN PARK RECREATION CENTER
#6885 Apr 2-May 14 M 6:30pm-8pm

CAMPUS 2 CAMPUS COLLEGE TOURS

Join us while we tour colleges and universities across the state. In addition to tours, you will get an opportunity to build resumes, work on college applications, and listen to student panels.
Age: 13-17
No Cost
WALLTOWN PARK RECREATION CENTER

#6971	Apr 9	M	8am-5pm
#6972	Apr 10	Tu	8am-5pm
#6973	Apr 11	W	8am-5pm
#6974	Apr 12	Th	8am-5pm
#6975	Apr 19	Th	8am-5pm

IN DA BASEMENT

In Da Basement provides opportunities for teens to develop leadership and communication skills through group discussion, computer training and other activities in a safe and supervised setting.
Age: 13-18
No Cost
EAST DURHAM RECREATION CENTER
#6597 Jan 6-Jun 1 F 5pm-11pm

JOB READINESS PROGRAM

Are you having trouble finding a job? Then this program is for you! The Job Readiness program includes educational sessions that are vital to your search for employment. Topics of discussion will include dressing for success, work place etiquette, resume writing, budgeting and money management, preparing for your interview, and time management. Program will also include a college tour and graduation ceremony.
Age: 13-17
No Cost
WALLTOWN PARK RECREATION CENTER
#6976 Apr 9-Apr 13 M-F 9am-2pm

PROJECT T.E.A.M.

Project T.E.A.M. (teach, empower, achieve, motivate) is a program that will do just what its name says. The focus is on academic enrichment, life skills, team exercise, and community service. Participants don't need to bring any equipment, skills or abilities to join this program.
Age: 13-17
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
CFLRC AT LYON PARK
#6593 Jan 9-May 24 M-Th 4pm-6pm
EAST DURHAM RECREATION CENTER
#6592 Jan 3-May 31 M-F 3pm-5pm
T.A. GRADY RECREATION CENTER
#6594 Jan 3-Jun 8 M-F 3pm-6pm
WEAVER STREET RECREATION CENTER
#6595 Jan 3-May 31 M-F 3pm-5:30pm

TEEN COUNCIL

Want to become a voice for youth in your community? If so, then join Teen Council. By joining you will learn leadership, public speaking and programming skills. Participants of all skills and abilities are welcome to join.
Age: 13-17
No Cost

YOUTH ALLIANCES

Age: 13-18
WALLTOWN PARK RECREATION CENTER
#6904 Jan 11-May 9 W 6:15pm-7:30pm
WEAVER STREET RECREATION CENTER
#6612 Jan 27-May 25 F 6pm-7pm

COMPUTER LAB - OPEN

Come in and take advantage of our computer lab. Access to the Internet, Microsoft Office products, and printing will be available.

No Cost
W.D. HILL RECREATION CENTER
Age: 10 and up
#7301 Jan 4-May 30 Sa 1pm-4pm
M,W 6pm-8pm

WALLTOWN PARK RECREATION CENTER
Age: 13-17
#6967 Jan 7-May 26 Sa 10am-1pm
M 6pm-9pm

T.A. GRADY RECREATION CENTER
Age: 6 and up
#6602 Jan 3-Jun 1 M-F 5pm-7pm

BOOK GROUPS

TALL TALES
Bedtime stories aid in language development, listening skills and boost achievement. Join us monthly for an exciting bedtime story for the family. Books may be brought, but are not required for participation.
Age: All Ages
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7193 Jan 12 Th 7pm-8pm
#7194 Feb 9 Th 7pm-8pm
#7195 Mar 8 Th 7pm-8pm
#7196 Apr 12 Th 7pm-8pm
#7197 May 10 Th 7pm-8pm

COMPUTER CLASSES

COMPUTER LITERACY-BEGINNING SENIOR
Welcome to the world of computers! In this

introductory course, students will learn basic computer skills and concepts. This course is a great place to start if you have never used a computer or you are looking for a refresher.
Age: 55 and better
CR PC \$10; CR NPC \$11
NCR PC \$12; NCR NPC \$16
EDISON JOHNSON RECREATION CENTER
#7452 Jan 9-Feb 20 M,W 9am-10:30am
#7453 Mar 5-Apr 11 M,W 9am-10:30am
W.D. HILL RECREATION CENTER
#7305 Jan 9-Feb 15 M,W 10am-11:30am
#7306 Feb 20-Mar 28 M,W 10am-11:30am
#7310 Apr 2-May 9 M,W 10am-11:30am

COMPUTER LITERACY-SENIOR INTERMEDIATE

In this course, students will learn Microsoft Office applications such as Word and Power Point. Participants will also learn techniques used to 'surf' the Internet. Participants need to have completed Beginning Senior Computer Literacy.
Age: 55 and better
CR PC \$10; CR NPC \$11
NCR PC \$12; NCR NPC \$16
EDISON JOHNSON RECREATION CENTER
#7454 Jan 9-Feb 20 M,W 11am-12:30pm
#7455 Mar 5-Apr 11 M,W 11am-12:30pm
W.D. HILL RECREATION CENTER
#7307 Jan 9-Feb 15 M,W 11:30am-1pm
#7308 Feb 20-Mar 28 M,W 11:30am-1pm
#7314 Apr 2-May 9 M,W 11:30am-1pm



JR. MAJORETTE

A fun introduction to the world of baton twirling. This class will help develop participants' charisma and character. Preferred class attire consists of athletic clothing. Participants will need to provide their own baton. Vendors will be on site with batons available for purchase on the first day of class. This program may incur additional fees to cover the cost of uniforms and additional supplies. Please contact Walltown Recreation Center for more information.
Age: 5-14
CR PC \$15; CR NPC \$17
NCR PC \$20; NCR NPC \$22

BEGINNER TWIRL SENSATIONS

WALLTOWN PARK RECREATION CENTER
#6979 Feb 4-Mar 10 Sa 10am-11am
#6981 Mar 24-Apr 28 Sa 10am-11am
#6983 May 5-Jun 16 Sa 10am-11am

INTERMEDIATE TWIRL SENSATIONS

WALLTOWN PARK RECREATION CENTER
#6980 Feb 4-Mar 10 Sa 11am-12pm
#6982 Mar 24-Apr 28Sa 11am-12pm
#6984 May 5-Jun 16 Sa 11am-12pm

RESOURCE CENTER

Resource Center provides a place for teens and adults to work uninterrupted on job or school related projects--anything from homework

assignments to resume writing.
No Cost
CFLRC AT LYON PARK
Age: 13-54
#6616 Jan 9-May 25 M,W,F 6pm-8pm
HOLTON CAREER AND RESOURCE CENTER
Age: 18 and up
#7206 Jan 9-May 31 M,Th 11am-1pm
WALLTOWN PARK RECREATION CENTER
Age: 18 and up
#6989 Jan 10-May 24 M 6pm-9pm
Sa 10am-1pm
WEAVER STREET RECREATION CENTER
Age: 18 and up
#6608 Jan 9-May 31 M-Th 1pm-2:30pm

RESOURCE CENTER FOR TEENS

Age: 13-17
Computer lab available for homework assistance, school projects, and research projects. Participants must bring paper for large print jobs.
WEAVER STREET RECREATION CENTER
#6615 Jan 9-May 31 M-F 6pm-9pm

SUNSHINE GARDEN CLUB

Join other gardeners as we plan, plant and harvest. Participants will meet regularly to implement and maintain vegetable or flower gardens. No experience required, participants

may be asked to bring their own garden tools.
Age: 13 and up
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7180 Jan 7 Sa 10:30am-12:30pm
#7181 Feb 4 Sa 10:30am-12:30pm
#7182 Mar 3 Sa 10:30am-12:30pm
#7183 Apr 7 Sa 10:30am-12:30pm
#7184 May 5 Sa 10:30am-12:30pm

WORKSHOPS

SPEAK OUT

Speak Out uses a recreational approach to address difficult problems facing a community. Experts and artists present useful information, and participants engage in fun activities at the end of the workshop. No experience required.
Age: 13 and up
CR PC \$0; CR NPC \$1
NCR PC \$0; NCR NPC \$2
HOLTON CAREER AND RESOURCE CENTER
#7173 Jan 28 Sa 2pm-4pm
#7174 Feb 25 Sa 2pm-4pm
#7175 Mar 24 Sa 2pm-4pm
#7176 Apr 28 Sa 2pm-4pm
#7177 May 26 Sa 2pm-4pm

SUSTAIN!

This series of workshops will help you learn the newest ways to save money by reducing

the amount of water, gas and electricity you use, reuse the things you have, and maintain a healthier lifestyle. Sessions are interactive, with lively discussions, tips and information from local experts and agencies.
Age: 13 and up
CR PC \$0; CR NPC \$1
NCR PC \$0; NCR NPC \$2
HOLTON CAREER AND RESOURCE CENTER
#7170 Jan 14 Sa 10:30am-12:30pm
#7171 Feb 11 Sa 10:30am-12:30pm
#7172 Mar 10 Sa 10:30am-12:30pm
#7178 Apr 14 Sa 10:30am-12:30pm
#7179 May 12 Sa 10:30am-12:30pm

COOKING WORKSHOP

The cooking workshop will provide an interactive and casual approach to learning about a wide range of culinary techniques and ethnic foods. Bring your passion for food and cooking!
Age: 15 and up
CR PC \$0; CR NPC \$1
NCR PC \$0; NCR NPC \$2
WALLTOWN PARK RECREATION CENTER
#6886 Jan 12 Th 6:30pm-7:30pm
#6887 Feb 9 Th 6:30pm-7:30pm
#6888 Mar 8 Th 6:30pm-7:30pm
#6889 Apr 12 Th 6:30pm-7:30pm
#6897 May 10 Th 6:30pm-7:30pm



ENVIRONMENTAL EDUCATION

Environmental Specialist: Chris Shepard at (919) 471-1623, chris.shepard@durhamnc.gov
All fees for environmental education programs are based on covering minimal material expenses. Trips fees are cost recovery.

ENVIRONMENTAL EDUCATION TRIPS
SPRING BREAK TRIP-ENO RIVER

Join this exploration by canoe of one of the more beautiful rivers in the Piedmont. Not only is the river a great place to explore, but it is a great place to see wildlife The Eno River is truly a gem not to miss in Durham County. Maximum 8 participants.
Age: 10-14
CR PC \$12; CR NPC \$13
NCR PC \$17; NCR NPC \$18
WEST POINT ON THE ENO
#6740 Apr 12 Th 7:30am-5:30pm

SPRING BREAK TRIP-HIKE

On this hike, we will explore Hill Forest which is in located Durham County. The forest was established in 1929 by NCSU as a demonstration forest where the college students learn different types of scientific exploration. We will hike through the woods to investigate the flora and fauna. This also happens to be the location of where we start one of our canoe trips.
Age: 10-14
CR PC \$12; CR NPC \$13
NCR PC \$17; NCR NPC \$18
WEST POINT ON THE ENO
#6737 Apr 9 M 7:30am-5:30pm

SPRING BREAK TRIP-LAKE MICHIE

Come join us on this fun day canoeing and hiking at the Lake Michie Recreation Area. We will canoe to where the river enters the lake and then hike along the river. Come and enjoy this mountain-like part of Durham County. Maximum 8 participants.
Age: 10-14

CR PC \$12; CR NPC \$13
NCR PC \$17; NCR NPC \$18
WEST POINT ON THE ENO
#6738 Apr 10 Tu 7:30am-5:30pm

SPRING BREAK TRIP-UPPER FLAT RIVER

Join this paddle exploration of one of the more beautiful rivers in the Piedmont. Not only is the river a great place to explore, but it is a great place to see wildlife. This day we will paddle on the upper Flat down to where it becomes Lake Michie. This section is as close to mountain paddling as you can get in the area. The Flat River is truly a gem not to miss in Durham County. Maximum 8 participants.
Age: 10-14
CR PC \$12; CR NPC \$13
NCR PC \$17; NCR NPC \$18
WEST POINT ON THE ENO
#6739 Apr 11 W 7:30am-5:30pm

TEENS IN NATURE (TIN)

Teens in Nature is a volunteer-based job skill program for 14-18-year-olds wanting to gain work experience with environmental groups. There are seven weekend sessions and you must attend at least six. Call (919) 471-1623 and press option 2 for details on this new program.
Age: 13-18
No Cost

BULL CITY FARM AND GRADUATION

WEST POINT ON THE ENO
#6734 May 12 Sa 10am-4pm

DUKE LEMUR CENTER

WEST POINT ON THE ENO
#6731 Mar 24 Sa 10am-4pm



DURHAM BIKE CO-OP

WEST POINT ON THE ENO
#6733 May 5 Sa 10am-4pm

GARDENING AT LEIGH FARM PARK

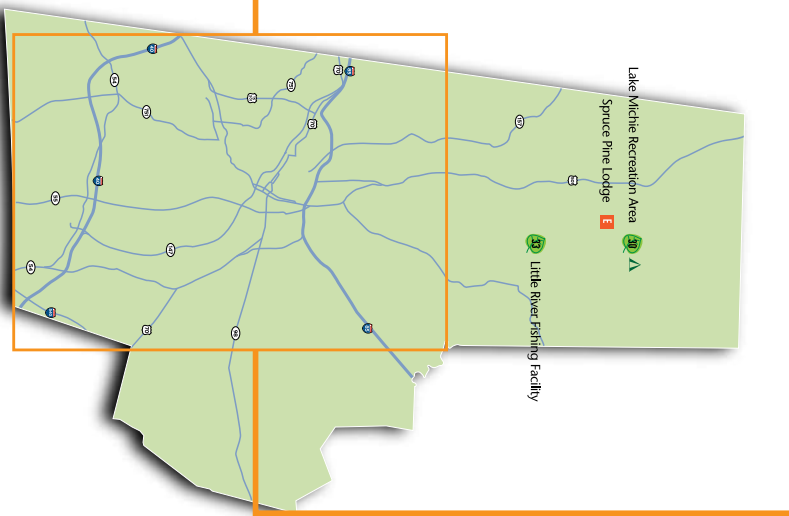
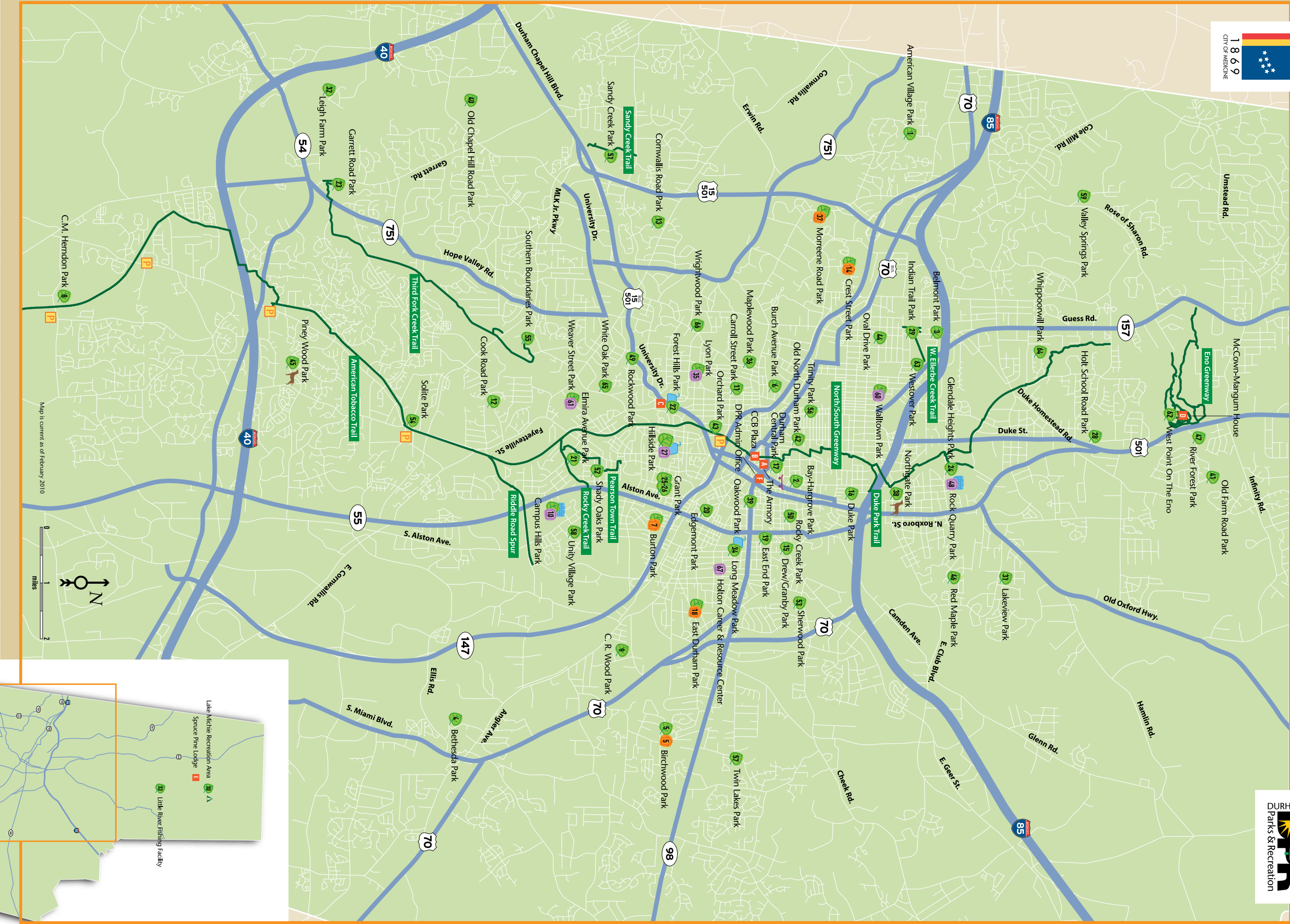
WEST POINT ON THE ENO
#6730 Mar 17 Sa 10am-4pm

HILL FOREST AND INTRO DAY

WEST POINT ON THE ENO
#6729 Feb 11 Sa 10am-4pm

STREAM MONITORING

WEST POINT ON THE ENO
#6732 Apr 14 Sa 10am-4pm



- LEGEND**
- Parks
 - Recreation Centers
 - Neighborhood Centers
 - Aquatic Centers (Indoor Pools)
 - Outdoor Pools
 - Special Facilities
 - Parking
 - Trails
 - Major Roads / Highways
 - Dog Park
 - Skate Park
 - Camping (at Lake Michie)

- Parks**
- 1 American Village Park*
 - 2 Bay-Harrogate Park
 - 3 Belmont Park
 - 4 Bethesda Park
 - 5 Birchwood Park
 - 6 Burch Avenue Park
 - 7 Burton Park*
 - 8 C. M. Herndon Park*
 - 9 C. R. Wood Park*
 - 10 Campus Hills Park**
 - 11 Carroll Street Park*
 - 12 Cook Road Park*
 - 13 Cornwallis Road Park
 - 14 Crest Street Park*
 - 15 Drew / Cranby Park
 - 16 Duke Park*
 - 17 Durham Central Park*
 - 18 East Durham Park*
 - 19 East End Park*
 - 20 Edgemont Park*
 - 21 Elmira Avenue Park*
 - 22 Forest Hills Park*
 - 23 Garrett Road Park*
 - 24 Glendale Heights Park
 - 25 Grant Park (north)
 - 26 Grant Park (south)
 - 27 Hillside Park*
 - 28 Holt School Road Park*
 - 29 Indian Trail Park
 - 30 Lake Michie Recreation Area
 - 31 Lakeview Park*
 - 32 Leigh River Fishing Facility
 - 33 Long Meadow Park*
 - 34 Lyon Park*
 - 35 Maplewood Park
 - 36 Morreene Road Park*
 - 37 Northgate Park*
 - 38 Oakwood Park*
 - 39 Piney Wood Park
 - 40 Old Chapel Hill Road Park
 - 41 Old Farm Road Park*
 - 42 Old North Durham Park
 - 43 Orchard Park*
 - 44 Oval Drive Park*
 - 45 Piney Wood Park*
 - 46 Red Maple Park*
 - 47 River Forest Park*
 - 48 Rock Quarry Park*
 - 49 Rocky Creek Park*
 - 50 Spruce Pine Lodge*
 - 51 Standy Oaks Park*
 - 52 Sherwood Park*
 - 53 Solite Park*
 - 54 Southern Boundaries Park
 - 55 Twin Lakes Park*
 - 56 Valley Springs Park
 - 57 Weaver Street Park*
 - 58 West Point On The Eno*
 - 59 Westover Park
 - 60 White Oak Park
 - 61 Wrightwood Park*
 - 62 W. D. Hill Recreation Center (Hillside Park)
 - 63 Walltown Park Recreation Center (Sx Park)
 - 64 Weaver Street Recreation Center (Sx Park)
 - 65 Holton Career & Resource Center

Recreation Centers

- 35 Community Family Life and Recreation Center at Lyon Park
- 48 Edison Johnson Recreation and Aquatic Center (Rock Quarry Park)

Neighborhood Centers

- 5 Birchwood Heights Community Center
- 18 East Durham Neighborhood Center (Sx Park)
- 37 Morreene Road Neighborhood Center (Sx Park)
- 7 T. A. Grady Neighborhood Center (Burton Park)
- 14 W. I. Patterson Neighborhood Center (Crest Street Park)

Aquatic Centers (Indoor Pools)

- 10 Campus Hills
- 48 Edison Johnson Recreation and Aquatic Center (Rock Quarry Park)

Outdoor Pools

- 22 Forest Hills
- 27 Hillside
- 34 Long Meadow

Special Facilities

- A The Armory
- B CCB Plaza
- C Forest Hills Neighborhood Clubhouse (Sx Park)
- D McCown-Mangum House
- E Spruce Pine Lodge
- F DPR Administrative Office
- 38, 45 Dog Park: Northgate Park, Piney Wood Park
- 17 Skate Park: Durham Central Park

RECREATION CENTERS, NEIGHBORHOOD CENTERS & RENTAL FACILITIES									
KMP #	NAME	ADDRESS	PARK LOCATION	Gym	Indoor Pool	Multi-Purpose Room	Auditorium	Computer Lab	Kitchen
5	Birchwood Heights	416 Watson St.	Lyon Park	■	■	■	■	■	■
35	CCB at Lyon Park	1309 Halsey St.	Lyon Park	■	■	■	■	■	■
18	East Durham	2415 Hensley Ave.	East Durham	■	■	■	■	■	■
47	Edison Johnson	500 W. Murray Ave.	Rock Quarry	■	■	■	■	■	■
66	Holton Career & Resource Center	407 N. Dwyer St.	Campus Hills	■	■	■	■	■	■
10	L. R. Holmes, Sr.	2000 S. Alston Ave.	Campus Hills	■	■	■	■	■	■
36	Morreene Road	1102 Morreene Rd.	Morreene Rd.	■	■	■	■	■	■
7	T. A. Grady	551 Lakeand St.	Burton	■	■	■	■	■	■
27	W. D. Hill	1308 Prattville St.	Hillside	■	■	■	■	■	■
14	W. I. Patterson	2614 Crest St.	Crest St.	■	■	■	■	■	■
59	Walltown	1309 W. Club Blvd.	Walltown	■	■	■	■	■	■
60	Weaver Street	3000 E. Weaver St.	Weaver St.	■	■	■	■	■	■
A	The Armory	272 Foster St.	The Armory	■	■	■	■	■	■
B	CCB Plaza	201 N. Loucan St.	Forest Hills	■	■	■	■	■	■
C	Forest Hills Clubhouse	1629 University Dr.	Forest Hills	■	■	■	■	■	■
D	McCown-Mangum House	501 N. Rockton St.	West Point on the Eno	■	■	■	■	■	■
E	Spruce Pine Lodge	2235 Balauna Rd.	Lake Michie	■	■	■	■	■	■
	Civic Center Plaza	201 Foster St.		■	■	■	■	■	■

To rent a recreation center, please call the center directly. To rent facilities A-E and downtown plaza, please call (919) 560-4355, ext. 2702.



ENVIRONMENTAL EDUCATION PROGRAMS
NIGHT HIKE
Come explore the wondrous world of nature at night on this hike through the woods along the Eno River.
Age: 5 and up
No Cost
WEST POINT ON THE ENO
#6706 Feb 3 F 8pm-10pm

WONDERS OF LAKE MICHIE IN MOONLIGHT
Join us for a wonderful night paddle on Lake Michie. We will listen for night sounds as we explore the beautifully illuminated lake.
Age: 3 and up
CR PC \$3; CR NPC \$4
NCR PC \$5; NCR NPC \$7
LAKE MICHIE RECREATION AREA
#6702 Mar 9 F 7pm-9pm

DISCOVERING DEER
We'll look for evidence of deer throughout the park and we will talk about how deer survive in

an urban area.
Age: 3 and up
No Cost
WEST POINT ON THE ENO
#6700 Mar 10 Sa 10am-12pm

ANIMAL TRACKS
Join us on this hike through the forest as we look for evidence of animals along the trail. From footprints to burrows we'll look for the signs they leave behind.
Age: 3 and up
No Cost
WEST POINT ON THE ENO
#6711 Mar 24 Sa 10am-12pm

FISHIN' FRENZY
This is a program for children to get a chance to learn to fish. We provide poles and bait, you parents provide the company.
Age: 5 and up
CR PC \$2; CR NPC \$3
NCR PC \$3; NCR NPC \$4
LAKE MICHIE RECREATION AREA
#6714 Apr 28 Sa 10am-12pm
#6715 May 20 Sun 2pm-4pm

STARRY, STARRY NIGHT
Join us for a program about the winter constellations. The winter skies are perfect for viewing the stars and we will utilize the open views at Lake Michie.
Age: 5 and up
No Cost
LAKE MICHIE RECREATION AREA
#6705 May 18 F 9pm-11pm

AMPHIBIAN ADVENTURE
Let's explore the world of amphibians. We'll learn about the different types living in the area and explore wetlands where we'll look for and try to identify them.
Age: 3 and up
No Cost
WEST POINT ON THE ENO
#6710 May 19 Sa 10am-12pm

WONDERS OF LAKE MICHIE AT SUNSET
Join us as we enjoy the beauty of Lake Michie at

sunset by boat. Experience the transition from day to night while on a relaxing paddle. Only canoes or kayaks allowed on this trip.
Age: 3 and up
No Cost
CR PC \$3; CR NPC \$4
NCR PC \$5; NCR NPC \$7
LAKE MICHIE RECREATION AREA
#6704 May 19 Sa 7:30pm-9:30pm

NATURE PRESCHOOL
We will be offering a nature program for children ages 3-5 at West Point on the Eno. All classes run from 10 a.m.-11 a.m.
Age: 3-5
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
WEST POINT ON THE ENO
#6721 Feb 7 Tu 10am-11am
#6722 Feb 21 Tu 10am-11am
#6716 Mar 6 Tu 10am-11am
#6717 Mar 20 Tu 10am-11am
#6718 Apr 24 Tu 10am-11am
#6719 May 8 Tu 10am-11am
#6720 May 22 Tu 10am-11am

ENO EXPLORATIONS
Join us for a two day a week, Tuesday and Thursday, after care program at West Point on the Eno Park. The program is based inside our rustic environmental education center. We may assist the kids with their homework, but the main focus of this program is exploration and education about the wonders of nature at West Point on the Eno and the City of Durham.
Age: 6-12
CR PC \$12; CR NPC \$13
NCR PC \$17; NCR NPC \$18
WEST POINT ON THE ENO
#6687 Feb 7-Feb 9 Tu,Th 2:30pm-5:30pm
#6688 Feb 14-Feb 16 Tu,Th 2:30pm-5:30pm
#6689 Feb 21-Feb 23 Tu,Th 2:30pm-5:30pm
#6686 Feb 28-Mar 1 Tu,Th 2:30pm-5:30pm
#6691 Mar 6-Mar 8 Tu,Th 2:30pm-5:30pm
#6692 Mar 13-Mar 15 Tu,Th 2:30pm-5:30pm
#6693 Mar 20-Mar 22 Tu,Th 2:30pm-5:30pm
#6726 Apr 3-Apr 5 Tu,Th 2:30pm-5:30pm
#6727 Apr 17-Apr 19 Tu,Th 2:30pm-5:30pm
#6695 Apr 24-Apr 26 Tu,Th 2:30pm-5:30pm
#6696 May 1-May 3 Tu,Th 2:30pm-5:30pm
#6697 May 8-May 10 Tu,Th 2:30pm-5:30pm

FITNESS

SHORTY SPORTY ACTIVITIES
SHORTY SPORTY ALL STARS
Want to try several sports? Shorty Sporty All Stars lets you experience different sports and games.
Age: 3-5
CR PC \$25; CR NPC \$28
NCR PC \$30; NCR NPC \$38
WALLTOWN PARK RECREATION CENTER
#6898 Feb 4-Mar 10 Sa 9am-10am

TOTAL TOT TIME
Come and play with your children in the gym! The emphasis of this program is placed on socialization with parent and child as well as on socializing with other 1-5 year olds. Play with a parachute, crawl through tunnels, jump rope, bowl, or just play tag!
Age: 1-5
CR PC \$2; CR NPC \$3

NCR PC \$3; NCR NPC \$4
EDISON JOHNSON RECREATION CENTER
#7211 Jan 9-May 31 M,Th 10:15am-11:30am

WELLNESS AND FITNESS
WELLNESS CENTER - TEEN
This time is scheduled for teens only! Come join our staff for a guided workout at the Campus Hills Wellness Center.
Age: 13-17
No Cost
I.R. HOLMES, SR. RECREATION CENTER
#7147 Jan 5-May 31 Th 2:45pm-4:45pm

ACL TEAR PREVENTION
Calling all female athletes! Do you participate in a sport or fitness activity that challenges your knees? Do you want to become faster, quicker, stronger, and more explosive? This program will help you safely reach the next level of

performance. The focus will be on developing speed, agility, lower body strength, coordination/ balance, and core strength. You will also learn how to prevent ACL tears and other knee injuries.
Age: 13-18
CR PC \$30; CR NPC \$33
NCR PC \$40; NCR NPC \$43
I.R. HOLMES, SR. RECREATION CENTER
#7102 Apr 17-May 22 Tu 5pm-6pm

BEACH BODIES
Summer time is almost here! Do you want to get your body ready for the beach and other outdoor activities? This class is a mixture of intense cardio and weight exercises that will improve your entire body. Open to persons of all fitness levels, from beginner to advanced.
Age: 18 and up
CR PC \$30; CR NPC \$33

NCR PC \$40; NCR NPC \$43
I.R. HOLMES, SR. RECREATION CENTER
#7109 Mar 6-Apr 10 Tu 5:15pm-6:15pm

PERSONAL AND SMALL GROUP TRAINING
Do you need some suggestions for your workout? Not sure how to get started in the wellness center? Want to make sure your exercises are safe? Have questions about specific pieces of equipment? Want more variety in your workouts? Sign up now for personal or small group training! You can train with one of our certified personal trainers and one, two, or three of your friends. Purchase one session at a time; no long-term contracts required! Please call to schedule your sessions in advance. Prices are per 50 minute session.
Age: 18 and up
Individual: CR PC \$30; CR NPC \$33

NCR PC \$40; NCR NPC \$43
2-Party: CR PC \$20; CR NPC \$22
NCR PC \$25; NCR NPC \$27
3-Party: CR PC \$15; CR NPC \$17
NCR PC \$20; NCR NPC \$22
I.R. HOLMES, SR. RECREATION CENTER
#7145 Jan 2-May 31 by appointment

AFRICAN MOVEMENT AND RELAXATION

Geared toward all fitness levels, this class is designed to promote total fitness through creative stretching, breathing, and movement exercises. Multi-use and monthly wellness passes available.
Age: 13 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
HOLTON CAREER AND RESOURCE CENTER
#7150 Jan 10-May 29 Tu 6pm-7pm
W.D. HILL RECREATION CENTER
#7346 Jan 7-May 26 Sa 11:15am-12:15pm

SAMBA EXPLOSION

Move to various authentic Brazilian dances – Samba, Frevo, Axes, and Samba Reggae - for fitness and fun. Comfortable shoes and clothing should be worn – no ballroom shoes. Class welcomes a wide range of ages and genders.
Age: 13 and up
HOLTON CAREER AND RESOURCE CENTER
#7153 Jan 25-Mar 14 W 6pm-7pm
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7

AEROBICS HIGH/LOW

Come on and join us as we blast some calories! This class offers options for all fitness levels. Both high-impact and low-impact options are provided for every exercise. Workouts will include body-weighted exercises, cardio work, resistance bands, abdominal exercises, and more!
Multi-use and monthly wellness passes available.
Age: 16 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
EDISON JOHNSON RECREATION CENTER
#7217 Jan 11-May 30W 6pm-7pm
I.R. HOLMES, SR. RECREATION CENTER
#7167 Jan 3-May 29 Tu 6:15pm-7:15pm

BOOT CAMP FITNESS

Get up, get out and join us for a serious workout! Exercises are designed for core strengthening, and building endurance, stamina, flexibility, agility and coordination. Bring your towel and water; all levels are welcome. Multi-use and monthly wellness passes available.
Age: 16 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
EDISON JOHNSON RECREATION CENTER
#7212 Jan 14-May 19Sa 8:30am-9:30am
HOLTON CAREER AND RESOURCE CENTER
#7151 Jan 9-May 21 M 7pm-8pm
I.R. HOLMES, SR. RECREATION CENTER
#7160 Jan 5-May 31 Th 6:15pm-7:15pm

CARDIO ATTACK

Cardio Attack is packed with plyometric drills on top of nonstop intervals of strength, power, resistance, and ab and core training moves.
Age: 16 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
WALLTOWN PARK RECREATION CENTER
#6932 Jan 3-May 29 Tu 5pm-6pm



CARDIO KICKBOXING

Kick up your fitness routine with Cardio Kickboxing! This class combines kicks and punches into a high-energy aerobic workout that increases your level of endurance, strength, and flexibility. If you are seeking a fun-filled, powerful workout, this class is where you need to be! Multi-use and monthly wellness passes available.
Age: 16 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
I.R. HOLMES, SR. RECREATION CENTER
#7168 Jan 4-May 30 W 6:15pm-7:15pm
WALLTOWN PARK RECREATION CENTER
#7022 Jan 9-May 21 M 7:30pm-8:30pm

CORE RESISTANCE

This exercise class will increase flexibility and strength of the core muscles which include the abdomen, back and entire core. The resistance training will be incorporated to sculpt and tone the body without using vigorous actions and weights.
Age: 18 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
WALLTOWN PARK RECREATION CENTER
#6927 Jan 5-May 31 Th 6:15pm-7:15pm

CULTURAL FUSION

Not your typical aerobic class, Cultural Fusion incorporates international dances and music. It blends current dance trends, folk and tribal rhythms as well as current popular American dance music. This is a cardio dance class with a combination of low, medium and high intensity.
Age: 16 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
WALLTOWN PARK RECREATION CENTER
#6931 Jan 5-May 31 Th 7:30pm-8:30pm

EDISON JOHNSON WALLYBALL

Play wallyball in the racquetball courts at Edison Johnson. Courts are available to rent in one-hour blocks.
Age: 16 and up
EDISON JOHNSON RECREATION CENTER
CR PC \$8; CR NPC \$8
NCR PC \$10; NCR NPC \$10
#7215 Jan 3-May 31 M-Th 9am-9pm
F 9am-8pm

Sat 9am-6pm
Sun 1pm-6pm

HULA HOOP FITNESS

Hula Hoop exercise is a combination of exercise with the old school children's toy--the hula hoop! These hoops are made from plumber's pipe and are perfect for adults. These are cardio exercise classes that focus on sculpting and toning of the body. Hoops are not required.
Age: 18 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
WALLTOWN PARK RECREATION CENTER
#6938 Jan 9-May 21 M 6:15pm-7:15pm

MUSCLE PUMP

This class will strengthen and tone your entire body by using equipment such as dumbbells, body bars, bands, and medicine balls. This motivational workout will challenge all your major muscle groups, and inspire you to get the results you are looking for! Multi-use and monthly wellness passes available.
Age: 16 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
I.R. HOLMES, SR. RECREATION CENTER
#7630 Jan 9-May 21 M 5:10pm-6:10pm

SPORTS TREK

This is the ultimate calorie burning class. This sports-inspired cardio class builds strength and stamina. You will experience high-energy cross trainings using methods from various sports combines with strength and stabilization exercises.
Age: 16 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
WALLTOWN PARK RECREATION CENTER
#7021 Jan 4-May 30 W 5pm-6pm

STEP AEROBICS

Let's get to steppin'! This class involves stepping up and down on a platform while performing creative choreographic movements to music. The instructor will offer options in the workout to suit all fitness levels. This is perfect for anyone who wants a great cardio workout! Multi-use and monthly wellness passes available.
Age: 16 and up
CR PC \$4; CR NPC \$5

NCR PC \$5; NCR NPC \$7
I.R. HOLMES, SR. RECREATION CENTER
#7169 Jan 7-May 26 Sa 8:30am-9:30am

TOTAL BODY SCULPTING

Total Body Sculpting teaches you how to use your body to sculpt and tone problem areas. This class uses a mixture of strength conditioning, cardio, and toning techniques that will help you lift, tuck, and tone your body. Multi-use and monthly wellness passes available.
Age: 16 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
W.D. HILL RECREATION CENTER
#7345 Jan 4-May 30 M,W 6:15pm-7:15pm
WALLTOWN PARK RECREATION CENTER
#6929 Jan 3-May 29 Tu 6:15pm-7:15pm

YOGA

Join the masses who have discovered the wonders of yoga! This popular form of exercise offers both physical and mental benefits. Please bring a yoga mat to class. Multi-use and monthly wellness passes available.
Age: 16 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
I.R. HOLMES, SR. RECREATION CENTER
#7159 Jan 4-May 30 Th 12pm-1pm
W.D. HILL RECREATION CENTER
#7348 Jan 4-May 30 W 6:15pm-7:15pm

ZUMBA

Zumba is a fusion of Latin and international music dance themes, which creates a dynamic, exciting, effective fitness system! Zumba combines high-energy and motivating music with unique moves and combinations that allow the Zumba participants to dance away their worries. Multi-use passes are available. Multi-use and monthly wellness passes available.
Age: 16 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
EDISON JOHNSON RECREATION CENTER
#7213 Jan 10-May 29Tu 6:15pm-7:15pm
I.R. HOLMES, SR. RECREATION CENTER
#7166 Jan 6-May 28 F 12pm-1pm
M 6:15pm-7:15pm
WALLTOWN PARK RECREATION CENTER
#6930 Jan 4-May 30 W 6:15pm-7:15pm

OPEN GYM - ADULT BASKETBALL

You got game? Bring it to open gym basketball! A Facility attendant will be present to organize the games. Everyone must bring a valid photo ID in order to participate. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.
Age: 18 and up
CR PC \$2; CR NPC \$3
NCR PC \$3; NCR NPC \$4
HOLTON CAREER AND RESOURCE CENTER
#7149 Jan 8-Jun 5 Sun 4pm-6pm
Tu 6pm-8pm
I.R. HOLMES, SR. RECREATION CENTER
#7162 Jan 8-May 27 Sun 4pm-6pm
W.D. HILL RECREATION CENTER
#7347 Jan 7-May 26 Sa 4pm-6pm
WALLTOWN PARK RECREATION CENTER
#6934 Jan 4-May 30 M,W,F 8:30am-10:30am
W 7:30pm-9pm
Sun 4pm-6pm

OPEN GYM - BASKETBALL

You got game? Bring it to open gym basketball! A facility attendant will be present to organize

the games. Everyone must bring a valid photo ID in order to participate. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per session.
Age: 13 and up
CR PC \$2; CR NPC \$3
NCR PC \$3; NCR NPC \$4
CFLRC AT LYON PARK
#6623 Jan 7-May 26 Sa 3:30pm-6pm

OPEN GYM - TEENS

You got game? Bring it to open gym basketball! A facility attendant will be present to organize the games.
Age: 13-17
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7152 Jan 8-Jun 2 Sa 10am-1pm
Sun 1pm-4pm
Th 6pm-9pm
I.R. HOLMES, SR. RECREATION CENTER
#7161 Jan 4-May 30 Sun 2pm-4pm
M,W,F 2:45pm-4:45pm
WALLTOWN PARK RECREATION CENTER
#6937 Jan 8-May 27 Sun 2pm-4pm

OPEN GYM - TEENS (TEACHER WORK DAY)

You got game? Bring it to open gym basketball! A facility attendant will be present to organize the games.

Age: 13-17
No Cost
WALLTOWN PARK RECREATION CENTER
#6939 Jan 23 M 11am-2pm
M 4pm-6pm
#6940 Mar 1 Th 11am-2pm
Th 4pm-6pm
#6941 Mar 26 M 11am-2pm
M 2pm-4pm

OPEN GYM - FAMILY

This is a time for the whole family to enjoy playing together in the gym. All children under 18 must be accompanied by a participating parent or guardian. No more than four children per adult. All adults must be accompanied by a participating child between the ages of 5 and 18. No more than two adults per child. This environment is not suitable for children under 5 years old. Program times subject to change. Cost is per family.
Age: 5 and up
CR PC \$2; CR NPC \$3
NCR PC \$3; NCR NPC \$4
I.R. HOLMES, SR. RECREATION CENTER
#7163 Jan 5-May 26 Sa 4:15pm-6pm
Th 6pm-8:30pm
WALLTOWN PARK RECREATION CENTER
#6936 Jan 7-May 26 Sa 2pm-4pm

ADULT OPEN GYM VOLLEYBALL
Spike that ball! Participants will play recreational co-ed volleyball games. It's a great opportunity to be physically active and socialize too! Everyone must bring a valid photo ID in order to participate.
Age: 16 and up
CR PC \$2; CR NPC \$3
NCR PC \$3; NCR NPC \$4
EDISON JOHNSON RECREATION CENTER
#7216 Jan 8-May 27 Sun 1:30pm-4pm

WEIGHT/CARDIO DAY PASS
The weight/cardio day pass allows participants to utilize the workout area, group fitness classes, and the gymnasium.
Age: 18 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
WALLTOWN PARK RECREATION CENTER
#6935 Jan 3-May 31 M-Sa 8:30am-6pm
Sun 1pm-6pm

OPEN COURT RACQUETBALL
The racquetball courts are available to rent in 1 hour blocks. Reservations accepted up to seven calendar days in advance.
CR PC \$8; CR NPC \$8
NCR PC \$10; NCR NPC \$10
EDISON JOHNSON RECREATION CENTER
Age: 16 and up

#7214 Jan 3-May 31 M-Th 9am-9pm
F 9am-8pm
Sat 9am-6pm
Sun 1pm-6pm
I.R. HOLMES, SR. RECREATION CENTER
Age: All Ages
#7165 Jan 3-May 31 M-F 6am-8pm
Sa 8am-6pm
Sun 1pm-6pm

TABLE TENNIS
We're looking for table tennis players! Come out to this open practice time to learn or just to have fun. All levels of experience are welcome.
Age: All Ages
CR PC \$1; CR NPC \$1
NCR PC \$2; NCR NPC \$2
I.R. HOLMES, SR. RECREATION CENTER
#7164 Jan 3-May 29 Tu 6:30pm-9pm

WELLNESS CENTER
Come and work out in our Wellness Center at Campus Hills! We offer a variety of equipment in a small, private setting; perfect for getting started with a new work out, or maintaining your current program. Treadmills, recumbent bikes, jump ropes, and BOSU Balance Trainers are available for your cardio workout. Free weights, machines, medicine balls, and stability balls are available for your strength workouts. Make sure you check our monthly wellness

Get fit with Durham Parks and Recreation!

Check out DPR's fitness facilities, fitness classes and the DPR Wellness Package!



Campus Hills Wellness Center



Walltown Wellness Center



DPR Wellness Package

Work out at any of our centers and take fitness classes for an affordable monthly price with DPR's wellness package.

- DPR Wellness Package**
- Unlimited land-based group fitness and mind/body classes (including Zumba, Boot Camp, Dance Fusion, Total Body, Sculpting, Step, Cardio Kickboxing, High/Low, Toning, Yoga, and African Relaxation)
 - Use of weights and fitness equipment
 - Open gym
 - Can be used at any DPR recreation center

City Residents: \$20 per month
Non-city Residents: \$30 per month
(with purchase of a Play More Card)

DPR Wellness Pass is for ages 18 and up.

**Additional fees apply for the use of aquatics facilities and participation in some of the other classes, activities and team sports listed in Play More.*

calendar for updates, the orientation schedule, and other free information sessions. Please bring your own towel.
Age: 18 and up
CR PC \$4; CR NPC \$5
NCR PC \$5; NCR NPC \$7
I.R. HOLMES, SR. RECREATION CENTER
#7144 Jan 3-May 31 Sa 9:30am-1pm
M-F 11:45am-2:45pm
4:45pm-7pm

Wellness Center Orientations

Join a certified personal trainer for an orientation to the Wellness Center at Campus Hills. You will learn about equipment usage, safety, and etiquette, as well as the basic elements for designing a workout. Please register at least 24 hours in advance!
Age: 18 and up
No Cost
I.R. HOLMES, SR. RECREATION CENTER
#7148 Jan 2-May 31 by appointment

Fitness Area Orientation

This program is for orientation on how to use the fitness equipment located on the track.
Age: All Ages
No Cost
WALLTOWN PARK RECREATION CENTER
#6933 Jan 9-May 24 M,Th 11am-12pm
M,Th 5pm-6pm

Women on Weights

Ladies - don't shy away from free weights and strength training! This program is designed to teach you the proper use of exercise machines, free weights, resistance bands, balls, Bosu, etc. You will build endurance, improve muscle tone, and learn exercise principles. You will also design a personal exercise program to meet your fitness goals.
Age: 18 and up
CR PC \$30; CR NPC \$33
NCR PC \$40; NCR NPC \$43
I.R. HOLMES, SR. RECREATION CENTER
#7101 Jan 17-Feb 21 Tu 5:15pm-6:15pm

Fun Fitness Week

Come out and enjoy trying a variety of fitness activities throughout the week. Each day you will be able to try a different activity, including aerobics, water aerobics, swimming, racquetball, and use of the weight room. Call or visit sites for specific schedules.
Age: 18 and up
No Cost
WALLTOWN PARK RECREATION CENTER
#6990 Jan 8-Jan 14
I.R. HOLMES SR. RECREATION CENTER
Jan 8-Jan 14

Walking

On your mark, get set, GO! Walking is one of the most common forms of exercise. You walk every day, so why not come into our climate-controlled facility and enjoy a nice walk? Rain or shine, it doesn't matter how the weather is - if we're open, you can WALK. So grab a friend, tie your shoes, and get ready to walk away the pounds!
No Cost
EDISON JOHNSON RECREATION CENTER
Age: 18 and up
#7416 Jan 19-May 31 M-F 8:30am-10am

WALLTOWN PARK RECREATION CENTER

Age: All Ages
#6991 Jan 3-May 27 M-Th 8:30am-9pm
F 8:30am-8pm
Sa 8:30am-6pm

Wellness Child Care

Want to work out but don't have anyone to watch the little ones? Allow our staff to keep them entertained! We've got everything your child needs to stay active while you enjoy a nice

workout including great supervision.
Age: 4-12
CR PC \$2; CR NPC \$3
NCR PC \$3; NCR NPC \$4
Service is provided to participants utilizing peak workout time frame 5 p.m.--7:15 p.m. Program is included in Wellness Pass Package.
WALLTOWN PARK RECREATION CENTER
#7014 Jan 3-May 31 M-Th 5pm-7:15pm

DPR Aerobics Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 a.m. - 9:30 a.m.						Boot Camp Fitness Edison Johnson
						Step Aerobics Campus Hills
10 a.m. - 11 a.m.						Zumba® Holton
11:15 a.m. - 12:15 p.m.						African Movement and Relaxation W.D. Hill
12 p.m. - 1 p.m.				Yoga Campus Hills	Zumba® Campus Hills	
5 p.m. - 6 p.m.		Cardio Attack Walltown	Sports Trek Walltown			
5:10 p.m. - 6:10 p.m.	Muscle Pump Campus Hills					
6 p.m. - 7 p.m.		African Movement and Relaxation Holton	Samba Explosion Holton			
			High/Low Edison Johnson			
6:15 p.m. - 7:15 p.m.	Hula Hoop Fitness Walltown	High/Low Campus Hills	Cardio Kickboxing Campus Hills	Boot Camp Fitness Campus Hills		
	Total Body Sculpting W.D. Hill	Total Body Sculpting Walltown	Total Body Sculpting W.D. Hill	Core Resistance Walltown		
	Zumba® Campus Hills	Zumba® Edison Johnson	Zumba® Walltown			
			Yoga W.D. Hill			
7 p.m. - 8 p.m.	Boot Camp Fitness Holton					
7:30 p.m. - 8:30 p.m.	Cardio Kickboxing Walltown			Cultural Fusion Walltown		

Campus Hills

Edison Johnson

Holton

Walltown

W.D. Hill

LATINO OUTREACH

DPR has an initiative to reach out the Latino community in Durham. This initiative provides activities and classes in Spanish or bilingual format and are offered at various recreation centers in Durham. Please see the class listings below. If you would like more information, please contact Rosalie Bocelli-Hernández at (919) 560-4355, ext. 27235 or e-mail Rosalie. Bocelli-Hernandez@durhamnc.gov.

DPR tiene una iniciativa dirigida a la comunidad latina en Durham. Esta iniciativa proporciona actividades y clases en español o formato bilingüe y son ofrecidas en varios centros de recreación en Durham. Vea por favor la lista de las clases más adelante. Si desea información adicional, por favor comuníquese con Rosalie Bocelli-Hernandez al (919) 560-4355, ext. 27253 o por correo electrónico a Rosalie.Bocelli-Hernandez@durham.gov.



LEISURE and SOCIAL

PRESCHOOL ACTIVITIES AND SOCIALS

JUST WEE TWO TODDLER INDOOR PROGRAM

Just Wee Two is a fun filled program for young children ages 1 yrs old to 3 years and their mommies, daddies, nannies, grandparent... Your child will have a blast playing at Walltown Wee Two program Indoor playground features massive themed inflatable slides, obstacle courses and bouncing toys kids love, interactive games, toddler activities and more.

Age: 1-3
CR PC \$5; CR NPC \$6
NCR PC \$7; NCR NPC \$8
WALLTOWN PARK RECREATION CENTER
#6832 Jan 17-Feb 21 Tu 10am-11am

BUSY BODIES

Preschoolers and parents will participate in a variety of activities such as arts and crafts, exercise, storytelling, music and much more.

Age: 3-5
No Cost
T.A. GRADY RECREATION CENTER
#6599 Jan 13-Jun 1 F 10am-12pm

PRESCHOOL FASHION SHOW

Does your little one have big talent? If so, we're seeking pre-school models for our fashion show. No materials needed, just show up and show out!

Age: 3-5
No Cost
CFLRC AT LYON PARK
#6617 Apr 5 Th 10am-12pm

SATURDAY HAPPENINGS

Start your Saturday with a bang! Come out and enjoy an afternoon of fun, with Play Station tournaments, arts and crafts, open computer lab time, and an intramural game of basketball.

Age: 5-12
No Cost
WEAVER STREET RECREATION CENTER
#6607 Jan 7-Jun 2 Sa 1pm-6pm

OPEN REC

A positive place to socialize. Teens participate in a variety of activities ranging from billiards to video games to homework help.

No Cost
WALLTOWN PARK RECREATION CENTER
Age: 12-17
#6905 Jan 3-May 31 Sa 12pm-4pm
Tu, Th 6pm-9pm

CFLRC AT LYON PARK
Age: 13-17
#6620 Jan 10-May 24 Tu, Th 6pm-9pm
W.D. HILL RECREATION CENTER

Age: 13-17
#7295 Jan 3-May 31 M-Th 6pm-8pm
EAST DURHAM RECREATION CENTER
Age: 5-18
#6596 Jan 3-Jun 7 M-Th 5pm-7pm
T.A. GRADY RECREATION CENTER

Age: 5-18
#6600 Jan 3-Jun 1 M-F 5pm-7pm
WEAVER STREET RECREATION CENTER
Age: 5-18
#6606 Jan 3-May 31 M-Th 6pm-9pm
HOLTON CAREER AND RESOURCE CENTER
Age: 6-17
#7110 Jan 3-May 31 Sun 1pm-3pm
M-Th 6pm-9pm

BOYS II MEN

Meet and socialize with peers who share your common interests and background. Enjoy interesting conversation topics and competitive activities in a safe environment. Activities include field trips and competitions against other City of Durham recreation centers.

Age: 13-18
No Cost
WEAVER STREET RECREATION CENTER
#6603 Jan 4-May 23 W 6pm-7pm

GIRL TALK

Do you want to learn about the latest styles and the best look for you? Are you looking for opportunities to have 'girl talk' with girls your age? Learn how to look like a star and develop

LATIN DANCE CLASSES

Feel the Latin rhythm through your body. These are some of the most popular dances enjoyed by people of all ages.

ZUMBA

Zumba is a fusion of Latin and international music dance themes, which creates a dynamic, exciting, effective fitness system! Zumba combines high-energy and motivating music with unique moves and combinations that allow the Zumba participants to dance away their worries. A multi-visit pass is available for purchase on a Play More Card at a discounted rate per class.

Age: 16 and up
CR PC \$20; CR NPC \$22
NCR PC \$25; NCR NPC \$27
HOLTON CAREER AND RESOURCE CENTER
#6420 Feb 18-Apr 7 Sa 11am-12pm
#6421 Apr 21-Jun 9 Sa 11am-12pm

BOMBA Y PLENA

Have fun and enjoy dancing to Caribbean folklore rhythms with African heritage.

Age: 18 and up
CR PC \$20; CR NPC \$22
NCR PC \$25; NCR NPC \$27
HOLTON CAREER AND RESOURCE CENTER
#6472 Feb 16-Apr 5 Th 7:30pm-8:30pm
#6473 Apr 19-Jun 7 Th 7:30pm-8:30pm

OUTREACH RECREATION YOUNG ADULT VOLLEYBALL

Age: 18 and up
CR PC \$2; CR NPC \$3
NCR PC \$3; NCR NPC \$4
WALLTOWN PARK RECREATION CENTER
#6426 Feb 21-Apr 10 Tu 6pm-8pm
#6427 Apr 17-Jun 5 Tu 6pm-8pm

INDOOR SOCCER

Age: 6-12
No Cost
HOLTON CAREER AND RESOURCE CENTER
#6424 Feb 20-Apr 9 M 6pm-8pm
#6425 Apr 16-Jun 4 M 6pm-8pm



new friendships at the same time.

Age: 13-18
No Cost
WEAVER STREET RECREATION CENTER
#6605 Jan 5-May 24 Th 6pm-7pm

RACK 'EM UP

Do you have skills on the pool table? Prove it. Rack 'Em Up is a weekly pool table tournament competition for teens. The teen team that lasts the longest during the course of a 6 week period will compete at the end to determine who really has what it takes to be Weaver Street's Rack 'Em Up champion.

Age: 12-18
No Cost
WEAVER STREET RECREATION CENTER
#6604 Jan 10-May 29 Tu 6pm-7pm

TEEN NIGHT

Have nothing to do on a Friday? Looking for a safe and relaxing atmosphere? Look no further! Come out to play basketball, PS2, surf the Internet, learn to dance and much more. Participants must bring a valid school ID or other state-issued ID in order to participate.

Age: 13-17
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7115 Jan 6-May 18 F 7pm-10pm
W.D. HILL RECREATION CENTER
#7292 Jan 6-May 25 F 6pm-10pm
WALLTOWN PARK RECREATION CENTER
#6942 Jan 6-May 25 F 7pm-10pm

TEEN NITE AT EDISON JOHNSON

Teens, are you bored on Friday nights? Come to Edison Johnson on select Friday nights to socialize, dance to live DJ music, play basketball, watch movies and more. A special ‘theme’ will be designated for each night. This program is free, so bring your friends and have some fun!

Age:	13-17
EDISON JOHNSON RECREATION CENTER	
#7421	Jan 13 F 7pm-10pm
#7422	Jan 27 F 7pm-10pm
#7423	Feb 10 F 7pm-10pm
#7424	Feb 24 F 7pm-10pm
#7425	Mar 9 F 7pm-10pm
#7426	Mar 23 F 7pm-10pm
#7427	Apr 13 F 7pm-10pm
#7428	Apr 27 F 7pm-10pm
#7433	May 11 F 7pm-10pm

ALLURE FASHION SOCIETY

We’re stepping into style! If you want to learn to be more proper and walk with grace, then join Allure. In this class, the ladies will learn walking techniques of various styles, and the gentlemen will learn how to walk properly in dress shoes, gracefully and to music. Participants will learn a variety of styles such as Calendar, Catalog, Commercial, Runway, Couture, etc. Participants are required to have proper shoes each class (Ladies: heels; Men: hard bottom dress shoes).

Age: 13-17

CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
WALLTOWN PARK RECREATION CENTER
#6943 Jan 6-May 25 F 7pm-9pm

FLOETIC XCLUSIVES

Participants will learn and develop the art of poetry. The program is a mix between poetry and rhythm. Participants will explore the art of story-telling using original pieces.

Age: 13-17
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
WALLTOWN PARK RECREATION CENTER
#6966 Jan 6-May 25 F 7pm-8pm

HYPE

The HYPE (Hayti Youth for Progress and Enrichment) will provide a culturally enriching and academically stimulating environment for at-risk youth (ages 13-16). Participants of HYPE will develop skills and character traits necessary to be successful leaders in their community and at school. Sponsored by the Believers United for Progress, Inc.

No Cost
W.D. HILL RECREATION CENTER
#7293 Jan 6-May 25 F 6pm-8pm

NIGHT FLIGHT

Age: 13-18
No Cost
CFLRC AT LYON PARK
#6614 Jan 6-May 25 F 6pm-10pm
WEAVER STREET RECREATION CENTER
#6611 Jan 6-May 25 F 6pm-10pm

PINK HATTERS

This informal women’s club will host a variety of activities such as speakers, discussions, walks, skill sharing and community service. Participants will help plan and coordinate the activities and earn the right to wear the Pink Hat.

Age: 16 and up
No Cost
T.A. GRADY RECREATION CENTER
#6598 Jan 13-Jun 1 F 1pm-2:30pm

FAMILY GAME DAYS

Offers an opportunity for family and friends to get together and play a wide variety of games such as bingo, board games, and cards.

Age: 13 and up
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7192 Jan 20-May 25 F 6pm-8pm
W.D. HILL RECREATION CENTER
Age: 5 and up
#7290 Jan 7-May 26 Sa 2pm-4pm

MOVIE MANIA

Come see a great movie with us! Seating is limited so check your center for show times and days.

Age: 5-18
No Cost
WEAVER STREET RECREATION CENTER
#6610 Jan 7-May 26 Sa 1pm-3pm
HOLTON CAREER AND RESOURCE CENTER
Age: 6 and up
#7185 Jan 12-May 31 Th 6:30pm-8:30pm

SKATEBOARDING

Come out and enjoy the Durham Central Park Skatepark!

GROUP SKATEBOARD LESSONS

Learn how to skateboard like the pros. This program is designed for people with and without disabilities and all skaters will receive individualized assessments and goals. Participants will learn the basic foundation of skateboarding, techniques, and skatepark etiquette. Participants will need a skateboard and a helmet.

Age: 5-21
CR PC \$20; CR NPC \$22
NCR PC \$25; NCR NPC \$27
DURHAM CENTRAL PARK
#7533 Mar 24 Sa 9am-11am
#7534 Apr 7 Sa 9am-11am
#7535 Apr 21 Sa 9am-11am



MARTIAL ARTS

KARATE/SELF DEFENSE

This class will combine the basic blocks, kicks and punches of traditional karate with the self-defense techniques of jiu-jitsu. Strength, focus, coordination, assertiveness and self-discipline are only a few benefits of the martial arts - they’re also a great way to have fun! Once you’ve learned the basic techniques, you’ll put them to work in drills, games, tournament-style sparring, and street defense scenarios. Please wear loose, comfortable clothing.

CR PC \$36; CR NPC \$40
NCR PC \$46; NCR NPC \$50
EDISON JOHNSON RECREATION CENTER
Age: 6-9
#7404 Jan 9-Feb 20 M,Th 6pm-7pm
#7405 Feb 27-Apr 5 M,Th 6pm-7pm
#7413 Apr 16-May 24 M,Th 6pm-7pm
EDISON JOHNSON RECREATION CENTER
Age: 10 and up
#7406 Jan 9-Feb 20 M,Th 7:15pm-8:15pm
#7407 Feb 27-Apr 5 M,Th 7:15pm-8:15pm
#7415 Apr 16-May 24 M,Th 7:15pm-8:15pm

ADVANCED TAI CHI

Continue learning moves and refining your practice as we examine our mind-body connection for increased energy, vitality, and a greater sense of well-being.

Age: 18 and up
CR PC \$36; CR NPC \$40
NCR PC \$46; NCR NPC \$50
EDISON JOHNSON RECREATION CENTER
#7402 Jan 11-Feb 15 W 7pm-8pm
#7403 Feb 29-Apr 4 W 7pm-8pm



#7412 Apr 18-May 23 W 7pm-8pm

TAI CHI

Discover the ‘quiet’ inside yourself with Tai Chi! Participants learn the basic moves of this ancient Chinese art. Focus is on relaxation and stress reduction.

Age: 18 and up
CR PC \$36; CR NPC \$40
NCR PC \$46; NCR NPC \$50
EDISON JOHNSON RECREATION CENTER
#7400 Jan 11-Feb 15 W 8pm-9pm
#7401 Feb 29-Apr 4 W 8pm-9pm

ADVANCED TAE KWON DO

Participants learn self-defense, stress management and physical fitness through controlled movements. Additional fees will apply for uniforms, testing, and belts.

Age: 5 and up
CR PC \$36; CR NPC \$40
NCR PC \$46; NCR NPC \$50
I.R. HOLMES, SR. RECREATION CENTER
#7095 Jan 4-Feb 15 M,W 7pm-8pm
#7096 Feb 20-Mar 28 M,W 7pm-8pm

#7099 Apr 2-May 9 M,W 7pm-8pm
#7100 May 14-Jun 25 M,W 7pm-8pm

BEGINNER TAE KWON DO

Participants learn self-defense, stress management and physical fitness through controlled movements. Additional fees will apply for uniforms, testing, and belts.

Age: 5 and up
CR PC \$36; CR NPC \$40
NCR PC \$46; NCR NPC \$50
I.R. HOLMES, SR. RECREATION CENTER
#7093 Jan 4-Feb 15 M,W 6pm-7pm
#7094 Feb 20-Mar 28 M,W 6pm-7pm
#7097 Apr 2-May 9 M,W 6pm-7pm
#7098 May 14-Jun 25 M,W 6pm-7pm

TAE KWON DO

Participants learn self-defense, stress management and physical fitness through controlled movements. Additional fees will apply for uniforms, testing, and belts.

Age: 5-12
CR PC \$36; CR NPC \$40
NCR PC \$46; NCR NPC \$50
W.D. HILL RECREATION CENTER
#7335 Jan 5-Feb 9 Th 6pm-8pm
#7336 Feb 16-Mar 22 Th 6pm-8pm
#7340 Mar 29-May 3 Th 6pm-8pm
#7341 May 10-Jun 14 Th 6pm-8pm

MATURE ADULTS PROGRAMS

If you are interested in the Mature Adults Trips, registration forms are available at all DPR centers and on our website. Mature Adults office: (919) 354-2710, ext. 27351. Please see other sections for activities for Mature Adults (55 and up) and Adults (18-54) together.

COUNCIL FOR SENIOR CITIZENS LUNCH

This is a time to socialize, play bingo, listen to Health Promotion lectures and much more. Join us for a nutritious lunch. Donations are appreciated. Must be 60 years of age and older to participate in the lunch.
Age: 60 and better
No Cost
W.D. HILL RECREATION CENTER
#7285 Jan 3-May 31 M-F 9am-1:30pm

MATURE ADULT CHOIR

This class is for all mature adults who like to sing.
Age: 55 and better
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7532 Jan 3-May 29 Tu 1pm-2pm

MATURE ADULT DANCE

Our dance experience is designed to develop participants to the maximum of their ability. Participants will be able to control body movement and extend the range of movement as they gain technical ability.
Age: 55 and better
CR PC \$11; CR NPC \$12
NCR PC \$16; NCR NPC \$17
W.D. HILL RECREATION CENTER
#7317 Feb 2-Apr 19 Th 10:15am-11:15am

SQUARE DANCING

Ready for a fun, energetic morning, dancing with friends? This program offers basic square dancing and line dancing for Mature Adults. Bringing a partner is helpful, but not necessary.
Age: 55 and better
CR PC \$11; CR NPC \$12
NCR PC \$16; NCR NPC \$17
EDISON JOHNSON RECREATION CENTER
#7448 Jan 3-May 29 Tu 9am-11am

MATURE ADULT FITNESS

This group exercise program is designed to improve your overall health and fitness. All classes are taught to music. Participants should wear loosely fitted, athletic-type apparel.
Age: 55 and better
CR PC \$1; CR NPC \$1
NCR PC \$2; NCR NPC \$2
EDISON JOHNSON RECREATION CENTER
#7446 Jan 4-May 30 M,W,F 9am-10am
I.R. HOLMES, SR. RECREATION CENTER
#7140 Jan 3-May 31 Tu,Th 9am-10am

A MATTER OF BALANCE

A Matter of Balance is an exercise program that focuses on increasing strength and balance, in order to reduce the risk of falls, and the fear of falling. Additionally, it teaches how to be aware of the environment to reduce hazards that cause falls. Falls can be prevented - we'll teach you how.
Age: 55 and better
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
W.D. HILL RECREATION CENTER
#7420 Jan 24-Feb 16 Tu,Th 2pm-4pm

ARTHRITIS FOUNDATION ARTHRITIS EXERCISE

Do you feel pain and stiffness? Are you listening to what your body is telling you? It is telling you to come join us in an Arthritis Exercise Class to help loosen those joints and ease your pain. Learn many new techniques that will help keep you loose and limber.
Age: 55 and better
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
W.D. HILL RECREATION CENTER
#7531 Jan 9-Feb 20 M,W 10am-11am
#7610 Feb 22-Apr 2 M,W 10am-11am
#7611 Apr 4-May 14 M,W 10am-11am
#7612 May 16-Jun 27 M,W 10am-11am
WALLTOWN PARK RECREATION CENTER
#7385 Jan 9-Feb 20 M,W 10am-11am
#7386 Feb 22-Apr 2 M,W 10am-11am
#7387 Apr 4-May 14 M,W 10am-11am
#7388 May 16-Jun 27 M,W 10am-11am

CHAIR EXERCISE

This group exercise program is designed to improve your overall health and fitness. All classes are taught to music. Participants should wear loosely fitted, athletic-type apparel.
Age: 55 and better
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
CFLRC AT LYON PARK
#7417 Feb 13-Mar 21 M,W 11am-11:40am
#7418 Mar 26-May 2 M,W 11am-11:40am
#7419 May 7-Jun 18 M,W 11am-11:40am
EDISON JOHNSON RECREATION CENTER
#7408 Dec 14-Feb 6 M,W 10am-10:40am
#7409 Feb 13-Mar 21 M,W 10am-10:40am
#7410 Mar 26-May 2 M,W 10am-10:40am
#7414 May 7-Jun 18 M,W 10am-10:40am
HOLTON CAREER AND RESOURCE CENTER
#7525 Jan 10-Feb 16 Tu,Th 10am-10:40am
#7526 Feb 21-Mar 29 Tu,Th 10am-10:40am
#7527 Apr 3-May 10 Tu,Th 10am-10:40am
#7528 May 15-Jun 21 Tu,Th 10am-10:40am
W.D. HILL RECREATION CENTER
#7350 Jan 10-Feb 16 Tu,Th 10am-10:40am
#7351 Feb 21-Mar 29 Tu,Th 10am-10:40am
#7352 Apr 3-May 10 Tu,Th 10am-10:40am
#7354 May 15-Jun 21 Tu,Th 10am-10:40am
WALLTOWN PARK RECREATION CENTER
#7395 Jan 31-Mar 7 Tu,Th 11am-11:40am
#7396 Mar 13-Apr 19 Tu,Th 11am-11:40am
#7397 Apr 24-May 31 Tu,Th 11am-11:40am

GOSPEL MOVEMENT

Do you enjoy gospel music? Do you enjoy moving your body? Come out and have some fun as we create physical movement inspired through gospel music. Wear comfortable, loose clothing and bring a bottle of water.
Age: 55 and better
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
CFLRC AT LYON PARK
#7521 Jan 26-Apr 12 Th 12:30pm-1:10pm
#7522 Apr 19-Jul 5 Th 12:30pm-1:10pm
HOLTON CAREER AND RESOURCE CENTER
#7523 Jan 23-Apr 9 M 10am-10:40am
#7524 Apr 30-Jul 30 M 10am-10:40am
WALLTOWN PARK RECREATION CENTER



#7353 Jan 6-Mar 23 F 9am-9:40am
#7384 Mar 30-Jun 22 F 9am-9:40am

MA WALKING PROGRAM

Want to live longer, reduce fat gain, the risk of cancer, heart disease and diabetes? How about all of that, and a free t shirt? Then join Durham Parks and Recreation and other Mature Adults walking towards a better life.
Age: 55 and better
No Cost
CFLRC AT LYON PARK
#7391 Jan 3-May 31 M-F 8:30am-8pm
EDISON JOHNSON RECREATION CENTER
#7393 Jan 3-May 31 M-F 8:30am-8pm
HOLTON CAREER AND RESOURCE CENTER
#7389 Jan 3-May 31 M-F 8:30am-8pm
W.D. HILL RECREATION CENTER
#7390 Jan 3-May 31 M-F 8:30am-8pm
WALLTOWN PARK RECREATION CENTER
#7392 Jan 3-May 31 M-F 8:30am-8pm

MATURE ADULT BASKETBALL

Whether you are looking to improve your game or just want to play for fun and don't want to chase around the under 50 crowd, we've got a place for you. This time is set aside for pick-up games and shooting around. No pressure here;

play at your own pace. Men and women are both welcome.
Age: 55 and better
CR PC \$1; CR NPC \$1
NCR PC \$2; NCR NPC \$2
CFLRC AT LYON PARK
#7530 Jan 9-May 21 M 4:30pm-6:30pm
HOLTON CAREER AND RESOURCE CENTER
#7529 Jan 4-May 30 W 5:30pm-7:30pm

WALK 4 HEALTH

This fun exercise class combines a guided walk with a cardio workout. A variety of endurance and body weight exercises are integrated into a low intensity, cardio workout. By participating, you will burn calories, increase your overall endurance and stamina, and build body strength.
Age: 55 and better
CR PC \$1; CR NPC \$1
NCR PC \$2; NCR NPC \$2
I.R. HOLMES, SR. RECREATION CENTER
#7141 Jan 4-May 30 W 9am-10am

MATURE ADULT OUTINGS

Do you enjoy spending time with your friends and making new ones? Then come on a local trip with DPR. Every month, we go bowling, to

movies, enjoy special activities at centers, and much, much more. Join the group and share your favorite local activity - we will go together as a group. Please contact recreation center staff to register. Must have a Play More Card to receive free transport.
Age: 55 and better
CR PC \$0; CR NPC \$3
NCR PC \$0; NCR NPC \$4

DURHAM BULLS BASEBALL

Let us take you out to the ballpark to enjoy an exciting afternoon with the Durham Bulls. You can enjoy peanuts and Cracker Jacks while the watching strikeouts, double plays, and homeruns! You will have a great time while watching future Major Leaguers play right here in Durham.
CFLRC AT LYON PARK
#7344 May 22 Tu 12pm-4:30pm
EDISON JOHNSON RECREATION CENTER
#7376 May 22 Tu 12pm-4:30pm
HOLTON CAREER AND RESOURCE CENTER
#7373 May 22 Tu 12pm-4:30pm
W.D. HILL RECREATION CENTER
#7370 May 22 Tu 12pm-4:30pm
WALLTOWN PARK RECREATION CENTER
#7382 May 22 Tu 12pm-4:30pm

FISHING

Imagine sitting on a bank on a peaceful afternoon when all of sudden you hook the “big one.” As you begin to reel it in all of your friends surround you and watch anxiously as you bring it to shore. Congratulations are showered on you as you feel the pride in landing the prize of the day. Ok, so we can't promise you the “big catch,” but we do promise you'll have fun!
CFLRC AT LYON PARK
#6793 Mar 30 F 9am-12pm
EDISON JOHNSON RECREATION CENTER
#6792 Mar 30 F 9am-12pm
HOLTON CAREER AND RESOURCE CENTER
#6790 Mar 30 F 9am-12pm
W.D. HILL RECREATION CENTER
#6788 Mar 30 F 9am-12pm
WALLTOWN PARK RECREATION CENTER
#6813 Mar 30 F 9am-12pm

SHOPPING

What is better than finding a great deal? Finding it while you travel with DPR and all of your friends. Join us as we spend the afternoon shopping for new things for your family...or better yet, you!
CFLRC AT LYON PARK
#7343 Apr 11 W 12pm-4pm
EDISON JOHNSON RECREATION CENTER
#7375 Apr 11 W 12pm-4pm
HOLTON CAREER AND RESOURCE CENTER
#7372 Apr 11 W 12pm-4pm
W.D. HILL RECREATION CENTER
#7369 Apr 11 W 12pm-4pm
WALLTOWN PARK RECREATION CENTER
#7381 Apr 11 W 12pm-4pm

BOWLING

Join us for fun, social and non-competitive bowling. Additional cost applied at bowling alley; cost includes game and shoes.
CFLRC AT LYON PARK
#6823 Jan 4 W 9:30am-12:30pm
#6824 Jan 18 W 9:30am-12:30pm
#6825 Feb 1 W 9:30am-12:30pm
#6826 Feb 15 W 9:30am-12:30pm

#6827 Mar 7 W 9:30am-12:30pm
#6828 Mar 21 W 9:30am-12:30pm
#6829 Apr 4 W 9:30am-12:30pm
#6830 Apr 18 W 9:30am-12:30pm
#7342 May 2 W 9:30am-12:30pm
#6831 May 16 W 9:30am-12:30pm
EDISON JOHNSON RECREATION CENTER
#6814 Jan 4 W 9:30am-12:30pm
#6815 Jan 18 W 9:30am-12:30pm
#6816 Feb 1 W 9:30am-12:30pm
#6817 Feb 15 W 9:30am-12:30pm
#6818 Mar 7 W 9:30am-12:30pm
#6819 Mar 21 W 9:30am-12:30pm
#6820 Apr 4 W 9:30am-12:30pm
#6821 Apr 18 W 9:30am-12:30pm
#7378 May 2 W 9:30am-12:30pm
#6822 May 16 W 9:30am-12:30pm
HOLTON CAREER AND RESOURCE CENTER
#6759 Jan 4 W 9:30am-12:30pm
#6760 Jan 18 W 9:30am-12:30pm
#6761 Feb 1 W 9:30am-12:30pm
#6762 Feb 15 W 9:30am-12:30pm
#6763 Mar 7 W 9:30am-12:30pm
#6764 Mar 21 W 9:30am-12:30pm
#6765 Apr 4 W 9:30am-12:30pm
#6766 Apr 18 W 9:30am-12:30pm
#6767 May 2 W 9:30am-12:30pm
#6768 May 16 W 9:30am-12:30pm
W.D. HILL RECREATION CENTER
#6741 Jan 4 W 9:30am-12:30pm
#6742 Jan 18 W 9:30am-12:30pm
#6743 Feb 1 W 9:30am-12:30pm
#6744 Feb 15 W 9:30am-12:30pm
#6745 Mar 7 W 9:30am-12:30pm
#6746 Mar 21 W 9:30am-12:30pm
#6747 Apr 4 W 9:30am-12:30pm
#6748 Apr 18 W 9:30am-12:30pm
#7367 May 2 W 9:30am-12:30pm
#6749 May 16 W 9:30am-12:30pm
WALLTOWN PARK RECREATION CENTER
#6799 Jan 4 W 9:30am-12:30pm
#6800 Jan 18 W 9:30am-12:30pm
#6801 Feb 1 W 9:30am-12:30pm
#6802 Feb 15 W 9:30am-12:30pm
#6803 Mar 7 W 9:30am-12:30pm
#6804 Mar 21 W 9:30am-12:30pm
#6805 Apr 4 W 9:30am-12:30pm
#6806 Apr 18 W 9:30am-12:30pm
#7379 May 2 W 9:30am-12:30pm
#6807 May 16 W 9:30am-12:30pm

MOVIES

See Mature Adult site for movie titles, and you pick the movie you want to view. Additional cost applied at movie theater; cost includes movie, popcorn, and drink.
Age: 55 and better
CFLRC AT LYON PARK
#6794 Jan 13 F 1pm-4pm
#6795 Feb 10 F 1pm-4pm
#6796 Mar 9 F 1pm-4pm
#6797 Apr 13 F 1pm-4pm
#6798 May 11 F 1pm-4pm
EDISON JOHNSON RECREATION CENTER
#6784 Jan 13 F 1pm-4pm
#6785 Feb 10 F 1pm-4pm
#6786 Mar 9 F 1pm-4pm
#6787 Apr 6 F 1pm-4pm
#6791 May 11 F 1pm-4pm
HOLTON CAREER AND RESOURCE CENTER
#6779 Jan 13 F 1pm-4pm
#6780 Feb 10 F 1pm-4pm
#6781 Mar 9 F 1pm-4pm
#6782 Apr 13 F 1pm-4pm
#6783 May 11 F 1pm-4pm
W.D. HILL RECREATION CENTER



#6769 Jan 13 F 1pm-4pm
#6770 Feb 10 F 1pm-4pm
#6771 Mar 9 F 1pm-4pm
#6772 Apr 13 F 1pm-4pm
#6773 May 11 F 1pm-4pm
WALLTOWN PARK RECREATION CENTER
#6808 Jan 13 F 1pm-4pm
#6809 Feb 10 F 1pm-4pm
#6810 Mar 9 F 1pm-4pm
#6811 Apr 13 F 1pm-4pm
#6812 May 11 F 1pm-4pm

Wii TOURNAMENT

Show off your Wii Bowling skills and compete for a grand prize. Participant names will be drawn for competition seating. Spectators are welcome!
HOLTON CAREER AND RESOURCE CENTER
#7374 Jan 20 F 9:30am-12pm

MATURE ADULT SOCIALS

Whether you like playing games, arts and crafts, dancing, potlucks or just spending time together, Mature Adult Socials is for you! Come join new and old friends for a variety of activities and the chance to socialize!
Age: 55 and better
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7505 Jan 9-May 30 M,W,F 9am-12pm

ARTS AND CRAFTS

If you are interested in tapping into your creative side, we are offering various arts and crafts opportunities for mature adults, ages 55 and better. Instruction is provided; your only expense is the supplies. No experience necessary.
Age: 55 and better
No Cost
CFLRC AT LYON PARK
#7519 Feb 6-May 21 M 10am-11am
HOLTON CAREER AND RESOURCE CENTER
#7517 Jan 17-Feb 7 Tu 11am-12pm
#7518 Feb 28-Mar 20 Tu 11am-12pm

BID WHIZ

Experience a fun card game in great atmosphere. Come out and learn how to play and meet new friends.
Age: 55 and better
No Cost
WALLTOWN PARK RECREATION CENTER
#7430 Jan 10-May 29Tu 4:30pm-8:30pm
No Cost

BINGO

Stop in and enjoy playing bingo with others who love the game.
Age: 55 and better
No Cost
EDISON JOHNSON RECREATION CENTER
#7458 Jan 3-May 29 Tu 11am-12:30pm
HOLTON CAREER AND RESOURCE CENTER
#7508 Jan 11-May 30W 10am-12pm

BRIDGE

Stop in and enjoy playing bridge with others who love the game.
Age: 55 and better
No Cost
EDISON JOHNSON RECREATION CENTER
#7457 Jan 5-May 31 Th 12pm-3pm

FARMERS MARKET

Durham Parks and Recreation and the Interfaith Food Shuttle of Durham have partnered to provide FREE fruits and vegetables for mature adults at the Holton Farmers' Market. These fresh fruits and vegetables are donated by local vendors. Note: Amount of fruit and vegetables individuals receive is determined by the produce donated that day. Bringing your own bag is recommended, but not required.
Age: 55 and better
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7507 May 3-May 31Th 11am-12pm

MATURE ADULT TRIPS

Come join the fun as we travel across our great state - and beyond! We’ve visited the coast, State Fair, wineries, and headed south on the train. You will find an array opportunities that stimulate your mind and exercise your body. Stay active on trips with DPR! Accessible buses and vans are available. For more information call our Mature Adult staff at (919) 354-2710.

Age: 55 and better

DUPLIN WINERY

Duplin winery is the largest winery in the South and the largest Muscadine winery in the world. Join us and discover the winery that jump-started the burgeoning North Carolina wine industry.
CR PC \$26; CR NPC \$29
NCR PC \$31; NCR NPC \$35
NORTHGATE MALL
#7438 Feb 17 F 8am-4pm

NC OUTER BANKS

Don’t miss this overnight trip. We plan to visit several lighthouses, ride the ferry to Ocracoke Island, and get to see the Wright Brothers’ Museum and Memorial.
CR PC \$196; CR NPC \$216
NORTHGATE MALL
#7591 May 24-May 25 F 12:01am-8pm
Th 8am-12am

SING HALLELUJAH! - PLAY WITH YOUR FOOD

Join DPR as we travel to the Barn Dinner Theatre to see a hilarious southern gospel comedy musical. Enjoy the large spread of buffet lunch. Eat as much as you want before the stage emerges and the show begins.
CR PC \$46; CR NPC \$51
NCR PC \$56; NCR NPC \$62
NORTHGATE MALL
#7437 Jan 24 Tu 11am-5pm

WICKED--DPAC

Showing at DPAC, Wicked is back by Popular demand. Long before that girl from Kansas arrives in Munchkinland, two girls meet in the Land of Oz. One - born with emerald green skin - is smart, fiery and misunderstood. You don’t want to miss this one.
CR PC \$59; CR NPC \$65
NCR PC \$69; NCR NPC \$75
NORTHGATE MALL
#7439 May 8 Tu 6:30pm-11pm

If you are interested in the Mature Adults Trips, registration forms are available at all DPR centers and on our website. Mature Adults office: (919) 354-2710, ext. 27351.

GAMES TIME

Join in, and be open to playing all types of games, including card games, board games, and brain teasers, just to name a few!
Age: 55 and better
No Cost
W.D. HILL RECREATION CENTER
#7355 Jan 4-May 30 W,F 10am-11am

KARAOKE EXPLOSION

Whether you can sing or not, this event is for everyone! Come join in the fun singing at the microphone or listening from your seat.
Age: 55 and better
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7516 Mar 1 Th 4pm-6pm

LEADERSHIP TEAM

Join Campus Hills staff once a month to give feedback and help with planning upcoming programs and activity schedules. This is your opportunity to have your voice heard! We will meet on the third Thursday of each month.
Age: 55 and better
No Cost
I.R. HOLMES, SR. RECREATION CENTER
#7111 Jan 19-May 17Th 10am-11am

LINE DANCING

Come and share your favorite line dances with friends! This informal social time gives us a chance to dance, re-live the old familiar dances, and learn new steps.
Age: 55 and better
No Cost

I.R. HOLMES, SR. RECREATION CENTER

#7117 Jan 3-May 29 Tu 10am-11:30am

OPEN COMPUTER LAB

The computer lab will be open for general use, including email and Internet, and assistance will be available for basic computer hardware, software, and operational questions.
Age: 55 and better
No Cost
CFLRC AT LYON PARK
#7520 Jan 11-May 23 W 10am-11am
HOLTON CAREER AND RESOURCE CENTER
#7506 Jan 13-Mar 30 F 11am-12pm
#7509 May 4-Jul 20 F 11am-12pm
WALLTOWN PARK RECREATION CENTER
#7432 Jan 4-May 30 T,Th 11am-1pm

PINOCHLE

Want a great way to enjoy an afternoon with friends and showing your skills at this classic card game? Join us for a truly great time!
WALLTOWN PARK RECREATION CENTER
Age: 55 and better
No Cost
#7431 Jan 12-May 31 Th 12:30pm-4:30pm

SLIDE DANCING

Who wants to learn the Cupid Shuffle, Cha-Cha Slide, or Mississippi Slide? If that’s you, come prepared to dance and slide into some fun.
Age: 55 and better
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7515 Jan 23-Feb 27 M 11am-11:30am

VALENTINE POTLUCK

It’s time for Valentine’s Day. Come share your favorite dish with friends and mingle with us as we eat some home-cooked food. Transportation will be available from various sites.
Age: 55 and better
No Cost
I.R. HOLMES, SR. RECREATION CENTER
#7116 Feb 14 Tu 12pm-2pm

WHAT’S THAT AND WHY SHOULD I EAT IT?

Come join us to learn about the health benefits of various fruits and vegetables. Cooking tips, recipes and other educational materials will be provided. Stay for the Mature Adult Farmers’ Market and receive free produce. Bringing your own bag is recommended, but not required.
Age: 55 and better
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7503 May 10 Th 10:30am-11am
#7504 May 24 Th 10:30am-11am

SENIOR GAMES

Whether you are an artist or an athlete, it is time once again to get excited about Senior Games! Participants age 55+ are encouraged to compete in a range of events including, but not limited to, literary and visual arts, croquet, table tennis, basketball and track events. Your skill level is not important--our goal is to have fun and fellowship! Enjoy live performances, visual displays, guests of honor, food, and more at the Opening Ceremony. Call (919) 354-2710 to sign up!

DURHAM SENIOR GAMES

REGISTRATION

Registration deadline is March 30, 2012, however register between February 1 and March 16 to receive an \$2 early bird discount!
Age: 55 and better
CR PC \$12; CR NPC \$14
NCR PC \$17; NCR NPC \$19

DURHAM SENIOR GAMES OPENING CEREMONY


In addition to the typical Opening Ceremony speeches and refreshments, this event includes SilverArts Showcase performances (competitions for singers, dancers, cheerleaders, etc.) and the exhibition of SilverArtists’ works (needlecraft, photography, literary works, etc.)
April 14 Sat., 10 a.m.-1 p.m.
Hayti Heritage Center

DURHAM SENIOR GAMES EVENTS

Competitions (and/or opportunities to just participate) are offered in a variety of sports and art forms, held at a variety of locations throughout Durham and surrounding areas.
April 16-27 M-F 8:30am-5pm

DURHAM SENIOR GAMES SILVER ARTS

Displays of literary, heritage, and visual arts will be on display at the Durham Arts Council.
April 9-11 M-F 9am-5pm



PERFORMING ARTS

WEST AFRICAN DRUMMING

Learn rhythms using basic base, tone and slap hand techniques.

WEST AFRICAN DRUMMING - YOUTH

Age: 6-12
CR PC \$20; CR NPC \$22

WEST AFRICAN DRUMMING - TEEN/ADULT

Age: 13 and up

NCR PC \$25; NCR NPC \$27
HOLTON CAREER AND RESOURCE CENTER
#7187 Jan 18-Mar 21 W 6pm-7pm

DREAM

DREAM (Disciplined Roles in Entertainment Arts and Media) is a comprehensive performing

CR PC \$20; CR NPC \$22
NCR PC \$25; NCR NPC \$27
HOLTON CAREER AND RESOURCE CENTER
#7186 Jan 18-Mar 21 W 7pm-8pm

arts program that uses a multi-disciplinary instructional approach. Participants may take up to two disciplines per session. Disciplines include fashion design, modeling, chorus, hip-hop and modern dance, step, video production, and music production. Participants will showcase acquired skills in a final performance.

FASHION/SOCIETY MODELING
This class teaches grace and poise. This entry-level program will focus on the basics of modeling techniques such as proper walking, turns, and poses.
Age: 13-18
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
CFLRC AT LYON PARK
#6613 Jan 9-May 26 Sa 2:30pm-5pm
M,W 5:30pm-7:30pm
HOLTON CAREER AND RESOURCE CENTER
#7104 Jan 12-May 3 Th 6pm-8pm

HIP HOP DANCE
This dance class infuses the techniques of contemporary dance with the upbeat style of hip hop.
Age: 13-17
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
HOLTON CAREER AND RESOURCE CENTER
#7108 Jan 9-Apr 30 M 6pm-8pm

MUSIC AND VIDEO PRODUCTION
Participants will learn the behind-the-scenes aspects of the music industry. Students will have the opportunity to learn basic beat production, music editing, and sound engineering. Participants in chorus will focus on sound recording and lyrical delivery.
Age: 13-17
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
HOLTON CAREER AND RESOURCE CENTER
#7106 Jan 9-Apr 30 M 6pm-8pm

STEP
This class focuses on body movements to create and deliver up-tempo sounds and beats. This class is for both beginner and experienced steppers.
Age: 13-17
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15

HOLTON CAREER AND RESOURCE CENTER
#7107 Jan 11-May 2 W 5:30pm-7:30pm

ECLIPSE DANCE AND CULTURAL PERFORMANCE
Featuring an array of dance and modeling performances.
Age: 13-18
No Cost
CFLRC AT LYON PARK
#6618 Jan 10-May 24 Tu,Th 6pm-8pm

DANCE CLASSES
Learn step patterns and coordinated moves associated with a variety of dance types. Each course is different!

ATRIX MODERN DANCE
Learn beginning modern dance techniques. Students will build expression, balance and coordination. If you enjoy ballet and lyrical jazz styles of dance, Atrix is the class for you! In this class you will gain dance technique in ballet, lyrical jazz and contemporary. The participant does not need to bring any equipment, skills or abilities to join.
Age: All Ages
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
WALLTOWN PARK RECREATION CENTER
#6985 Jan 11-Feb 18 Sa 1pm-2pm
W 6:30pm-7:30pm
#6986 Feb 29-Apr 7 Sa 1pm-2pm
W 6:30pm-7:30pm
#6987 Apr 18-May 26 Sa 1pm-2pm
W 6:30pm-7:30pm

BALLET - INTERMEDIATE
Continue your child’s experience in ballet and lyrical jazz styles of dance. In this class your child will gain dance technique in ballet, lyrical jazz and tap. Preferred class attire consists of leotard, tights and ballet slippers. The student must have completed Tiny Tots Ballet or Kinder Ballet with

a recommendation from the instructor.
Age: 3-12
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
EDISON JOHNSON RECREATION CENTER
#7443 Jan 14-Feb 18 Sa 11:45am-12:30pm
#7444 Feb 25-Mar 31 Sa 11:45am-12:30pm
#7445 Apr 14-May 19 Sa 11:45am-12:30pm

BALLET - KINDER BALLET
Children learn grace and poise in ballet! This class introduces children to the ballet barre, proper dance terms, and correct body positioning. Preferred class attire consists of leotards, tights and ballet slippers.
Age: 5-12
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
EDISON JOHNSON RECREATION CENTER
#7440 Jan 14-Feb 18 Sa 10:45am-11:30am
#7441 Feb 25-Mar 31 Sa 10:45am-11:30am
#7442 Apr 14-May 19 Sa 10:45am-11:30am

BALLET - TINY TOTS BALLET
A fun introduction to ballet for preschoolers! This class helps children to develop motor skills, directional awareness and counting, and socialization skills. Preferred class attire consists of leotards, tights and ballet slippers.
Age: 3-4
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
EDISON JOHNSON RECREATION CENTER
#7434 Jan 14-Feb 18 Sa 9:45am-10:30am
#7435 Feb 25-Mar 31 Sa 9:45am-10:30am
#7436 Apr 14-May 19 Sa 9:45am-10:30am

BALLET - STEP BY STEP
Our ballet class program is designed to take students from their very first step through a comprehensive curriculum of classical ballet studies. It also encourages physical discipline and general body awareness and control.
Age: 4-8
CR PC \$40; CR NPC \$44

NCR PC \$50; NCR NPC \$54
WALLTOWN PARK RECREATION CENTER
#6833 Jan 14-Feb 4 Sa 12pm-1pm
#6834 Feb 11-Mar 3 Sa 12pm-1pm
#6835 Mar 10-Mar 31 Sa 12pm-1pm

BALLET - STEP BY STEP DANCE RECITAL
Age: 4-8
No Cost
WALLTOWN PARK RECREATION CENTER
#6836 Apr 14 Sa 1pm-3pm

BALLROOM DANCING
Have you been thinking about dancing like the celebrities? This introduction to American smooth or rhythm dances such as Foxtrot, Waltz, and Swing will start you on your way. No prior dance experience is needed.
Age: All Ages
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
WALLTOWN PARK RECREATION CENTER
#6988 Jan 24-Mar 13 Tu 7:30pm-8:30pm

BASIC DANCE - 3-4 YEAR OLD
A fun introduction to dance for preschoolers! This class helps children develop motor skills, directional awareness and counting, and socialization skills. Preferred class attire consists of leotard, tights, and ballet slippers. The March/April classes will perform in a dance recital on April 29.
Age: 3-4
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
I.R. HOLMES, SR. RECREATION CENTER
#7199 Jan 24-Feb 28 Tu 5:30pm-6:15pm
#7200 Mar 13-Apr 24 Tu 5:30pm-6:15pm

BASIC DANCE - 3-5 YEAR OLD
A fun introduction to dance for preschoolers! This class helps children develop motor skills, directional awareness and counting, and socialization skills. Preferred class attire consists of leotard, tights, and ballet slippers. The March/April classes will perform in a dance recital on April 29.
Age: 3-5
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
I.R. HOLMES, SR. RECREATION CENTER
#7204 Jan 25-Feb 29 W 9am-9:45am
#7205 Mar 14-Apr 25 W 9am-9:45am

BASIC DANCE - 5-6 YEAR OLD
A fun introduction to dance for preschoolers! This class helps children develop motor skills, directional awareness and counting, and socialization skills. Preferred class attire consists of leotard, tights, and ballet slippers. The March/April classes will perform in a dance recital on April 29.
Age: 5-6
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
I.R. HOLMES, SR. RECREATION CENTER
#7201 Jan 24-Feb 28 Tu 6:20pm-7:05pm
#7202 Mar 13-Apr 24 Tu 6:20pm-7:05pm

CAMPUS HILLS DANCE RECITAL
Age: 3-12
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7203 Apr 29 Sun 1pm-5pm



DANCE EXPLORATIONS-YOUTH
Dance Exploration teaches basic dance movements. Participants will learn the fundamentals of dance, starting with basic movements, then progress to learning basic dance steps, and then simple choreographed dance routines. The program emphasizes learning technique, steps, and understanding how dance and rhythm are closely intertwined.
Age: 7-12
CR PC \$0; CR NPC \$12
NCR PC \$0; NCR NPC \$15
CFLRC AT LYON PARK
#6621 Jan 12-May 26 Sa 12pm-2pm
 Th 4pm-5pm

HIP HOP DANCE
Want to learn some exciting dance moves? This physically motivated class focuses on hip hop technique, choreography, and movement to popular hit songs. Make sure you wear comfortable clothes and shoes.
Age: 5-12
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
W.D. HILL RECREATION CENTER
#7332 Jan 6-Feb 10 F 6pm-7:30pm
#7333 Feb 17-Mar 23 F 6pm-7:30pm
#7334 Mar 30-May 11 F 6pm-7:30pm

LINE DANCING
Line dance refers to a range of choreographed dance routines danced in a group without

partners. It's a great workout for the body and mind; participants will learn a limited number of basic level dances. No prior experience is required.
Age: 5-12
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
W.D. HILL RECREATION CENTER
#7364 Mar 13-Apr 17 Tu 6pm-7pm
#7365 Apr 24-May 29 Tu 6pm-7pm

MODERN, JAZZ AND INSPIRATIONAL DANCE
A fun introduction or continuation to dance! In this class, we will look at each child's personality and self-expression through controlled movements. Preferred class attire consists of leotard, tights, and ballet slippers.
Age: 7-12
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
I.R. HOLMES, SR. RECREATION CENTER
#7231 Jan 26-Mar 1 Th 5:30pm-6:30pm
#7232 Mar 15-Apr 26 Th 5:30pm-6:30pm

ReMyx'd Couture Dance and Performing Arts
This course is offered in two levels to allow younger, less experienced dancers and older, more experienced dancers to learn at their own pace. All dancers participate in performances.
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54

Age: 13-17
HOLTON CAREER AND RESOURCE CENTER
#7207 Jan 13-May 25 F 7pm-8pm
Age: 6-12
I.R. HOLMES, SR. RECREATION CENTER
#7226 Jan 13-May 25 F 6pm-7pm

STEP - ADULT
This class focuses on body movements to create and deliver up-tempo sounds and beats. This class is for both beginner and experienced steppers.
Age: 18 and up
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
I.R. HOLMES, SR. RECREATION CENTER
#7228 Jan 26-Mar 1 Th 7:30pm-8:30pm
#7229 Mar 15-Apr 26 Th 7:30pm-8:30pm

STEP - TEEN
This class focuses on body movements to create and deliver up-tempo sounds and beats. This class is for both beginner and experienced steppers.
Age: 13-17
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
I.R. HOLMES, SR. RECREATION CENTER
#7230 Jan 24-Apr 24 Tu 3pm-4:30pm

TAP DANCE - PRESCHOOL
Participants will enjoy learning this upbeat classic style of dance. In this program, children

will learn basic steps and how to create rhythmic sounds with their feet. As dancers become more proficient, dance combinations will be introduced. Preferred class attire is leotard, tights, and tap shoes. The March/April classes will perform in a dance recital on April 29.
Age: 3-5
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
I.R. HOLMES, SR. RECREATION CENTER
#7208 Jan 25-Feb 29 W 10am-10:45am
#7209 Mar 14-Apr 25 W 10am-10:45am

TAP DANCE - YOUTH
Participants will enjoy learning this upbeat classic style of dance. In this program, children will learn basic steps and how to create rhythmic sounds with their feet. As dancers become more proficient, dance combinations will be introduced. Preferred class attire is leotard, tights, and tap shoes. The March/April classes will perform in a dance recital on April 29.
Age: 6-12
CR PC \$40; CR NPC \$44
NCR PC \$50; NCR NPC \$54
I.R. HOLMES, SR. RECREATION CENTER
#7210 Jan 25-Feb 29 W 5:15pm-6pm
#7225 Mar 14-Apr 25 W 5:15pm-6pm

SPECIAL PROGRAMS

Recreation Manager: Sarah Hogan, (919) 560-4355, ext 27236, Sarah.Hogan@durhamnc.gov.

Durham Parks and Recreation (DPR) seeks to offer diverse recreational programs for persons with disabilities by providing specialized programs such as beepball (blind softball) and Special Olympics and by making accommodations within all other DPR programs and services. Durham Parks and Recreation strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin or ability level.



BUDDY SPORTS
This basic sport skills program offers opportunities for children with and without disabilities to learn and play together. Social skills, teamwork, coordination, and balance are promoted while sport skills are taught.
Age: 3-13
No Cost
BUDDY BASKETBALL
GEORGE WATTS ELEMENTARY-DPS
#7540 Jan 7-Mar 17 Sa 10am-12pm

CHALLENGER LEAGUES
This basic sport skills program offers opportunities for children with and without disabilities to learn and play together. Social skills, teamwork, coordination, and balance are promoted while sport skills are taught.

CHALLENGER BASEBALL
NORTH DURHAM LITTLE LEAGUE PARK
Age: 5-21
No Cost
#7541 Apr 7-Jun 9 Sa 11am-12:30pm

SPECIAL OLYMPICS
Special Olympics activities are offered under the guidelines of the North Carolina Special Olympics. Athletes will work on individual sports skills and team development.

No Cost
SOFTBALL
Age: 14 and up
VALLEY SPRINGS PARK
#7551 Mar 25-May 27 Sun 4pm-6pm

POWERLIFTING
Age: 18 and up
YMCA
#7550 Jan 11-May 30 W 7pm-8pm

AQUATICS
Age: 8 and up
EDISON JOHNSON AQUATIC CENTER
#7553 Feb 12-May 27 Sun 4pm-5pm

TRACK AND FIELD
Age: 14 and up
DURHAM SCHOOL OF THE ARTS-DPS
#7549 Mar 25-May 27 Sun 5pm-6:30pm

ADAPT
This program is for persons with intellectual disabilities and focuses on leisure education and training. ADAPT works towards community integration with an overall goal to help participants find success in typical work and leisure environments. Functional activities, leisure education, community integration, and recreation participation are used to address

topics such as: social skills, time management, transportation, leisure opportunities, vocational skills, daily living skills, and more. (Topics may vary during each session, based on participants' needs and interests.) Each participant should be independent in his/her own care; independently mobile or need only minimal assistance.

TEEN ADAPT

Age: 13-21
CR PC \$55; CR NPC \$61
NCR PC \$65; NCR NPC \$71
HOLTON CAREER AND RESOURCE CENTER
#7536 Apr 9-Apr 13 M-F 8am-3pm

ADAPTIVE NEEDLECRAFT

This class is designed for persons with vision impairments. Participants will learn crocheting

and macrame.

Age: 18 and up
No Cost
W.D. HILL RECREATION CENTER
#7338 Jan 4-May 30 W 10am-12pm

BRILLE CLASS

This class will teach individuals how to read and write basic to intermediate Braille, and provide them with an opportunity to make new friends. The class is designed for individuals who are blind or have limited vision, but is open to anyone interested in learning braille.

Age: All Ages
No Cost
W.D. HILL RECREATION CENTER
#7339 Jan 9-May 21 M 10am-12pm

SHARING GROUP

The group provides opportunities for persons who are blind or have limited vision to socialize, receive support from others and learn ways to adapt and adjust daily tasks. Those just beginning to experience vision loss are encouraged to attend.

Age: 18 and up
No Cost
W.D. HILL RECREATION CENTER
#7337 Jan 5-May 31 Th 6pm-8pm

ADAPTED SPORTS

Get ready to play! Whether it's competitive play or just an opportunity to play a sport, adapted sports offer something special for folks who need to play in a chair. We offer a variety of wheelchair sport options. Must be able to use

and maintain control over a manual or power wheelchair. We may be able to assist participants needing to borrow a wheelchair.
Age: 13 and up
No Cost

BEEPBALL

Join the Durham Sluggers Beepball Team! This competitive softball program is for persons with visual impairments and sighted volunteers. The Durham Sluggers play other teams from NC and SC, and compete in an end-of-the-season tournament.

PINEY WOOD PARK
#7537 Mar 6-Jun 26 Tu 6pm-9pm

HERITAGE PARKS

Coordinator: Beth Highley (919) 471-1623, beth.highley@durhamnc.gov

West Point on the Eno Park and Leigh Farm Park make up the City of Durham's Heritage parks. These significant natural and historic parks provide opportunities for picnicking, fishing, hiking, outdoor nature study, and cultural history programming.

Leigh Farm Park

Although this park is currently undeveloped, call Beth Highley at (919) 471-1623 to find out more about what is planned for this park site in the future.

West Point on the Eno

This 400-acre natural and historic park is located along a two-mile stretch of the scenic Eno River, six miles north of downtown Durham. Take a step back in time to Durham's early beginnings by touring the working Grist Mill, the 1850's McCown-Mangum House, and the Hugh Mangum Museum of Photography. The historic buildings at West Point will be open in 2011 every Saturday and Sunday from 1 p.m.-5 p.m. through December 11. The buildings reopen for 2012 on Saturday, March 31, and will be open every Saturday and Sunday from 1 p.m.-5 p.m. through December 16.

Admission is free. Weekday tours of the buildings can be arranged in advance by calling (919) 471-1623.

You can also enjoy a leisurely picnic and stroll around the grounds, or take a hike through the woods on one of the park trails. Feel free to bring your canoe or raft and experience the beauty of the Eno River. The park gates are open daily, year-round, from 8 a.m. to dark. Call Beth Highley for further information.

Amphitheatre at West Point

This secluded area nestled in the woods is the perfect setting for company picnics, festivals, concerts, performances, and other large group gatherings. The facility can accommodate up to 4,000 people and includes a large open field, lawn seating, stage, electricity, water, and ample parking. Call Beth Highley to arrange a visit, or for rental and reservation information.

City Lakes

Lake Michie and Little River Lake in northern Durham County offer recreational fishing and boating. The lakes open in 2012 for fishing and boating on Friday, March 16 and will be open Friday, Saturday and Sunday from 6:30 a.m.-6 p.m. through November 11. The lakes will be open on the following holidays: May 28 (Memorial Day), July 4 (Independence Day), September 3 (Labor Day). Personal boats and motors are not allowed on Little River Lake - boats and electric motors are available for rent. During the season, further information can be obtained by calling the Lake Michie boathouse at (919) 477-3906 or the Little River Lake boathouse at (919) 477-7889.



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SPECIAL EVENTS

RECREATION CENTER EVENTS

COLLEGE FAIR
Would you like to go college? This special event will give teens an opportunity to further their education and meet college recruiters. Please bring sealed transcripts to hand to college recruiters.
Age: 14-18
No Cost
WALLTOWN PARK RECREATION CENTER
#6978 Mar 17 Sa 10am-2pm

OPEN FORUMS
An open forum where anyone can come and voice their opinions and concerns about Durham Parks and Recreation issues they feel are important.

EDISON JOHNSON OPEN FORUM
Do you have questions, suggestions, or comments about the Edison Johnson Recreation and Aquatic Center facilities and the programs we offer? If so, please attend our Open Forums, where professional staff will be present to receive your input and address your concerns. We care about what you think, and welcome your involvement!
Age: All Ages
No Cost
EDISON JOHNSON RECREATION CENTER
#6446 Jan 24 Tu 6:15pm-7:15pm
#6447 Mar 27 Tu 6:15pm-7:15pm

W.D. HILL OPEN FORUM
No Cost
W.D. HILL RECREATION CENTER
#6445 Mar 14 W 6pm-7pm

DPR CENTER EVENTS
Durham Parks and Recreation Center and Facility Events.

EGG HUNT
Join us as we hunt for eggs.
Age: 12 and under
No Cost
I.R. HOLMES, SR. RECREATION CENTER
#7233 Mar 31 Sa 10am-11am
WEST POINT ON THE ENO
#7669 Mar 31 Sa 10am-11am

AFRICAN AMERICAN HERITAGE QUIZ BOWL
The African American Heritage Quiz Bowl is an annual event in celebration of Black History Month. Students compete in a contest that tests their knowledge of African-American history. The Quiz Bowl aims to increase awareness of the contributions African-Americans have made to society.
Age: 13-17
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7189 Feb 18 Sa 10am-2pm

TEEN SWEETHEART DANCE
Valentine celebration held in a safe setting. Contests, prizes, and light refreshments.
Age: 13-17
No Cost
W.D. HILL RECREATION CENTER
#7366 Feb 10 F 7pm-10pm

MARTIN LUTHER KING JR CELEBRATION
Program to commemorate the life of Dr. Martin Luther King, Jr. The theme is MLK: Remembering the Legacy through Art. Film, community discussion, exhibits and food.
Age: All Ages
No Cost
W.D. HILL RECREATION CENTER
#7368 Jan 14 Sa 2pm-4pm

SPRING EGG DIVE
It's an Eggstravaganza! Dive, splash, and swim for eggs and win prizes at our Spring Egg Dive event. All swim levels are welcome and life vests will be provided. An adult will need to enter the water with children 9 years of age and younger.
Age: All Ages
CR PC \$5; CR NPC \$6
NCR PC \$7; NCR NPC \$8
I.R. HOLMES, SR. RECREATION CENTER
#7265 Mar 24 Sa 5:30pm-7pm

WOMEN'S HISTORY MONTH EVENT
Celebrates contributions of women to society. Poetry, gospel and artistic works highlight the event.
No Cost
HOLTON CAREER AND RESOURCE CENTER
#7190 Mar 16 F 1pm-4pm

SPECIAL EVENTS

ART WALK ROCKS
Enjoy free entertainment by local performers in a variety of genres while browsing art exhibits at the Durham Arts Council's semi-annual downtown art exhibition, Art Walk.
Age: All Ages
No Cost
CCB PLAZA
#6431 Apr 28 Sa 10am-5pm

BIMBÉ CULTURAL ARTS FESTIVAL
The Bimbé Cultural Arts Festival celebrates West African traditions and culture. All events are free and open to the public. There will be weekday and weekend activities, offering a wide range of programs including music, dance and readings. There will also be a full range of vendors offering local crafts, artwork, food and drink.
Age: All Ages
No Cost
CCB PLAZA
#6433 May 19 Sa 12pm-8pm

EARTH DAY
Join us to enjoy a day filled with an eclectic mix of music, great food, hands-on environmental education activities and much more.
Age: All Ages
No Cost

EARTH DAY FESTIVAL
DURHAM CENTRAL PARK
#6432 Apr 22 Sun 12pm-5pm

Thank you to our Latino Festival Sponsors!

- Gold

Univision 40/Telefutura 26
La Conexión
Home Depot
La Jefa 540 AM
La Ley 96.9
La Mega 1310 AM
Que Pasa
The Herald Sun
Carolina Railhawks
- Silver

Iglesia Celebración Hispana
Jarritos
Blue Cross Blue Shield of North Carolina
Watko Entertainment Inc. / DBA GameTruck
El Centro Hispano

Durham Parks and Recreation Recreation Advisory Commission (RAC)

The RAC meets on the second Wednesday of each month at 7:30 a.m. at the Durham Parks and Recreation main office. The mission of the Recreation Advisory Commission is to advocate for Durham Parks and Recreation and the Durham Community. For more information regarding the RAC, contact Lynda Merritt at (919) 560-4355, ext. 27233.

- Omar Beasley, Mayor's Appointee
Loren S. Darden
Ronnie Ferrell
Cheryl Lloyd, Vice Chair
Umar Muhammad, Chair
- Hope L. Murdock
Susan Taylor
Linwood Webster
Michael Woodard, Council Representative

Selected by the NCRPA as recipients of the "Distinguished Recreation Board Award"



SUPPORTING YOUR COMMUNITY

SPECIAL EVENTS

All events on this page are free of charge and open to the public.

African American Heritage Quiz Bowl

The African-American Heritage Quiz Bowl is an annual event in celebration of Black History Month. Students age 13-17 compete in a contest that tests their knowledge of African-American history. The Quiz Bowl aims to increase awareness of the contributions African-Americans have made to society.

Saturday, February 18, 10 a.m.-2 p.m.
Holton Career and Resource Center
401 N. Driver St.



Women's History Month

Join us as we celebrate women's contributions to society. Poetry, gospel and artistic works highlight the event.



Friday, March 16,
1 p.m.-4 p.m.

Holton Career and Resource Center
 401 N. Driver St.

COLLEGE FAIR

Want to go to college? Join us and learn about options for college. Bring sealed transcripts and meet college recruiters.

SATURDAY,
MARCH 17
10 A.M.-2 P.M.

Walltown Park Recreation Center
 1308 W. Club Blvd.

Durham Art Walk *Rocks*

April 28
CCB Plaza

201 N. Corcoran St., Downtown Durham



Live performances
 during Durham Art Walk!

OPEN FORUMS

THIS IS YOUR
 CHANCE TO BE
 HEARD - TELL
 US WHAT YOU
 THINK OF OUR
 PROGRAMS!
 DETAILS UNDER
 RECREATION
 CENTER EVENTS.



MLK JR. CELEBRATION



Saturday, Jan. 14
 2 p.m.-4 p.m.

W.D. Hill
 Recreation Center
 1308 Fayetteville
 St.



Egg Hunt

Saturday, March 31, 10 a.m.
Campus Hills Park (2000 S. Alston Ave.)
West Point on the Eno Park
(5101 N. Roxboro Rd.)

Teen Sweetheart Dance

Friday, Feb. 10
 7 p.m.-10 p.m.
 W.D. Hill Recreation
 Center
 1308 Fayetteville St.



Spring Egg Dive



Dive, splash, and
 swim for eggs!
 More details
 under Recreation
 Center Events.

DURHAM EARTH DAY FESTIVAL 2012

Join us to celebrate the earth and learn about many ways to live green! Earth Day features an eclectic mix of music, food, activities for kids, hands-on environmental education activities and much more.

SUNDAY, APRIL 22
12 P.M.-5 P.M.

DURHAM CENTRAL PARK
501 FOSTER ST.



43rd annual

BIMBÉ CULTURAL ARTS FESTIVAL



Celebrate West African traditions and culture with the whole family! Music, entertainment, food, kids' activities, local crafts, artwork, and more. Free!

Saturday, May 19
12 p.m.-8 p.m.

CCB Plaza
201 N. Corcoran St.

FACILITY & PARK RENTALS

The calendar is currently open for 2012 facility reservations.

For more information on Durham picnic shelters, the Durham Armory, Spruce Pine Lodge, Forest Hills Neighborhood Clubhouse and the McCown-Mangum House, please contact the reservation office at (919) 560-4355, ext. 27202 or reservations@durhamnc.gov. Please note: All operational hours and rental fees are subject to change.

For fees and other information, please visit: <http://www.durhamnc.gov/departments/parks/pdf/fees.pdf> or call (919) 560-4355, ext. 27202.

PICNIC SHELTERS - 2012 Picnic Shelter Season: April 1-October 31

The calendar for 2012 reservations will open on January 3, 2012.

Durham's parks and facilities serve as great sites for your next event, family gathering or concert. Many Durham parks offer picnic shelters on a "first come, first served" basis. By making reservations, you are assured of having the picnic shelter of your choice. Permits must be purchased by Tuesday at 5pm for the remainder of the work week and the weekend. Please see page 4 of PlayMore for a list of DPR parks. Those with picnic shelters are marked with an asterisk.

PARK RENTALS

Durham's parks are great places to host your fun days, company picnics, family reunions and more. A park permit is required. Contact the reservations office at (919) 560-4355 ext. 27202 or reservations@durhamnc.gov.

SPECIAL FACILITIES

Durham Armory •

212 Foster St., Durham, NC

The Armory at Downtown, on the corner of Foster and Morgan streets, is available for rentals for your community or private event, whether it is a fundraiser, concert, wedding reception, seminar or family reunion. With a capacity of 585 in the auditorium/ballroom and an additional 314 in the balcony, the Durham Armory offers a large indoor space with lots of flexibility. The amenities include a large kitchen, heating and air conditioning, coatroom, snack bar, tables, chairs, A/V equipment, and ample parking surrounding the facility. Call the reservation office at (919) 560-4355, ext. 27202 for availability and rental rates.

Rental Times: Sunday through Saturday 8 a.m. to 2 a.m. (minimum 6 hours)

Holidays - Closed

Forest Hills Neighborhood Clubhouse •

1639 University Dr., Durham, NC

This historic building located in the heart of the Forest Hills neighborhood offers a large meeting room, a spacious kitchen, restrooms, heat, air conditioning, and a large lawn. This Clubhouse, with a capacity of 80 people, is perfect for business meeting, team building retreats, parties, anniversaries, church functions, and family reunions. Call the reservation office at (919) 560-4355, ext. 27202 for availability and rental rates.

Rental times: Sunday through Saturday 8 a.m. to 12 a.m. (minimum 3 hour rental)

Holidays - Closed



Spruce Pine Lodge

2235 Bahama Rd., Bahama, NC

The lodge is a 1940s vintage log building located in the Lake Michie Recreation Area. The lodge has 2,500 square feet of floor space which is divided into four meeting rooms, served by a kitchen facility. Dependent on the type of activity, the building capacity is 120 persons. Log walls and massive stone fireplaces lend a unique quality to all types of functions. Hiking trails, a large lawn and play field, and a picnic shelter are also available for use, as well as Lake Michie's camping, boating and fishing facilities nearby. The lodge is located 12 miles north of downtown Durham, near Bahama, and is easily accessible from Interstate 85. The building, associated lawns and picnic shelter are available to rent for weddings, large picnics, meetings, retreats, parties or other group activities. Call the reservation office at (919) 560-4355, ext. 27202 for availability and rental rates.

Rental times: Sunday through Saturday 8 a.m. to 12 a.m. (minimum 6 hours)

Holidays - Closed

McCown-Mangum House

5101 N. Roxboro Rd., Durham, NC

This restored 1850's farmhouse is perfect for small gatherings such as weddings, receptions and meetings. The patio seats 40 and the house capacity is 60 (twenty per room maximum). Special features include rooms sheathed in original heart pine boards, a brick patio, a spacious kitchen, restrooms, heat, air conditioning, porches and gardens. Call the reservation office at (919) 560-4355, ext. 27202 for availability and rental rates.

Rental times: Sunday through Saturday 8 a.m. to 10 p.m.

Holidays - Closed

2012 RESERVATIONS FOR SHELTERS

Reservations for picnic shelters will open on January 3, 2012, and are reserved on a first come, first serve basis. For more information about the reservation process of our rental facilities visit us online at www.DPRPlaymore.org.

RECREATION CENTERS

Planning a party and need a space for it? Gymnasiums, meeting rooms and kitchen space in our recreation centers are available to the public to rent. Keep us in mind when planning holiday parties, meetings, anniversaries, dances, church functions, reunions and wedding receptions. To reserve one of the following recreation centers, contact the center directly.

Edison Johnson Recreation Center: (919) 560-4270

Holton Career and Resource Center: (919) 354-2750

I.R. Holmes, Sr. Recreation Center at Campus Hills: (919) 560-4444

Walltown Park Recreation Center: (919) 560-4296

Weaver Street Recreation Center: (919) 560-4294

W.D. Hill Recreation Center: (919) 560-4292

CAMPSITE INFORMATION:

Parks and Recreation offers a variety of opportunities for outdoor recreation, including a year round camping area. Campsites are operated by the City of Durham Parks & Recreation Department and may be reserved by calling 919-560-4355, ext. 27202 to obtain a permit. All reservations are a first come, first served basis.

Lake Michie Recreation Area: Overlooking Lake Michie, this recreation area offers camping, boating (paved boat launch), fishing and trail hiking. The area has seven campsites opened year round. Each site has a tent pad, grill and picnic table. No electrical hookups are available and campers should bring water and other necessities. Vehicular access to the campgrounds is limited. **DIRECTIONS:** Take Roxboro Road North (Rte 501); go approximately 12 miles; turn right onto Bahama Road; after 2.5 miles, take a left at the wooden sign that reads "Spruce Pine Lodge."

Prior to use of the camping facility, a permit must be obtained from Durham Parks & Recreation

OUTDOOR PLAZA LOCATIONS

With the completion of the downtown streetscape, Durham Parks and Recreation invites the community to enjoy the three outdoor plazas (CCB Plaza and Durham Center Plaza) nestled in the heart of downtown Durham. The outdoor plazas offer the perfect environment for meetings, receptions, banquets, parties, trade shows, concerts, expos and more! These plazas are centrally located and provide easy access to the surrounding communities to also enjoy after work socials or weekend events. Please consider DPR for your next outdoor event.

- **CCB Plaza** - is located at the corner of Corcoran and Parrish Streets in downtown Durham – home of MAJOR, the big bronze bull.
- **Durham Center Plaza** – rooftop of the Center Parking Garage on 300 W. Morgan Street.

For reservations and rental prices, please call (919) 560-4355, ext. 27202